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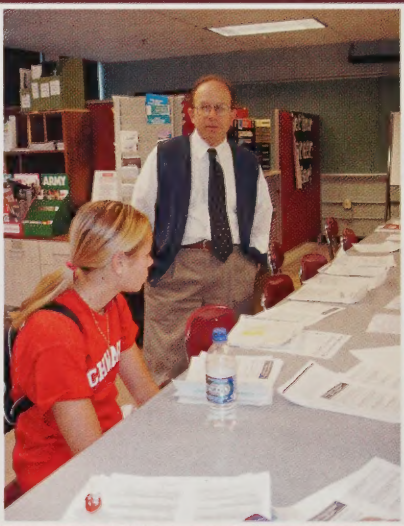
Life Is a Highway



opening 2

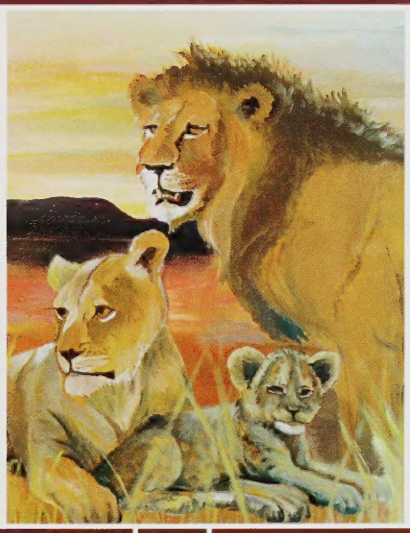
student life 4

people 16

organizations 60

Life Is a Highway

Reference



athletics 68
events 120
index 152
community 158

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Life Is a Highway

Ludlow High School
500 Chapin Street
Ludlow, Massachusetts
1,035 Students
167 Faculty and Staff

Hubbard Memorial Library
24 Center Street
Ludlow, MA 01056

RTE 20A SPRINGFIELD
SPEED
LIMIT
55

Life Is a Highway

"I want to ride it all night long..."

Life is a series of roads which take us to our destination in life. As one road ends, another begins; however, our memories and the people whom we meet along the way are carried with us for eternity. Although we may encounter many bumps on our journey through life, we must keep our eyes set on the future. One day when we reach our destination, we can glance back at the map of our lives and realize how each road, friend, and memory defined who we have become.

Student Life

As the 2004-2005 school year approached, students found their way easily into the usual routine of school and student life. Without any bumps in the road, the school year started off with a fresh rejuvenation, centered around a number of new things. New faces, including new students, teachers, and principal. New rules. New school spirit. A new term for the president. New championships. And new good will. All of these things drove their way into the lives of students as the year progressed.

"I shall be telling this with a sigh,
Somewhere ages and ages hence: Two roads diverged in a wood, and I--
I took the one less traveled by,
And that has made all the difference."

-- Robert Frost,
"The Road Not Taken"

A group of students waits excitedly in the stands for the pep rally to start. The fall event in 2004 was the first pep rally since 1998.

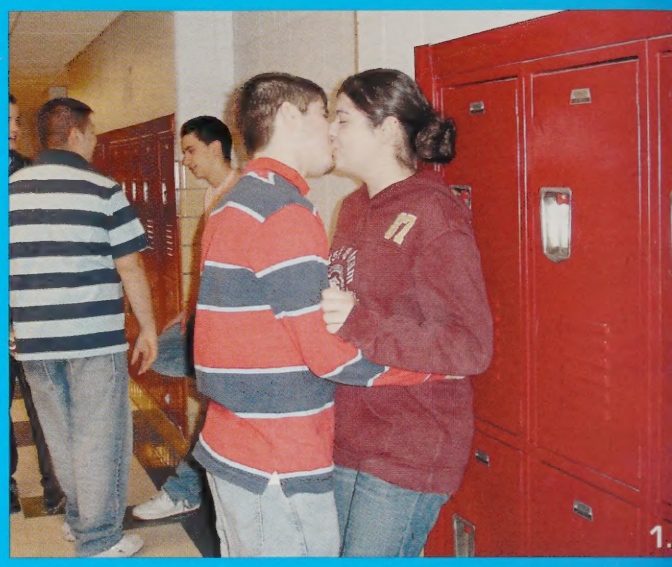
Seniors **Jessica Ratkiewicz** and **Lindsey Gaudreau** utilize the library in the "work together" (quietly) section. The library has become a hot spot at LHS where only VIP passes issued by Student Management can be obtained.

Junior **Amanda Marques** receives a bouquet of roses presented by Ludlow High School's mascot on Valentine's Day. The yearly flower sale is hosted by the student-run paper, *The Cub*. All proceeds go towards the publication of the monthly paper.

"I'll never forget the drama at Ludlow High." –**Jess Martin**, Senior

"One thing that I will remember are the great people and amazing memories I had with them." --**Nevin Xavier**, Freshman

"I won't forget the smell of smoke when I walk past the bathroom." --**Travis Easton**, Senior



1. Seniors **Rob Showalter** and **Tanya Andre** are one of the commonly seen couples who take part in PDAs (public displays of affection).

2. The toilet seats of both the girls' and boys' restrooms are frequently seen with ashes embedded into the toilet seats thanks to the smokers of LHS.

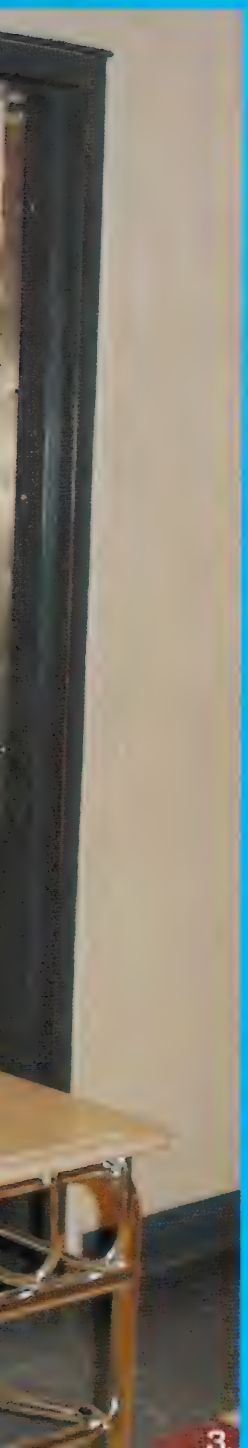
3. Senior **Lauren Burtch**, a lunch patrol member, stops freshman **Mike Rufo** from using the doors during lunch.

4. Senior **Meghan Hill**, along with many other students at LHS, regularly violates the newly created dress code.

5. Waiting in long lines for 15 minutes and having 5 minutes to eat your lunch will be a memory not easily forgotten.

6. Some students, including seniors **Steph Lopes** and **Maren Gulbrandsen**, say that they will remember socializing at lunch time and the lunch, itself, after leaving LHS. **Maren** says, "I freakin' love it. There's always time for chicken parm."

7. Senior **Zack Repko** walks down the main staircase, which the administration closed to prevent traffic jams. Not surprisingly, students are now jam packed into the other staircases instead.



Life @ Ludlow High

Although all high schools are similar in some respects, there are certain aspects of Ludlow High School that are unique just to this school. Thirty years down the road, it is those things that students will not forget about Ludlow High. For example, who can forget the continuous recitation of the mission statement that has been imprinted into our minds through the morning announcements? Or the silence between classes when the bells are supposed to be? Although these things are simple and minor, they are, and will be, without a doubt memorable.

"I think it's important that we all have school spirit because we all are a family while we are in this school." –**Joe Tirabaschi**, Junior

"School spirit rocks my socks when I wear them." –**Joe Metcalfe**, Junior

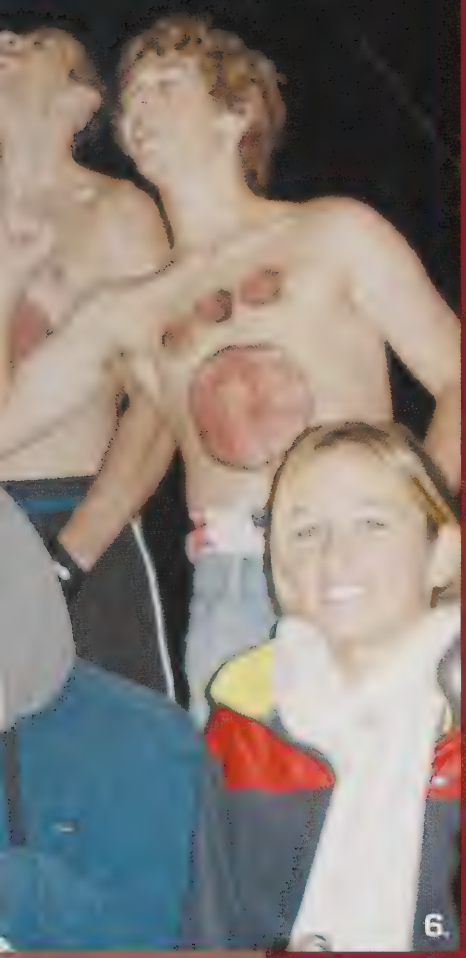
"I show school spirit because we all know school isn't always our favorite place to be, but being able to have fun with it makes it much easier to be here five days a week." –**Brianna Arnold**, Sophomore

1. Ludlow High School varsity cheerleaders and mascot put on a smile before happily pumping up the crowd.

2. A talented Mr. **Brian Walsh** shows off his best boxing skills after requests and encouragement from the student body during the pep rally.

Breathing Maroon & White

"Come on Lions, let's go!" This year, the cheerleaders were not the only ones expressing their school spirit. Whether it was shown by the maroon and white worn in the halls, or echoed through the stands, everyone showed a bit of school spirit. This was the first year in six years that there has been a pep rally. It was held in November 2004 for fall sports. Even though students were not accustomed to such a lively event, school colors and energy vibrated through the stands. A newfound unity at Ludlow High School was formed between students and faculty.



3. **Daphne Levesque**, **Eric Pescetta**, **Meghan Lavoie**, **Matt Turschman**, and **Rich McCormick** joyfully file into the stands with their school spirited attire.

4. Students from every grade stand together patriotically during the National Anthem.

5. Even faculty members, including Mrs. **Rebecca Mathison** and Mrs. **Nancy Kurty**, show their school spirit by putting on their maroon and white.

6. Extreme sports fans **Chris Venne**, **Nick Gomes**, **Gilberto Borges**, and **Mike Williams** show their devotion and school spirit during football and soccer games.

The Road to the White House

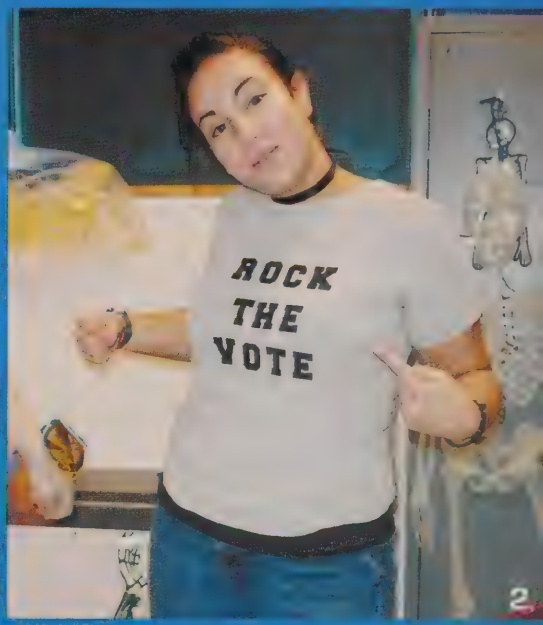
Decisions, decisions; in the 2004 election, presidential candidates George W. Bush and John F. Kerry voiced their opinions concerning a variety of issues, including terrorism, the war in Iraq, abortion, gay marriage, and the importance of young people voting. For many seniors, this was the first election in which they were able to "rock the vote." Accordingly, students found a way to express their opinions through slogans and political cartoons worn on T-shirts. On November 2, 2004, seniors who were eligible to vote made their way to the Ludlow High School library. With ballots in their hands, students checked off who they thought would make the best president for the country. Although the votes were divided among the country, in the end, George W. Bush was re-elected for a 2nd term.

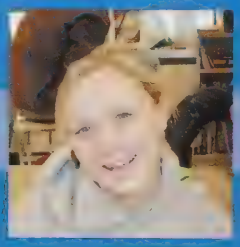
1. Democratic candidate and Massachusetts senator, John F. Kerry, opposed George W. Bush in the 2004 Presidential Election. He chose John Edwards as his running mate.

2. Senior **Nicole Francisco** tries to inspire other students to "Rock the Vote," a slogan coined by MTV.

3. Senior **Leah Letourneau** expresses her opinion of the father-son duo George H. W. Bush and George W. Bush.

4. This voting sign points to Ludlow High School's library, where people cast their vote in the 2004 presidential election.





"Voting was exciting, but disappointing at the same time because my candidate lost." --**Ashley Parent**, Senior

"The election showed the closeness of the partisan divide. It's also shown us that influence and power have shifted geographical, cultural, and economic regions over the last decade." --**Dan Lavoie**, Senior

"January 20, 2009... the countdown begins." --**Chris D'Angelo**, Senior

Democrats

"I am very happy that Bush won the 2004 election... I hope that he straightens out our country in a way that would make our ancestors proud of what America is today and what it has become." –**Vanessa Leal**, Senior

"I am a big fan of George. When it comes down to it... how I feel about my life and this country is what Bush and the Republican party represent. After '04 all I can hope for is McCain in 2008." – **Samantha Burns**, Junior

"That's one small step for man, one giant... I have a dream!" –**Mike Gavoni**, Senior

Election 2004

5. Senior **Mike Graham** displays the conservative view that Democratic candidate John Kerry was "Mr. Flip Flop" in the 2004 presidential campaign, through a political cartoon on his T-shirt.

6. Senior **Julie Bamber** enthusiastically advertises her homemade T-shirt, encouraging students to "Vote Bush."

7. Republican candidate George W. Bush and Richard Cheney acknowledge people during his presidential campaign, trying to get their support and vote for Election Day.

Republicans

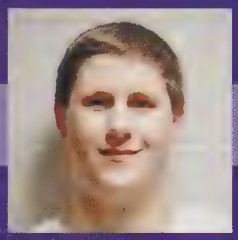
The Path to Victory

The path to victory has never been easy. Boston Red Sox fans can undoubtedly relate to this statement; however, after 86 failed attempts, the Red Sox finally "reversed the curse" in 2004. Defeating the New York Yankees in a seven-game series was an accomplishment in itself, but in addition to that, the Red Sox managed to sweep the St. Louis Cardinals for the right to be called the World Series champions.

In addition to the Red Sox win, the New England Patriots were able to succeed in re-winning the coveted Super Bowl Trophy against the Philadelphia Eagles, 24-21. The Patriots have successfully won three Super Bowls in just four years. As a result, they are now considered a "dynasty." It has undoubtedly been an amazing year, for two amazing teams.

1.

"I'm a big fan of the Pats! They played great and beat the Steelers which is always good. Dynasty!!" --**Andrew Goodreau**, Junior



"The Patriots are awesome. Their team ideal is unmatched. On no other professional sports team are there such selfless players. Whoooo!!!!!" --**Dave Ledoux**, Junior

"The Patriots are an amazing team and they had a lot of success this year. Too bad Ted Washington's gone." --**Jessica Szlosek**, Senior

Patriots Dynasty

Red Sox Nation

"It took 86 years, but it was worth it." –**Nate Blake**, Freshman

"It was very enjoyable to watch!!!" –**Steph DeFeo**, Freshman

"Who's your Papi? Keep the faith!" –**Cat Lavallee**, Junior

1. Twin sisters, **Michelle** and **Monica Lynch** show their love for the Patriots and Red Sox with their sports attire. "I love every Boston team and I'll support them til the day I die," said **Monica**. The twin seniors have supported both teams since they were wee little babies.

2. Siblings **Julia** and **Ronald Tetreault** come from a family of ecstatic Patriots fans. **Ronald** said, "I love the Patriots because they're the home team and they're good, so I'm not just hopping on the bandwagon."

3. Junior **Evelyn Lau** displays her affection for the Boston Red Sox through her clothes. "There was always that appeal that you wanted to be there when the Red Sox finally won the World Series. Now that they've won, we can rest easily. Go Red Sox," says **Evelyn**.

4. Spanish V students (clockwise), **Kaitlin O'Donnell**, **Mike DaSilva**, **Nick Moutinho**, **Kathryn Doyle**, **Erin Gibbons**, and **Ashley Parent**, proudly display their "ofrenda," or offering, to the death of the curse.

Miles of Good Will

During this school year, LHS students were eager to help the community, displaying good will through numerous activities. To start the year, the Spanish Club and NHS hosted a can drive, benefiting the hungry. They won a contest hosted by Rock 102 and Big Y, earning 500,000 education express points. During the holiday season, S.A.D.D. collected winter necessities, donating them to a local survival center. In addition, S.A.D.D. also adopted a family, providing daily items that we often take for granted. Later, student council joined the national Read Across America campaign, reading Dr. Seuss books to students in the local elementary schools. Students not only reached out to the community, they reached out internationally. After the tsunami in Southeast Asia, *The Club* donated $2000, in place of a trip to Washington, D.C., to the American Red Cross. The Class of 2007 also set up a campaign to provide school supplies for Iraqi school children. Clearly, the 2004-2005 school year showed the generosity of Ludlow students.

1.

2.

1. As a reward for student participation in adopting a family, S.A.D.D. had Mrs. **Toni-Marie Mancusa** kiss a pig. In addition, Mr. **John O'Connor** had to wear a dress for the day.

2. The Spanish Club and National Honor Society collected an impressive $4,772.85 worth of cans for the Rock 102 and Big Y can drive competition against other local schools. Seniors **Nick Sanchez** and **Nicole Silva**, both NHS officers, helped to organize the collection.

3. Seniors **Dwight Mangannaro**, **Craig Crowther**, along with junior **Matthew Goodreau** and sophomore **Marc Soares**, wait patiently in line for the Pink-A-Potty, taking a break from walking in the Relay of Hope. The yearly walk helps to find a cure for breast cancer.

6.

"To quote JFK, 'One person can make a difference and every person should try.'" –**Alex Jorge**, Senior

"I'm glad I can help and be part of the children's everday lives [at the Ludlow Early Childhood Center]. –**Julia Goncalves**, Senior

"I volunteer at the Hubbard Memorial Library and nothing is more rewarding than helping children read or helping them create something completely original." –**Leah Letourneau**, Senior

3.

5.

4.

4. On March 2nd, Senior **Nick Correia**, along with other Student Council members reads *The Cat in the Hat* to local elementary students.

5. Senior **Justin Murray** donates blood at the annual LHS Bloodmobile. Every pint of blood that is given by an individual helps three other people.

6. *The Cub* staff including, **Jessica Lamica**, **Julia Tetreault**, and **Claudia Filipe**, gave the Red Cross $2,000 in place of a trip to Washington, D.C. When NPR announced this, an anonymous woman kindly gave *The Cub* an equal check.

Watch out, Spice Girls-- Ludlow High School's version of the Spice Girls, including sophomores (clockwise) **Katelyn Vitorino**, **Melissa Miele**, **Nicole Lopes**, **Melissa Mikulski**, and **Erica Serrazina** could be seen at the junior class's dance, "Fright Night."

A **Milbier** sandwich! Junior **Kim Milbier** and her sister, senior **Lori Milbier**, take a break from playing volleyball at the Volleyball-a-thon, along with junior friend, **Monica Holland**. The older **Milbier** said, "Despite losing every game, we still had fun. It wasn't all about just playing volleyball. We had fun just hanging out."

Seniors **Viviana Fialho**, **Stacey Seguro**, **Sarah Levesque**, **Nick Correia**, **Kaitlin O'Donnell**, and **Sarah DeWolf** make use of the festive balloon arch, along with the tiki hut, at the Homecoming dance, "One Wild Night."

"Life is one big road with lots of signs. So when you're riding through the ruts, don't complicate your mind. Flee from hate, mischief and jealousy. Don't bury your thoughts, put your vision to reality. Wake up and live!"

-- Bob Marley
"Wake Up and Live"

People

Much like a road's insignificance without cars, nothing makes a school more significant than the people. Whether it be the students, faculty, staff, or administration, everyone rides along on the same road, but eventually gets off at his own individual exit. Although the entrances may be similar, each exit varies from graduation to retirement. However, while we are on the same road, we hope to prepare students for their exit into the real world. Whatever we learn, we find people along the way, making ours a better journey through life.

Randy Adam

Joseph Almeida

James Alves

Amanda Amaral

Tanya Andre

Julie Bamber

Daniel Barroso

Isabel Barroso

Rachel Barroso

Vitaliy Belyshev

Matthew Bettencourt

George Blake

Jason Blanchard

Jennifer Blanchard

Michael Bouchie

Carolyn Bourdeau

Amanda Bradley

Keith Bradway

Nicholas Bruschi

Lauren Burtch

Michael Burtch

Joshua Carpenter

Dylan Carr

Alexander Casimiro

Matthew Chaves

José Clemente

Brian Coelho

Katelyn Collette

Nicholas Correia

Daniel Costa

Amanda Crespo

Steven Crespo

Craig Crowther

David Cummings

Anthony Curto

Christopher D'Angelo

Alyson DaCosta

Melissa DaCruz

Aimee DaSilva

Michael DaSilva

Stacy Dalby

Brian Davis

Michael Day

Michael DeChellis

Ruben DeSousa

Sarah DeWolf

Andrea Dias

Jeffrey Dias

Lisa Dias

Steven Dias

Nicholas Dominique

Ashley Doughty

Lauren Dowd

Candie Downer

Kathryn Doyle

John Dugre

Travis Easton

Stacy Faulha

David Fernandes

Jessica Fernandes

Jayson Ferreira

Viviana Fialho

Eric Figueiredo

Brian Flatley

Rachel Fonseca

Nicole Francisco

Michael Freitas

Joshua Fuller

Megan Fuss

Marcin Gadziala

Amanda Gagnon

Lindsey Gaudreau

Michael Gavoni

Richard Gavoni

Erin Gibbons

David Goncalves

Felicia Goncalves

Julia Goncalves

Kristen Goncalves

Tiffany Goncalves

Yezenia Gonzalez

Erin Gosselin

Christopher Graf

Michael Graham

Lindsey Greentree

Thomas Guberow

Maren Gulbrandsen

John Hangasky

Kristen Havens

Brittany Hebert

David Henriques, Jr.

Meghan Hill

Brendan Hurst

Salena Jedrzejczyk

Alexander Jorge

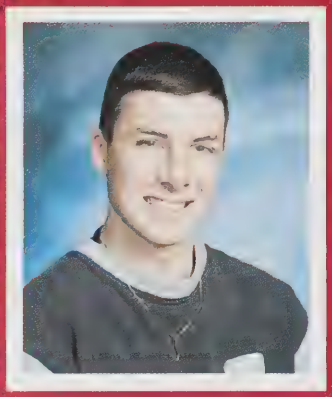
Michael Kane

Jung Kang

Kara Kapinos

Kristin Kwajewski

Jessica LaCosse


Justin LaMontagne

Jessica Lamica

Evan Lang

Richard Laterreur

Daniel Lavoie

Vanessa Leal

George Leastman

Scott Lecca

Leah Letourneau

Sarah Levesque

Kyle Lewis

Michelle Liaszenik

Ross Lopata

Thomas Lopata

Stephanie Lopes

Michelle Lynch

Monica Lynch

Karyna Machado

Jason Magalhaes

Dwight Manganaro

Jessica Martin

Kelly Mateus

Kelly McAllister

Kerri McCauley

Lauren McFarlane

John McGovern

Jeffrey McGregor

Jason McMahon

Kristina Merced

Patrick Meuse

Lori Milbier

Erin Mislak

Katibeth Mol

Alex Montagna

Lisa Morel

Jaclyn Moreno

Antone Motta

Nicholas Moutinho

Justin Murray

Shellane Natario

Kaitlin O'Donnell

Lauren O'Neil

Katherine Oski

Ashley Parent

Domenico Pellegrini

Jocelyn Pereira

Ashley Pestana

Danielle Petrolati

Sarah Pfefferkorn

Stefanie Pinto

Jonathan Pio

Peter Porra

Heather Proulx

Jonathan Proulx

Vincent Provost

Jaclyn Quiterio

Nicholas Rakouskas

Jessica Ratkiewicz

Craig Regnier

Jesse Regnier

Zachary Repko

Antonio Rosa

Gillian Roy

Natasha Roy

Leeann Salvador

Nicholas Sanchez

Jacob Santucci

Stacey Seguro

Patrick Shaheen

Robert Showalter

Nicole Silva

Curtis Simpson

Eric Smola

Nicole St. Marie

Amanda Stewart

Cara Stokowski

Stacy Suares

Jessica Szlosek

Elisabeth Valadares

Kenneth Valentine

Jean Vecchiarelli

Nathan Venancio

John Walker

Jacob Whitworth

Leah Williamson

Megan Williamson

Alicia Wood

Angela Wozniak

Erica Young

Ashley Zarrillo

Katie Ziencina

Magdalena Zukowski

Camera Shy

Gregory Abdow
Alicia Anderson
David Benoit
Anthony Bernal
Eric Colon
Randy Cookish
Deanna DelNegro
Laura Gilmore
Tomasz Guberow
Jonathan Iwasinski
Matthew Johnson
Kevin Laviolette
Anthony Lorenzi
Michael Martins
Michael McLean, Jr.
Christine Miranda
Grace Miranda
Alexandra Norwood
Bryan Olmeda
Steven Pettengill
Nicole Pio
Christian Potter
Jesse Risciotti
Francisco Rodriguez
Jessica Sevivas
Cassie Shields
Sean Smith
Michael Suleski
Justin Tunis
Rocio Valdez

Class of 2005 Superlatives

11.

12.

20.

18.

17.

13.

14.

15.

16.

1. Most Likely to Succeed:
Daniel Lavoie & Jung Kang

2. Most Likely to Become Famous:
Nathan Venancio & Cara Stokowski

3. Most Shy
Brittany Hebert & George Blake

4. Best Smile:
Meghan Hill & Nicholas Bruschi

5. Best Eyes:
Julie Bamber & Richard Gavoni

6. Most Likely to Brighten Your Day (Most Friendly):
Jung Kang & Nathan Venancio

7. Most Likely to Make Teachers Cringe (A Teacher's Worst Nightmare):
Antonio Rosa & Andrea Dias with Mrs. Toni-Marie Mancuso

8. Most Likely to Clap the Erasers (Teacher's Pet):
Vanessa Leal & Alexander Jorge

9. Most Likely to Appear on the Style Network (Best Dressed) & Most Likely to Be a Model (Best Looking):
Alexandra Norwood & Richard Gavoni

10. Most Likely to Be Seen On "America's Most Wanted" (Most Infamous):
Ashley Zarrillo & Zachary Lasky (Camera Shy)

11. Most Likely to Leave Ludlow:
Tiffany Goncalves & Brian Flatley

12. Most Likely Never to Leave Ludlow:
Vanessa Leal & Michael Freitas

13. Class Vocalist:
Cara Stokowski & Justin LaMontagne

14. Class Musician:
Lori Milbier & Alexander Casimiro

15. Most Likely to Be the Next Picasso (Class Artist):
Michael Bouchie & Maren Gulbrandsen

16. Most Likely to Go Gray By the Age of 21 (Most Stressed):
Alexander Jorge & Vanessa Leal

17. Most Likely to Live Next Door to Each Other (Class Inseparables):
Jason Blanchard & Michael Burtch

18. Most Likely to Live Next Door to Each Other (Class Inseparables)
Katibeth Mol & Erin Mislak

19. Most Unpredictable (Most Random):
Andrea Dias & Nicholas Moutinho

20. Most Changed Since Freshman Year:
Christopher Graf & Lindsey Gaudreau

1. Most Likely to Win a Gold Medal at the Olympics (Class Athlete):
Jesse Regnier & Megan Williamson

2. Most Likely to Believe That Ice Is Really Hot (Most Gullible):
Aimee DaSilva & Craig Regnier

3. Most Likely to Teach Teachers (Class Scholar):
Brittany Hebert & Daniel Lavoie with Mr. Brian Bylicki

4. Worst Case of Senioritis:
Felicia Goncalves & Randy Cookish

5. Most Likely to Have Maroon & White Underwear (Most School Spirit):
Nicholas Moutinho & Jung Kang

6. Most Likely to Argue Till Their Faces Turn Blue (Most Opinionated):
Lauren Dowd & Antonio Rosa

7. Most Likely to Join "This Club Is Non-existent" Club (Most Involved):
Jung Kang & Alexander Jorge

8. Most Likely to Hit Something On an Open Road (Worst Driver):
Amanda Amaral & Jeffrey McGregor

9. Class Couple:
Nicholas Bruschi & Kristen Goncalves

10. Most Likely to Make You Laugh (Class Clown):
Kristina Merced & Nathan Venancio

11. Most Likely to Violate the Dress Code:
Karyna Machado & Scott Lecca

12. Most Likely to Rule the World:
Jung Kang & Alexander Jorge

13. Best Nickname:
Erin "Goose" Gosselin & Jeffrey "Disaster" Dias

The Forest

by Jennifer Blanchard

We stepped into this forest first together,
Our tiny baby steps in little sneakers
Shuffling through the leaves of yellow paper.

We learned to walk, discovered our new path,
And on small hooks we hung our hopes and coats;
They grew with passing time, just as we did.

We stood together as three paths merged as one
And formed the bonds that stood the test of time
While love and long division held our minds.

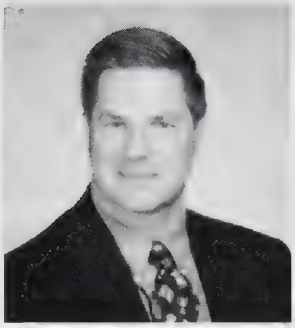
We rose and fell as one, remained as one
Throughout the hardships and the lighter times,
Two hundred eighteen voices sung one song.

And now –

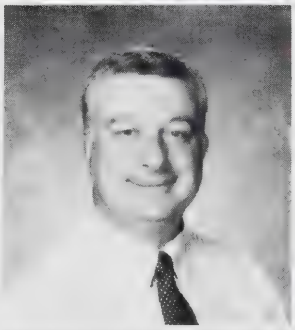
We step out of this forest separately,
Blazing two hundred eighteen different paths
Into the vast unknown of times to come.

We walk alone – yet we will sing together.

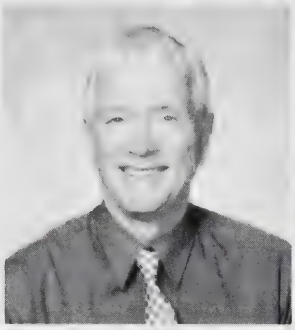
Gordon Smith
Principal
Toni-Marie Mancuso
Assistant Principal
Arlene Tierney
Guidance Director
Nancy Kurty
Athletics Director



Stephen Marino
Dean of Students
Thomas Cote
Attendance Officer
Linda Courtney
Business Chairperson
Rebecca Mathisen
Business



William Innocent
ESL/Bilingual Teacher
Suzanne Kelley
English Chairperson
Charles Cangemi
English
Tara Clark
English



Michelle Fontana
English
Ariel LaReau
English
Michelle Masse
English
Jennifer Prior
English

Christopher Rea
English
Robin Sanders
English
Pamela Barch
Fine Arts
James Martin
For. Lang. Chairperson

Maria Fagundes
Foreign Language
Antonio Goncalves
Foreign Language
Karolina Kopczynski
Foreign Language
Susanne Markus
Foreign Language

Paulo Zina
Foreign Language
Lydia Brady
Guidance
Dorothy Chrzan
Guidance
Richard Cotti
Guidance

Regina Momnie
Guidance
Mary Moriarty
Guidance
Carol Bardon
Family/Cons. Science
Jane Thompson
Library Media Specialist

Susan Stachelek
Math. Chairperson
James Annear
Mathematics
Mark Augusto
Mathematics
Wayne Erxleben
Mathematics

Richard Oliveira
Mathematics
Alissa Pereira
Mathematics
Leonard Phelon
Mathematics
Nancy Swol
Mathematics

Cynthia Koch
Instrumental Music
Mary-Beth Will
Choral Music
Carlee Belliveau
Permanent Substitute
Wendy Simmons
Permanent Substitute

Timothy Brillo
P.E. Chairperson
Gary Elson
Physical Education
Rebecca Gauvin
Physical Education
Adam Graves
Physical Education

Paul Dobek
Resource Officer
Patricia Robert
School Nurse
Philip Dalessio
Science Chairperson
Donald Bennett
Science

Robert Johnston
Science
Hollington Lee
Science
Dolores Nacewicz
Science
Jessica Olmo
Science

Barbara Piela
Science
Tina Rapa
Science
Brian Walsh
Science
Nancy Guinipero
Secretarial Staff

Trudy Kellogg
Secretarial Staff
Anna Miranda
Secretarial Staff
Gayle Thomas
Secretarial Staff
Brian Blyicki
Soc. Stud. Chairperson

Thomas Bly
Social Studies
Timothy Cobbett
Social Studies
Martin Fanning
Social Studies
Kathleen Johnson
Social Studies

Brian Mulvehill
Social Studies
John O'Connor
Social Studies
Susan Phelon
Social Studies
Mary-Jane Zywiak
Social Studies

Kurt Anderson
Special Needs
Lisa Benoit
Special Needs
Tracey Blair
Special Needs
Theresa Bullock
Special Needs

Angelique Early
Special Needs
Joanne Hassler
Special Needs
John Lattanzio
Special Needs
Erin Nelson
Special Needs

Peter Vamosy
Special Needs
Diane Wright
Special Needs
Cory Carr
Teacher Aide
Deborah Martell
Teacher Aide

Elizabeth Pierga
Teacher Aide
Deborah Potter
Teacher Alde
Patricia Targonski
Teacher Aide
John Vdovjak
Technology

Camera Shy Faculty & Staff Members

Jennifer Picard
Business

Antonio Carvalho
Custodial Staff

Greg Charest
Custodial Staff

Chuck Crowther
Custodial Staff

Eddie DiFiore
Custodial Staff

Renaldo Ribeiro
Custodial Staff

Mario Santos
Custodial Staff

Lucy Sanches
Custodial Staff

Armando Terreso
Custodial Staff

Maureen Cotti
Fine Arts Chairperson

Eliza LaCroix
Fine Arts

Tina Braga
Food Services

June Bresnahan
Food Services

Sharlene Dec
Food Services

Nancy Gaudette
Food Services

Audrey Hibbard
Food Services

Karen Kozaczka
Food Services

Denise Kukla
Food Services

Cheryl Matthess
Food Services

Laurie Pollard
Food Services

Julie Powers
Food Services

Jane Roulston
Food Services

Denise Ratkiewicz
Food Services

James O'Hearn
Library and Media

Robert Klaum
Library Media Center

Betsy Marino
Special Needs

Linda Bennett
Teacher Aide

Jason Chelo
Teacher Aide

Collaborative

Students

John Dudley
John Ferriera
Brian Fidalgo
Chelsea Gardner
Kyle Griffin
Anastasia Jarry
Stephen Mallory
Thomas Page
Mary Riel
Chris Toniatti

Alicia Wright

Faculty

Geraldine Ayers
Tina Binette
Lorrie Brown
Lynda Burns
Eunice Marcelina
S. Mavroudhis-Koetsch
Pamela Pease
Dorothy Rhodes
Val Wilk

Camera Shy Students & Faculty

Andrew Benton
Student

Gary Betzlaff
Student

Dorita Henderson
Faculty

Glenna Ford
Faculty

Matt Bonenfant
Faculty

Juniors
The Class of 2006

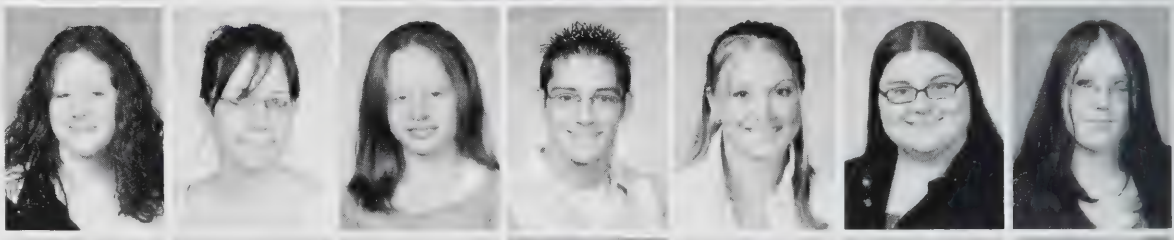
1.

1. Junior Executive Board: [Top] Julia Tetreault, Secretary Jessie Oliveira, Lauren Cotti, Leigh-Ann Malke, Brittney Kawa. [Middle] Treasurer Melissa Dion, David Kang, Vice-president Julia Sadowsky. [Bottom] President Anita Alves.

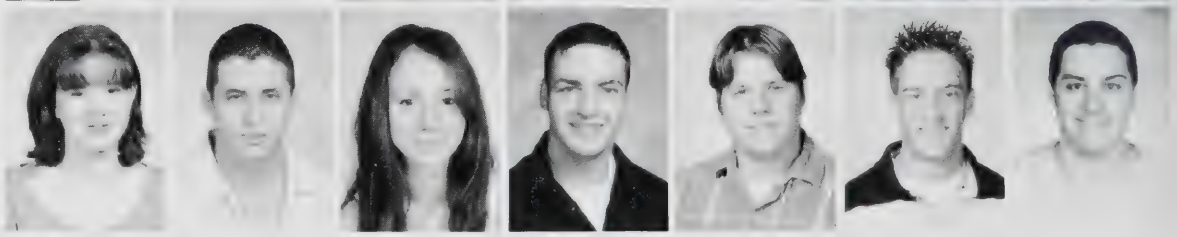
Ahmed Abdullah
Anthony Afonso
Joshua Afonso
Stacy Aleixo
David Almeida
Anita Alves
Anthony Alves

Christina Amaral
Ashley Andre
Andre Antoine
John Archambeau
Nicholas Assarian
Nicholas Bamford
Kyle Barch

Patrick Barrett
Michael Barros
Christopher Benoit
Jason Besner
Aaron Bilodeau
Leanne Bourgeois
Samantha Bousquet



Melissa Bovat
Sarah Bray
Amanda Bressem
Jacob Bruschi
Stephanie Burek
Samantha Burns
Leigh Cardarelli



Amber Carroll
Marcio Carvalho
Stephanie Carvalho
David Catarino
Calvin Chandonnet
Nicholas Chaplin
Nathan Chenaille

2. A group of lively juniors admires and points to an exhibition at the Museum of the City of New York. **Julia Sadowsky** said, "My favorite part of the entire field trip was not touring the museum, but finally finding a Starbucks to buy a hot chocolate so that I wasn't freezing cold in the pouring rain!"

3. [Clockwise] **Nicholas Gomes**, **Ahmed Abdullah**, **Christopher Venne**, **Lauren Cotti**, and **Julia Sadowsky** appear disgusted with the cold, rainy day on their class field trip to New York.

Ashley Chenier
Ilknur Citlak
Briana Cloutier
Andrew Coelho
Marc Coelho
Catherine Coley
Sara Como

Michael Condon
Jason Corbeille
Toni Cordello
Jonathan Corjay
Rachel Correia
Carrissa Cote
Lauren Cotti

Rachele Cowhey
Kelly Crafts
Claudia Crespo
Felicia Cronin
Valerie Crowther
James Curry
Kenneth Cusson

Michael Cust
Jason Derouin
Casey Desilets
Sara Desrosiers
Julie Devlin
Cassandra Dias
Marc Dias

Matthew Dias
Melissa Dias
William Dias
Melissa Dion
Meghan Diotalevi
Matthew Doherty
Katelyn Dolan

Joseph Dominique
Ross Dominique, Jr.
Diane DosSantos
Shawn Drew
Bryan Duarte
Derek Duchesne
Matthew Dudley

Kathleen Durand
Hunter Elliott
Elaina Esoo
Angela Evans
Eric Evans
Jared Falconer
Benjamin Farias

Matthew Farias
Monica Fernandes
John Ferreira
Nicole Ferreira
Claudia Filipe
Kyle Filipe
Curtis Fish

1. **Nicole Kent** and **Justine-Jo Howe** show their stuff on the dance floor while enjoying the music at Fright Night this year.

2. **Melissa Dion** and **Nicholas Langone** fly off to Neverland in their Tinkerbell and Peter Pan costumes.

Nilda Flores
Bonnie Fontaine
Bryan Forbes
Leah Forslund
Benjamin Gagne
Paul Garcia
Ryan Gauthier

Andrew Geanacopoulos
Matthew Geanacopoulos
Jason Gleason
Casey Gomes
Marco Gomes
Nicholas Gomes
Shawn Gomes

Andrew Goodreau
Monique Goodrow
Amanda Grondin
Adam Guyette
Matthew Harrington
Elizabeth Hayes
Ashley Heyes

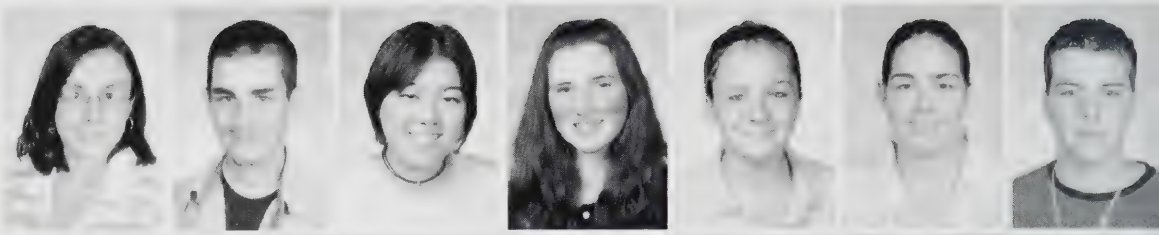
Anthony Hicks
Brendan Hiersche
Randy Hoffman
Monica Holland
Tiffany Holland
Amanda Holley
Christine Howard

Justine-Jo Howe
Ashlie Hurley
Brendan Hurst
Arianne Hutchins
Michael Jessmer
Nicholas Jorge
Karolina Kaflinska

David Kang
Brittney Kawa
Kyle Kellogg
Nicole Kent
Chad Kielbasa
Natasha Kolnicki
Anna Konopko

Krystal Kroll
Ashley LaCosse
Glenn LaRace, Jr.
Bonnie Lagerstrom
Nicole Langan
Nicholas Langone
Tiffany Lariviere

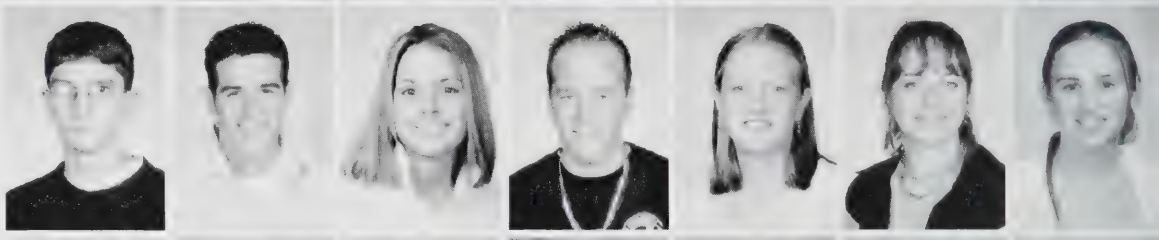
Celia Larouco
Zachary Lasky
Evelyn Lau
Catherine Lavallee
Stephanie Laviolette
Meghan Lavoie
Joseph Lawlor



Caryn Lecca
David Ledoux
Amanda Leone
Daphane Levesque
Nicole Libiszewski
Lukasz Lipert
Rachael Loureiro

Dylan Lucas
Leigh-Ann Malke
Amanda Marques
Joshua Marshall
Michael Martin
Charles Martins
Elizabeth Martins

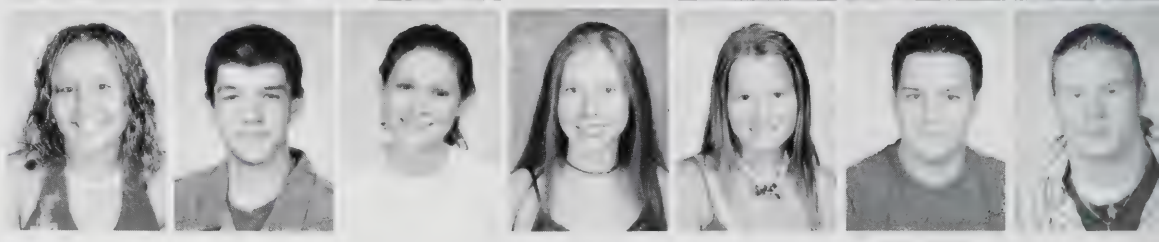
Joseph Martins
Justin Martins
Melissa Martins
Timothy Maynard
Jennifer McCarthy
Melissa McCarthy-Bates
Christine Menard



Monica Mestre
Joseph Metcalfe
Kimberly Milbier
Christopher Minie
Paul Momnie
Jonathan Murray
James Nai

Francis O'Brien III
Elizabeth O'Donnell
Jessie Oliveira
Justin Oliveira
Steven Oliveira
Ewelina Pastula
Franklyn Patton

Justine Pereira
Eric Pescetta
Ashley Petrolati
Nicole Potter
Allison Prokop
Andrew Rhodes
Troy Ribeiro



Stefanie Ricardi
Ashley Roberts
Brian Roberts
Courtney Roberts
Patrick Roberts
Egypt Robinson
Cory Rodrigues

Jonathan Rodriguez
Andrew Roxo
Samantha Rozkuszka
Corrine Ryan
Michael Ryan
Julia Sadowsky
Nancy Sanchez

Amanda Santos
Marc Santos
Mia Santos
Marita Sarad
Jason Scribner
Robert Sears-Walter
Sasha Sellez

Brian Serrazina
Alyssa Severyn
Emily Simonoko
Stephanie Singleton
Joe Skrodzki
Danielle Small
Matthew Smith

LeeAnn Smola
Rachel Spirito
Amanda St. Aubin
Aimee St. Martin
Daniel Stevens
Nicole Strickland
Molly Taylor

Julia Tetreault
Bradford Tierney
Michelle Tighe
James Tiraboschi
Joseph Tiraboschi
Justine Tremblay
Heather Trombly

Stephan Turoczy
Joshua Unsderfer
Kyle Unsderfer
Raymond Valadares
Emmanuel Valdez
Lindsay Van Dyke
Gina Vecchiarelli

Nina Vecchiarelli
Chelsey Venne
Christopher Venne
Leann Vera
Amanda Vigneault
Brandon Vigneault
Ashley Welch
Kristen Wolowicz
Brendan Zdanis

Sophomores

The Class of 2007

2. Sophomore Executive Board: [Top] Secretary Brianna Arnold, Treasurer Jerad Ostrowski, Vice-president Erica Serrazina, Peter Vomero. [Middle] Meagan Dragon Ashley Adamski. [Bottom] Ashley Quiterio, President Stephen Muse.

Michael Adam
Ashley Adamski
Nicholas Alves
Steven Alves
Brianna Arnold
Shaine Asselin
Sean Auclair

Justin Babineau
Jared Baillargeon
Brian Bamford
Ryan Barch
Seth Barker
Nicholas Barroso
Jessica Bashaw

Gregory Belanger
Nathan Blake
Laurin Blanchard
William Boilard II
Tiffany Bolduc
Gilberto Borges
Justine Bouchie

Kyle Bourgoin
Joshua Breault
Jamie Brosseau
Christopher Burgess
Andrew Bylicki
Jonathan Callahan
Alonzo Caputo

Anthony Caputo
Vincent Caputo
Elizabeth Casey
Bryan Chaplin
Melissa Chelte
Corey Chenevert
Fatma Citlak

Donovan Clark
Ashley Clement
Philip Coelho
Erin Cohen
Michelina Colson
Ashley Cookish
Paula Cordeiro

Jeffrey Correia
Jeffrey Costa
Lindsay Costa
Melanie Costa
Nicholas Costanza
Kevin Craven
Meghan Curto

Monique Cyr
Michael Czupryna
Sergio DaCruz
Stephanie Davies
Nicholas DeNucci
Brittany Dent
Alan Dias

Audra Dias
Corey Dias
John Dias
Michelle Dias
Ryan Dias
Lyndsay Dill
Danielle Discawicz

Joshua Dobiecki
Alex Dominique
Amanda Dos Santos
Bryan Douglas
Kaitlyn Dowd
Meagan Dragon
Collin Drew

Eric Drewniak
Katherine Duarte
Joshua Dusza
Brittany Enman
Caitlin Farrell
Jillian Faustino
David Fernandes

Paul Fernandes
Sofia Fernandes
Eurico Ferreira
Maria Ferreira
Veronica Ferreira
David Figueiredo
Daniel Fillion

1. *Disney* princesses **Jillian Veautour, Audra Dias, Alyson Terlik, Lauren Hangasky, Lindsay LaCoille,** and **Alison Pease** look lovely at Ludlow High's first ever Halloween Dance, "Fright Night."

2. **Michael Goodreau** shows off his dance moves amidst a number of classmates at this year's Homecoming. "It was magnificent and a 'flantastic' time!," said Goodreau.

Renee Forget
Ashley Fraga
Anthony Fratamico
Richard Frates
Brian Fuller
Scott Ganhao
Heather Garete

Tyler Gates
Nicole Gaylord
Ryan Geagan
Chase Glanville
Alyssa Goncalves
Nicholas Goncalves
Michael Goodreau

William Greene
Eric Gregoire
Amanda Grelha
Stephanie Guarda
Lauren Hangasky
George Harp
Melissa Harrica

Cynthia Hart
Christopher Harvey
Danielle Hayes
Nicole Hervieux
Robert Hill
Lisa Hilt
Brian Hoffman

Sarah Holbrook
Tara Howe
David Johnson
Kevin Johnson
Matthew Jordan
Jayme Kapinos
Joseph Kapinos

Ashley Kelley
Kristopher Kellogg
Matthew Kielbasa
Brian Kipetz
Fikreta Kolenovic
Cynthia Kopec
Eric Kozlik

Mark La'Berge
Ashley LaBier
William LaBrecque
Lindsay LaCoille
Christopher LaRace
Veronika LaRocque
Tanya Lang

Christopher Laperriere
Benjamin Lasky
Nicole LeBlanc
Alycia Lelievre
Jamie Lemay
Derick Levesque
Adam Lewis

Alysha Lind
Jeremy Lindsay
Daniel Lizak
Rachelle Loiselle
Matthew Lopata
Nicole Lopes
Thomas Lopes

Chanelle Lucas
Nathan Lundmark
Kayla Maagero
Jennifer MacDonald
Ian MacMaster
Jordan Machado
Patrick Mahoney

Crystal Majgier
Kayla Manzi
Sara Margoles
Anthony Marinello
Chelsea Marques
Michelle Marques
Catarina Martins

Stefanie Mauricio
Brian McCarthy
Kerri-Ann McIntyre
Michael McKelvey
Stephanie McLean
Lisa Menard
Casey Mendrala

James Merkel II
Kristine Midura
Melissa Miele
Melissa Mikulski
Anamaris Morales
Laura Morel
Stephen Muse

Patricia Naginewicz
Jennifer Navarro
Austin Nelson
Ryan Nolan
Anthony Norton
Abigael Norwood
Crystal Nunes

Megan O'Brien
Kyle O'Connor
Brett Oppel
Jerad Ostrowski
Ashley Papuzynski
Brandee Paroline
Daniel Parker

Alison Pease
Benjamin Pellegrini
Kevin Pereira
Nina Perez
Kristina Persson
Dale Petrolati
Frank Petrolati

Ciana Pinto
Jorge Pio
Meaghan Pires
Paige Poehler
Michael Pooler
Sarah Potter
Justin Powers

Ashley Pratt
Brett Provost
Nicole Provost
Abigail Putnam
Alyssa Puzzo
Ashley Quiterio
Jillian Racicot

Alexander Rashad
Jeffrey Richards
Nicole Riopel
Ryan Robillard
Alesia Rodak
Jennifer Rodrigues
Kimberly Roy

Justin Roy-Larouco
Timothy Royce
Paul Salerno
Derek Santos
Nelson Santos
Derrek Santucci
Erica Serrazina

Sonia Serrazina
Alicia Seymour
Adam Shaheen
Suzanne Silva
Vania Silva
Katie Slepecki
Stephanie Soffen

Kyle Sorensen
Jonathan St. Marie
James Starr
Alexander Stebbins
Jacob Stokowski
William Struth
Joshua Strycharz

Kati Strycharz
Marc Suares
Deonna Sunderland
Stefanie Tavares
Michael Tereso
Alyson Terlik
Aaron Thomas

Wesley Thompson
Adam Tiago
Mathew Turschman
Joseph Underkofler
Natalie Valdez
Amanda Van Aller
Jillian Veautour

Erica Vega
Nevin Vigneault
Kaitlyn Vitorino
Peter Vomero
Nicholas Warner
Brett Williamson
Travis Wilson

Jennifer Wisner
Zachary Zina

Freshmen
The Class of 2008

1. Freshman Executive Board: [Top] Secretary Magdalena Garncarz, Eileen Barrett, Treasurer Cynthia Archambeau, Jazmin Lefebvre. [Middle] Jerica McCarthy, Vice-president Susan Cotti. [Bottom] President Alyssa Creamer, Erica Morin.

Scott Almeida
Kevin Alves
Katrina Andre
Shaun Andre
Cynthia Archambeau
Alan Atkins
Michael Babineau

Caroline Bacon
Mathew Baillargeon
Victoria Baines
John Barlow
Brian Barna
Eileen Barrett
Justin Barroso

Heather Barrus
Anatoliy Belyshev
Shawna Benoit
Miles Bergstrom
Jordan Bernardes
Caitlinn Beusee
Nathan Binette

Christine Bish
Diogo Blanco
Kertasea Booth
Ricardo Borges
Matthew Borkowski
Kyle Borowiec
Ryan Boucher

Heather Bousquet
Stephanie Bowe
Kimberly Boyer
Shana Braga
Anthony Bramucci
Jennifer Bramucci
Deanna Brooks

Jennifer Brooks
Eden Brothers
Stephanie Brown
Michael Bryant
Daniel Buck
Lynsey Burns
Kristina Carreira

Zachary Carroll
Bianca Carvalho
David Carvalho
Leonardo Carvalho
Steven Cassesse
Thomas Catarino
Zachary Charbonneau

Katherine Chartier
Timothy Chase
Jessica Chaves
Jason Chenier
Regina Chenot
Angelica Coelho
Raymond Colby V

Ryan Collette
Caitlin Como
Corina Conceicao
Nicholas Cookish
Benjamin Corjay
Leah Cormier
Susan Cotti

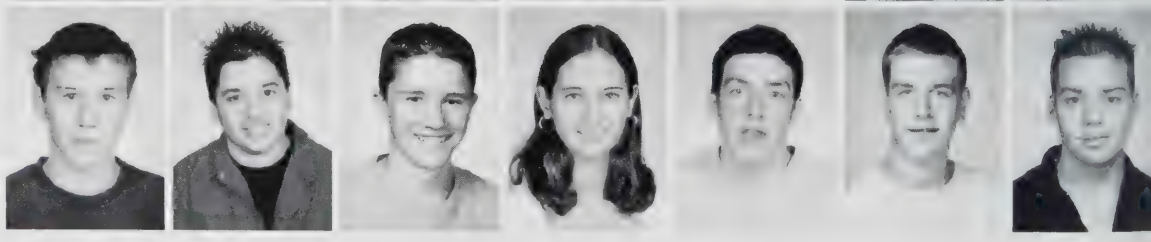
Alyssa Creamer
Katelyn Currier
David D'Angelo
Brittany DaCruz
Daniel DaCruz
Shawn DaCruz
Jason DaSilva

Robert Dalby
Thomas Day
Stephanie DeFeo
Nicole Dennis
Jenelle Desforges
Keith Desilets
Alicia DiLuzio

Justin Dias
Katherine Dias
Michael Dias
Corey Diaz
Nicole Do Carmo
Justin Dones
Jani Dos Santos

Nancy Dos Santos
Samantha-Jo Drinkwine
Nelson Duarte
Paul Dube
Michelle Dugre
Nicholas Dusza
Lyndsay Echols

John Eckert
Anthony Elias
Zachary Ellison
Jessica Estanislau
Austin Evans
Mark Evans
Shawn Faulha



Carrie Favreau
Justin Ferreira
Tiago Ferreira
Angela Figueiredo
Joseph Fitzell
Brian Fonseca
Laura Forbes

Joanna Forcier
Adam Forest
Yvonne Forget
Chad Fraga
Lauren Francisco
Magdalena Garncarz
Shayne Garrow

Kelly Gilmore
Andrew Gleason
Michelle Gomes
Stephanie Gomes
Vanessa Gomes
Aaron Goncalves
Derek Goncalves

Jennifer Goncalves
Joao Goncalves
Nancy Goncalves
Aimee Gonyea
Elizabeth Gonyea
Ryan Gonyea
Nathan Goodrow

Lucas Graffum
Justin Grenier
Nicholas Grunden
Janna Guyer
Jessica Hale
Christopher Hart
Steffanie Harvey

Matthew Hayes
Joseph Hicks
Colleen Hughes
Brittany Hurst
Nicholas Hurt
Ashley Ingram
Taliesen Itchkawich

Martin Iwasinski
Amanda Jacinto
Alyson Jarvis
Zachary Jedrzejczyk
James Joyce
Bianca Kennedy
Daniel Kennedy III

Brian Kersey
Kayla Keyes
Amber Kielbasa
Andrea Kimball
Rozilyne Kirley
Ferid Kolenovic
Misty Kology

Monika Konopko
David LaBonte
Jeremy LaBrecque
Jillian LaFlamme
Lindsay LaFromboise
Alyssa LaJoie
Alissa LaMotte

Austin Lapierre
Adam Laterreur
Matthew Lavoie
Gabrielle Leal
Jazmin Lefebvre
Joshua Leone
Andrew Les

Monika Lipert
Matthew Lively
Trisha Machado
Megan Madera
Corey Malaquias
Matthew Malke
Timothy Mancuso

Helen Marshall
Steven Martin
Alyssa Martins
Angela Martins
Justin Martins
Nicole Martins
Tiago Martins

Joey Mateus
Jerica McCarthy
Shawn McCarthy-Bates
Ashley McFarlane
Kimberly McGregor
Anthony Medeiros
David Medeiros

Renee Mello
LaRae Mercier
Justin Meyrick
Elizabeth Miner
Daniel Moffat
Karol Monsalve
Ethan Montagna

Michael Moore
Alicia Moorhouse
Erica Morin
Nicholas Moura
Bianca Murphy
Amber Murray
Michael Muse

Adam Muzzy
Joshua Narreau
Alison Neto
Kyle Neves
Joshua Newson
Jovan Newson
Molly O'Brien

John O'Donnell
Corey O'Sullivan
Daniel Oliveira
Thomas Oliveira
Eric Padilla
Sean Palatino
Catherine Pangiarella

Steven Pawela
Jessica Paxton
Thomas Pecak
Dale Pereira
Michael Pereira
Randi Pereira
Todd Pescetta

Niccolo Petrolati
Heather Picard
Matthew Pina
Kimberly Pinto
Derek Pisieczko
Eric Pollander
David Pollard

Kevin Quiterio
Eduardo Ramos
Ryan Randall
Joshua Reno
Katie Ribeiro
Carrie Richards
Brooke Roberts

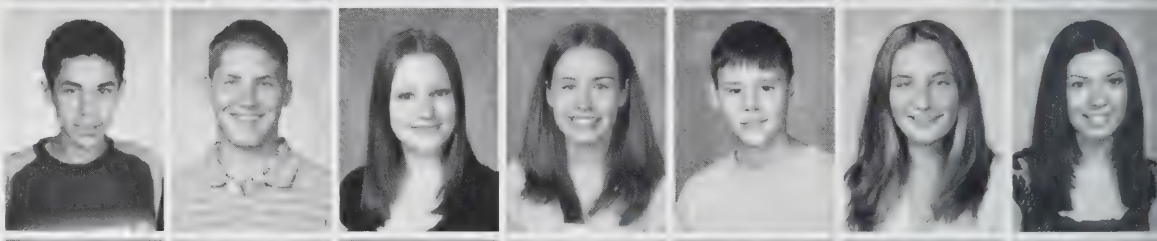
Erica Roberts
Carrie Robitaille
Anthony Rockwell
Jeffrey Rodrigues
Michael Rodrigues
Alysia Romani
Amanda Rua

Michael Rufo
Alicia Saloio
Nicholas Salvador
Alexander Sanchez
Jeremy Santos
Justin Santos
Tanisha Scytkowski

Ian Sedelow
Joseph Shering
Tiffany Showalter
Kevin Silva
Christopher Silvestri
Jennifer Simao
David Simonoko

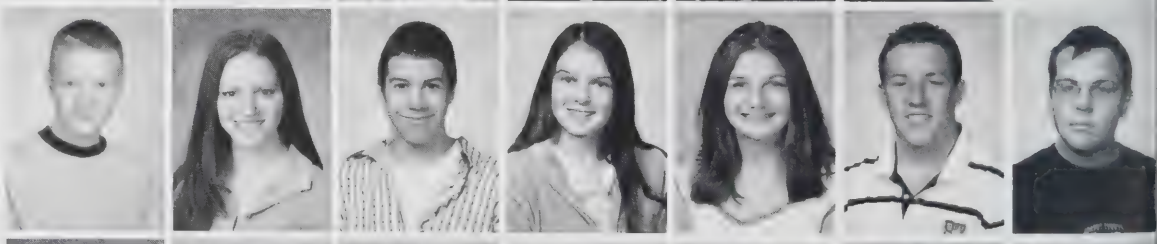
Andrea Skura
Emily Slora
Todd Snow
Rachael Spafford
Laura St. Martin
Tiffany Stasiowski
Heather Strickland

Eric Sucharski
Andrew Surprenant
Caitlin Suzor
Lisa Sykas
Justin Tardiff
Stephanie Targonski
Sonia Tereso



Ronald Tetreault
Ian Thompson
Vicky Torres
Channing Trowbridge
Bryan Turgeon
Mark Vecchiarelli, Jr.
Zachary Venancio

Eric Venne
Maxine Verteramo
Colin Vigneault
Anna Villano
Leah Visconti
Nicholas Vogel
Matthew Vreeland



Corrine Wager
James Warren
Shawn Wheeler
Sean Whitehouse
Travis Whitehouse
Michael Williams
Courtney Wolowicz

1. **Keith Desilets**, **Matt Lively**, **Alison Neto**, and **Kim McGregor** enjoy their first homecoming together. "Aside from the fact that the night had to end faster, we had so much fun because it was not only just one grade, it was all four grades," said **McGregor**.

2. Freshman couple **Laura St. Martin** and **Kevin Alves** sing a duet together to Brand New's "Soco Ameretto Lime" while **Alves** plays his guitar at the annual talent show. The couple were a hit at this year's "El Talent Show" hosted by the Spanish club.

Nevin Xavier
Garrett Yargeau
Erin Young
Jason Young
David Zhilyaev
Alexis Ziemba
Erin Ziencina

Britney Zrakas

Camera Shy

Juniors

Alex Castro
Nicole Coelho
Priscilla Colecchia
Clarence Kauila
Allison LaFlamme
Michael Mackintosh
James Mange
Jessica Martin
Richard McCormick III
Jonathan Ramos
Luke Rottman
Joshua Soares

Sophomores

Jake Alves
Julie Baez
Ricardo Chiclana
Ireneu Freitas
Kyle Joynt
Franchesca Lafontaine
Marc Lamondia
Bruno Lopes
Marc Messier
Alyssa Parker
Nicholle Pirog
Ruam Vital

Freshmen

Tyler Arsenault
Jose Bernal
Alexander Garrow
James Manning
Daniel Morais
Nicholas Murphy
Derek Roxo
Heather Ruby
Kenneth Ruby Jr.
Maneerat Saengphuang
Ashlee Starzec
Ashley Swiderski

1. Drama Club: [Top] Steffanie Harvey, Director Samantha Burns, Melissa Chelte, Craig Crowther, Eileen Barrett, Elizabeth Casey, Jazmin Lefebvre, and Mrs. Tara Clark. [Middle] Nicole Potter, Anita Alves, Melissa Dion, Nicole Do Carmo, Meghan Lavoie, Jennifer Bramucci, and Elaina Esoo. [Bottom] Jessica Chaves, Michelina Colson, Corina Conceicao, Marita Sarad, Kayla Manzi.

2. The Cub: [Clockwise] Mrs. Suzanne Kelley, Cara Stokowski, Business Manager Claudia Filipe, Julia Tetreault, Michael Graham, Samantha Burns, Stephen Muse, Daniel Lavoie, Sports Editor Evelyn Lau, Editor-in-Chief Jessica Lamica.

3. The Paw: [Clockwise] Corrine Wager, Melissa McCarthy-Bates, Ashley Welch, Sarah Holbrook, Alyssa Goncalves, Arianne Hutchins, Heather Strickland, Michael Graham.

4. Running Club: [Top] Nicholas Moutinho, David Johnson, Katie Slepecki, Nicole Silva, Jesse Regnier, Brian Fuller. [Bottom] Melissa Dion, Stephanie Soffen, Brendan Hiersche, Nicole Potter.

8. Student Council: [Top] Nicole Silva, Peter Vomero, Ashley Adamski, Cara Stokowski, Meagan Dragon, Brianna Arnold, Jerad Ostrowski, Erica Serrazina, Eileen Barrett, Jerica McCarthy, Jazmin Lefebvre, Stephen Muse. [Middle] Julia Sadowsky, Brittney Kawa, Julia Tetreault, David Kang, Nicholas Correia, Leigh-Ann Malke, Anita Alves, Melissa Dion, Jessie Oliveira, Kristen Goncalves, Susan Cotti. [Bottom] Ashley Quiterio, Nathan Venancio, Daniel Lavoie, Treasurer Michael DaSilva, Secretary Nicole Francisco, Vice-President Jung Kang, President Alexander Jorge, Captain of Senior Patrol Jessica Szlosek, Erica Morin, Alyssa Creamer, Magdalena Garncarz.

5. Regional Student Advisory Council: Nicole Silva, Alexander Jorge.

6. School Council Representatives: Julia Sadowsky, Peter Vomero.

7. Student Advisory Committee: Daniel Lavoie, Brittany Hebert.

1. Students Against Destructive Decisions (S.A.D.D.): [Top] Mr. Robert Johnston, David Almeida, Daniel Stevens, David Ledoux, Lauren Hangasky, Ashley LaBier, Fikreta Kolenovic, Alyson Jarvis, Heather Bousquet, Katie Slepecki, Jesse Regnier. [Upper Middle] Erica Serrazina, Brittany DaCruz, Nicole Do Carmo, Catarina Martins, Nicole Lopes, Melissa Mikulski, Ms. Mary Moriarty. [Lower Middle] Ashley Parent, Kathryn Doyle, Leigh-Ann Malke, Anita Alves, Corina Conceicao, Marita Sarad, Katelyn Dolan, and Kyle Filipe. [Bottom] Anthony Rockwell, Alexander Jorge, Megan Fuss, Co-Chairpeople Nicole Francisco and Jung Kang, Vanessa Leal, Brittany Hebert, Leeann Salvador, Jessica Ratkiewicz, Ashley Pestana.

2. Color Guard: Michelle Liaszenik.

3. Morning Announcers: Cara Stokowski, Julia Sadowsky.

4. Senior Patrol: [Top] Brian Flatley, George Leastman, Kristen Goncalves, Jung Kang, Cara Stokowski. [Bottom] Captain Jessica Szlosek, Alexander Jorge, Nathan Venancio, Jason Blanchard, Michael Burtch, Maren Gulbrandsen, Nicole Silva.

5. Lunch Patrol: [Top] Anthony Bernal, Michael DaSilva, George Leastman, Craig Regnier. [Middle] Rachel Fonseca, Kristen Goncalves, Angela Wozniak, David Goncalves, Megan Williamson, Julie Bamber, Jocelyn Pereira, Lauren Burtch. [Bottom] Erin Mislak, Stacy Dalby, Jonathan Pio.

6. School Store: [Top] Matthew Turschman, Ashley Zarrillo. [Bottom] Kenneth Valentine, Katie Ziencina.

7. Family, Career and Community Leaders of America: [Top] Laurin Blanchard, Sarah Como, Kristen Havens, Caitlin Como, and Cassandra Dias. [Bottom] Fikreta Kolenovic, Tiffany Holland, Alicia Anderson, Chairperson Jennifer Blanchard.

1. Elevator Artists: Allison Prokop, Ashley Petrolati.

2. Band: [Top] Thomas Catarino, Adam Muzzy, Erin Cohen, Tiago Martins, Joseph Lawlor, John Hangasky, Nicholas Bruschi, Alexander Casimiro, Anthony Curto, Justin Powers, David Catarino, Eric Kozlik, Derek Santos, Steven Cassesse, Anthony Fratamico, Heather Bousquet, Lucas Graffum, Monica Holland, Lauren Hangasky, Tanya Lang, Daniel Barroso, Nathan Venancio. [Upper Middle] Celia Larouco, Melissa Dias, Trisha Machado, Ashley Ingram, Nancy Goncalves, Nicole Martins, Lauren Francisco. [Lower Middle] Tiffany Lariviere, Maneerat Saengphuang, Angelica Coelho, Alexis Ziemba, Jennifer Simao, LaRae Mercier, Zachary Venancio, Justin Ferreira, Jeremy Santos, Richard Frates, Katherine Dias, Jessica Chaves, Jorge Pio, Katherine Duarte, Kimberly Milbier, Michelle Liaszenik, Deanna DelNegro, Lori Milbier, Caitlin Farrell, Kristina Persson. [Bottom] Ashley Heyes, Aimee St. Martin, Cynthia Archambeau, Emily Slora, Catherine Chartier, Sarah Como, Jennifer Blanchard, Laurin Blanchard, Amanda Gagnon, Alicia Anderson, Caitlin Como, Gina Vecchiarelli, Kathryn Doyle, Cory Rodrigues, Sean Smith, Antone Motta, Vicky Torres, Travis Whitehouse, Peter Vomero, Vicky Baines, Matthew Borkowski.

6.

5.

3. Art Club: [Top] Zachary Repko and Stephanie Lopes. [Middle] Michael Burtch, Maren Gulbrandsen, Lauren Burtch, Michael Bouchie. [Bottom] Ashley Petrolati, Allison Prokop, Nicole Potter.

4. Chorale: [Top] Michelle Liaszenik, Clarence Kauila, Amanda Grelha, James Starr, Lori Milbier, Laura St. Martin. [Middle] Deanna DelNegro. [Bottom] Brianna Arnold, Cara Stokowsi, Lisa Hilt.

5. Pep Band: [Top] David Catarino, Tiago Martins, Justin Powers, Peter Vomero, Daniel Barroso, Nathan Venancio. [Middle] Thomas Catarino, Adam Muzzy, Lauren Francisco, Jorge Pio. [Bottom] Alicia Anderson, Caitlin Como, Gina Vecchiarelli, Sarah Como, Matthew Borkowski, Lori Milbier.

6. Jazz Ensemble: [Top] Adam Muzzy, Tiago Martins, Justin Powers, Nicholas Bruschi, and Daniel Barroso. [Middle] Sarah Como, Alexis Ziemba, Celia Larouco, Jorge Pio. [Bottom] Alicia Anderson, Caitlin Como, Gina Vecchiarelli, Kathryn Doyle, Sean Smith, Lori Milbier.

3.

1. National Honor Society: [Top] Marc Coelho, Daniel Stevens, Matthew Dias, David Ledoux, Paul Momnie, Rachel Fonseca, Christopher D'Angelo, Michael DaSilva, Nicholas Bruschi. [Middle] Ashley Petrolati, Marita Sarad, Nicole Potter, Amanda Amaral, Kyle Filipe, Kaitlin O'Donnell, Leah Letourneau, Leeann Salvador, John Hangasky, Brittney Kawa, Jennifer Blanchard, Steven Oliveira, Vanessa Leal, Danielle Petrolati, Angela Wozniak, Maren Gulbrandsen, Brittany Hebert, Michelle Lynch, Megan Fuss, Ashley Parent, Vitaliy Belyshev, Monica Lynch. [Bottom] Katelyn Dolan, Allison Prokop, Brendan Zdanis, President Daniel Lavoie, Treasurer Michael Graham, Vice-president Nicholas Sanchez, Secretary Nicole Silva, Alexander Jorge, Erin Gibbons.

2. French Club: [Top] Stephanie Lopes, Heather Picard, Lauren Burtch, Eric Gregoire, Mathew Baillargeon, John Hangasky, Brett Oppel, Jessica Szlosek, Erica Morin, Danielle Hayes, Ashley LaBier, Jorge Pio, Stephanie Davies, Stephanie Soffen. [Middle] Samantha Burns, Elaina Esoo, Evelyn Lau, Michael Burtch, Maren Gulbrandsen, Nicole Silva, James Starr, Amanda Van Aller. [Bottom] Public Relations Officer Marita Sarad, Secretary Meghan Lavoie, Treasurer Jesse Regnier, Vice-president Leah Letourneau, President Michael Graham.

3. Mathletes: [Top] Steven Oliveira, Jennifer Blanchard, and Alexander Jorge. [Bottom] Mrs. Susan Stachelek, Nicholas Sanchez, David Ledoux, Erica Serrazina.

4. Senior Class Executive Board: [Top] Nicholas Correia, Cara Stokowski, Alexander Jorge. [Upper Middle] Nicole Silva, Nathan Venancio, Nicole Francisco, Jessica Szlosek. [Lower Middle] Rachel Fonseca, Kristen Goncalves. [Bottom] Treasurer Michael DaSilva, President Jung Kang, Secretary Daniel Lavoie. [Missing: Vice-president Brian Flatley].

5. Spanish Club: [Top] Corrine Wager, Secretary Jason Blanchard, Daniel Lavoie, Michael DaSilva, Brian Flatley, David Kang, Zachary Repko, Nicholas Langone, Clarence Kauila, Monica Lynch, Nicholas Sanchez, Brittany Hebert, Samantha Bousquet, Elaina Esoo, Heather Bousquet, Lauren Hangasky, Ashley Adamski, Señor Paulo Zina, Alicia Rodak, and Jerad Ostrowski. [Middle] Alexander Jorge, Nicole Francisco, Ashley Parent, Leigh-Ann Malke, Anita Alves, Cassandra Dias, Cynthia Hart, Michelle Liaszenik, Jennifer Blanchard, Lori Milbier, Laurin Blanchard, Brianna Arnold, Kimberly Milbier. [Bottom] Matthew Borkowski, Kathryn Doyle, Sarah Holbrook, Jung Kang, Mia Santos, Treasurer Katelyn Dolan, Vice-president Brittney Kawa, Caitlin Farrell, Kristina Persson, Melissa Mikulski, Nicole Lopes, Jillian Racicot. [Missing: President Nicholas Moutinho].

6. Debate Team: [Top] Ashley Petrolati, Michael Graham, Samantha Burns, Eric Gregoire, Matt Borkowski. [Bottom] Daniel Lavoie.

7. As School Match Wits: Jennifer Blanchard, Daniel Lavoie, Nicholas Sanchez, Nicole Silva, Michael Graham.

Athletics

Ludlow High School athletics has always upheld the reputation of having good sportsmanship, leadership, team unity, and spirit. While all teams possesssed these qualities, the basketball, cross country, soccer, and track teams, along with the boys' volleyball, led the school in ability as they won their way into the Western Mass. championships. Although they did not win the final competitions, these teams showed that the road to victory is one that they are truly capable of following and will ride for years to come.

"Don't be discouraged by a failure. It can be a positive experience. Failure is, in a sense, the highway to success, inasmuch as every discovery of what is false leads us to seek earnestly after what is true."

-- John Kea

With victory fresh in the air, senior **Justin Tunis** walks off the field after watching his teammates successfully win the Thanksgiving Day football game against Palmer.

Senior **Antone Motta** wrestles against a member of St. John's team. Like **Motta**, Ludlow's wrestling team continued to put each win into a headlock, bringing the team to states.

Displaying their devotion to America, the boys' soccer team stands to pledge their allegiance to the flag and sing "The Star Spangled Banner." Much like their patriotism, the boys' loyalty to one another on the field helped lead them to consistent wins throughout the season.

1. Junior **Tina Amaral** heads the ball away from the net towards the Ludlow players in an excellent defensive play.

2. Freshman **Catherine Pangiarella** speeds away with the ball. "I felt like that was the game where everything came together and we all connected," said **Pangiarella**.

3. Senior **Rachel Fonseca** takes a goal kick during the game against Westfield. "Overall, I think the season went well. We improved from not making the playoffs last year to going into PKs in the semi-finals this year," said **Fonseca**.

4. Senior **Melissa DaCruz** dribbles around the opposing player. "This was the game where we finally realized how fun and not stressing out will get a team further than anything else," said **DaCruz**.

5. Senior **Megan Williamson** dribbles up field, evading two opposing players. "It was unfortunate that we lost in semi-finals. It was an honor to get that far and to know that we had potential to go all the way," said **Williamson**.

US	0	2	4	3	5	2	6	5	1	3
	Cathedral	Longmeadow	Granby	Westfield	E. Longmeadow	Holyoke	Taconic	Agawam	West Springfield	Amherst-Pelham
THEM	2	2	0	0	0	1	3	0	3	3

Girls' Soccer

They first met on the middle school soccer field in mid-August. Despite new faces, and a young team, the ladies showed their skill by starting their season off with a series of consecutive wins. Working together and staying focused, the team kept moving forward on its road to the semi finals.

Although they didn't take the Western Mass. title, senior girls are happy that they made it to the semi-finals. Seniors Angela Wozniak and Rachel Fonseca led the team through the highs and lows. "Each player brought some unique talent that contributed to the team which brought good team unity," said Wozniak.

8. Senior **Angie Wozniak** blasts the ball before being overtaken by two opposing players. "The season didn't end how we wanted it to, but everyone definitely showed heart when it was truly needed... Things just didn't flow our way...," said **Wozniak**.

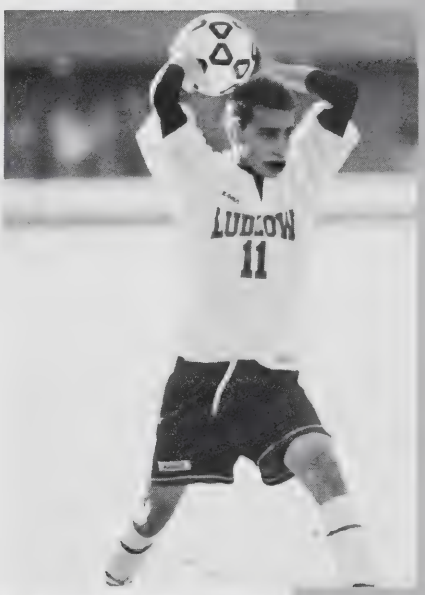
7. The girls' soccer team lines up for the playing of the National Anthem before the start of their game.

6. Sophomore **Ali Pease** moves upfield during her game against Wahconah. "We had an exciting season. It was great to make the tournament to bring back the Ludlow tradition. Next year should be just as exciting, but the seniors will surely be missed," said **Pease**.

5	2	0	1	5	0	1	1
Wahconah	Cathedral	Westfield	Longmeadow	E. Longmeadow	Minnechaug	Quarter-Finals - Northampton	Semi-Finals - Minnechaug
2	5	0	2	1	3	0	2

Boys' Soccer

Coming off an all-time [illegible] Tornado in Chicopee, the boys' team knew its journey would [illegible]. The Lions' record of 13-[illegible] had qualified them for the post season, but in a game they were getting ready for was the only blunt on their [illegible]. Although they lost and do[illegible] in Holyoke, the Lions showed a feeling of accomplishment when they looked back at their quest for the championship. Captain DJ Ganoches spoke for [illegible] when he said, "We play the game the season was great, and we passed above expectation. The final was a loss in the [illegible] to Ludlow soccer. We lost to a team we should have at least beaten." The journey ended with a feeling of respect for the hard work that paved the way to a successful season.

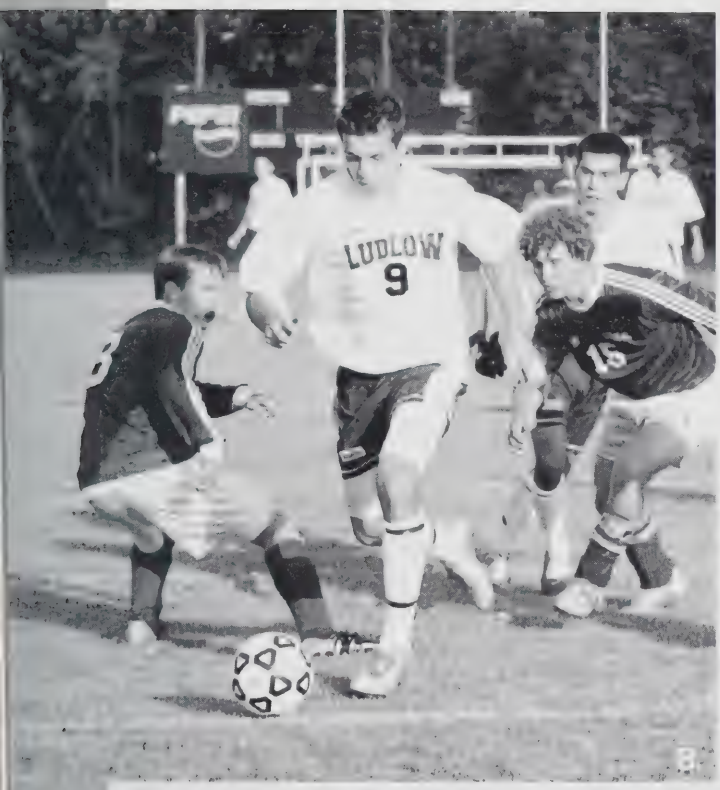


1. Senior **Steve Crespo** takes a throw-in to continue the game. "The One Unprepared Goes Home (Live it up)," said **Crespo**.

2. The boys' team gathers before the game for some tips from the coach.

3. Seniors **Tony Rosa** and **Jamie Alves** pass to each other as they successfully prevent opposing players from gaining control of the ball. "It was a fun season with great times, a terrible end for a great group of guys," said **Rosa**.

US	4	1	1	2	2	1	4	4	7
	Newton North	Cathedral	Amherst-Pelham	Hope	E. Longmeadow	Minnechaug	Pittsfield	Longmeadow	W. Springfield
THEM	0	0	0	1	0	2	1	2	0



7. Senior **Jeff Dias** fakes an opponent and gains possession of the ball. "We had a very successful season. The tournament brought a sad ending with a loss to a lower team," said **Dias**.

8. Senior **Jay Magalhaes** dribbles through two Holyoke players before taking a shot.

Senior **Jamie Alves** dives for the ball in an attempt to block an opposing player from turning. "We made it to the finals, but Lady Luck was just on Holyoke's side that time," said **Alves**.

2	3	2	3	3	1	1	0
Central	Agawam	Chicopee	Belchertown	Cathedral	Quarterfinals - Cathedral	Semifinals - Minnechaug	Finals - Holyoke
1	0	1	0	1	0	0	1

1. Juniors **Nicole Potter** and **Melissa Dion** pose for a picture before their race. "Our team has the best group of girls around. We work hard and have fun," said **Dion**.

2. Ludlow girls begin to take the lead during the start of a race against Chicopee held at the LHS Complex.

3. Senior **Jessica Szlosek** stays on pace during a race. "We had a lot of fun, along with some success. I'm disappointed that it was my last year, but I'm sure that the girls will do great in the future," said **Szlosek**.

Girls' Cross Country

After a very successful year in 2004, the Lady Lions return a strong team, losing only one senior from last season. A few of the strongest competitors in the early stages of the season included veteran [illegible] leading the team through the CVIAL championship meet. Out of the 24 participating teams in Western Mass, the team finished sixth overall and fourth of the Division 1 teams.

At the Western Mass championships, the team was led by [illegible] a sophomore who finished second out of 175 runners. [illegible] Nicole Potter placed sixth overall, helping to lead the team to [illegible] championships, where she placed [illegible]

Melissa Dion

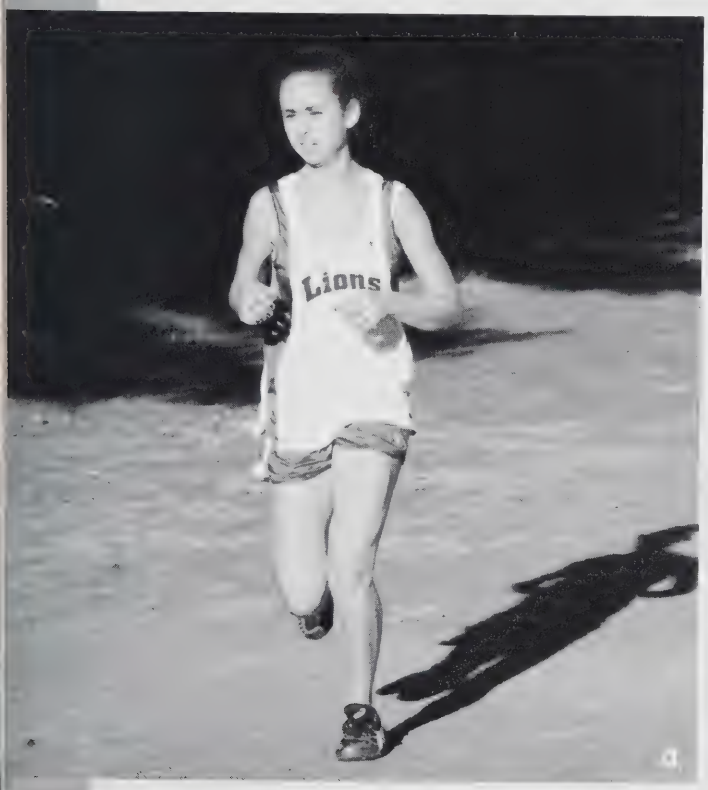
Nikki Potter

US	23	28	45	20	17	23	16
	Holyoke	Minnechaug	Amherst	Chicopee Comp.	Chicopee	Northampton	Agawam
THEM	36	28	18	41	42	33	45

Junior **Nicole Potter** finished first in her meet against icopee. "We had a very successful season this year. eryone worked hard and it paid off," said **Potter**.

7.

6.



4. Junior **Brittney Kawa** continues her race in hopes of finishing first.

5. Sophomore **Katie Slepecki** finishes while senior **Michael Graham** records her time. "I really enjoy running cross country, because I get to meet a lot of new people," said **Slepecki**.

220	250	199
rst Invit.	PVIAC	Western Mass.
Place	6th Place	6th Place

1. Junior **Paul Monroe** crosses the finish line on the LHS track. "The season started off [illegible] well, deep into the season," said **Monroe**.

2. A pack of Ludlow runners led by seniors **Travis** and **Kevin Johnson** [illegible] against Chicopee.

8. Ludlow boys take the lead in their race against Chicope during their meet at LHS.

3. Junior **Matt Geanacopoulos** sprints to the finish line during his race. "I enjoyed my first cross-country season, because it was the first time I had the 'Johnson experience,'" said **Geanacopoulos**.

4. Junior **Daniel Stevens** finishes his race on the LHS track while Coach **Becca Gauvin** gets his time.

US	15	20	40	19	15	22	28
	Holyoke	Minnechaug	Amherst	Chicopee Comp.	Chicopee	Northampton	Agawam
THEM	48	40	21	44	50	38	29

7. The cross-country team lines up at the starting line for the beginning of this meet at LHS. "I was lucky to work with such a great group of dedicated kids this season, whose hard work made it the best in LHS history," said Coach **Gauvin**.

8.

6. The Lions perform their "Apita Comboio" chant before their meet at LHS. "Apita Comboio" is a Portuguese phrase meaning "the train toots its horn."

Boys' Cross Country

With only one loss in the season against perennial powerhouse Amherst-Pelham, the Lions' cross-country team had its best season in history, posting a 6-1 regular season record and making the state championship for the first time ever.

At the Western Mass. championship junior Jesse Regnier led the way for the Lions, winning the race in 16:37. However the rest of the runners for Ludlow pulled through, placing third overall behind only Westfield and Amherst-Pelham. This gave the team a berth in the state championships, where they finished 14th overall as a team, with Regnier placing 5th individually.

5. Senior **Jesse Regnier** paces sophomore **Brian Fuller** during a race at the LHS complex. "This season was a great final season, because not only did I meet my individual goal of winning Western Mass., but the team has finally come around and we made states," said **Regnier**.

233	460	176	122	315
Amherst Invit.	Wickham Park	PVIAC	Western Mass.	States
8th Place	19th Place	6th Place	3rd Place	14th Place

1. Junior **Amanda Marques** attempts to block the other team's play.

2. Junior **Christine Howard** makes an excellent play in returning the ball. "We started off with a struggle, but all the girls came together and worked hard and slowly progressed," said **Howard**.

5. The girls gather around Coach **Lisa Wetherell** befo the start of an important match.

US	0	1	0	1	0	0	1	0	0
	Longmeadow	E. Longmeadow	Westfield	Amherst-Pelham	Sci-Tech	Agawam	W. Springfield	Minnechaug	Longmeadow
THEM	2	2	2	2	2	2	2	2	2

Girls' Volleyball

With no seniors, [illegible] not be easy. [illegible] Lady Lions [illegible] junior Julia Sadowsky.

8. Junior **Julia Sadowsky** practices setting the ball before a game. Having played since freshman year, **Julia** has become an asset to the volleyball team.

7. The Lady Lions, led by junior **Caryn Lecca**, show their sportsmanship, by shaking hands before their match. "This year we had a few ups and downs, but we went through them as a team. We have a great bunch of girls that work together," said **Lecca**.

8. Sophomore **Alyson Terlik** returns the ball. "It was fun and hopefully we'll have a better season next year," said **Terlik**.

2	2	1	1	0	0	0
ngmeadow	Westfield	Amherst-Pelham	Sci-Tech	Agawam	W. Springfield	Minnechaug
1	0	2	2	2	2	2

Football

[illegible]

[illegible] Bears however, the cream rally came too late against South Hadley [illegible] overconfidence mixed with cold weather to defeat Ludlow.

Despite the loss, everyone ended the season with high spirits [illegible] Bowl. "Football was great this year. We had a lot of talent with all seniors. We had a great season ending up 9-0," said senior Dave Lanesman.

1. Senior **David Benoit** runs to make a touchdown. "Our hard work off season showed during times we won," said **Benoit**.

Dave Benoit

G. Leastman

D. Mangana

2. The boys' team hikes the ball back to start the play.

3. The LHS defense blocks opposing Palmer players during the annual Thanksgiving Day game. "This season was the best. We came together as a team and our record shows it," said **David Kang**.

US	0	32	21	8	35	36	14
	Minnechaug	Belchertown	Ware	E. Longmeadow	W. Springfield	Lee	Chicopee Comp.
THEM	27	12	8	21	0	16	8

7. Junior **Matt Dudley** plows through opposing players. "We had a good season; football is a team sport and we showed it on the field," said **Dudley**.

8. Junior **Joe Metcalfe** prepares to make a tackle. "We had a great season because everyone worked hard and had fun," said **Metcalfe**.

[illegible]ophomore **William LeBrecque** attempts to make a [illegible]hdown. "It was definitely something to remember. [illegible]vercame a lot of difficulties and still came out on top [illegible]e end of the season," said **LeBrecque**.

[illegible]	14	7	29
[illegible]bee	Greenfield	S. Hadley	Palmer
[illegible]	12	33	7

1. Freshman **David D'Angelo** swings through his chip. "All the chicks love my 3-wood," said **D'Angelo**.

2. Senior **Jon Pio** sinks his putt. "Golf season was great and the team really had a good year. We have a great team and they were all good guys. I had a fun time this season, and we did good overall in Western Mass. which was a great achievement for us," said **Pio**.

3. Sophomore **Brett Williamson** putts from the green. "It was a fun season and we did good and we hope to do good next year," said **Williamson.**

Golf

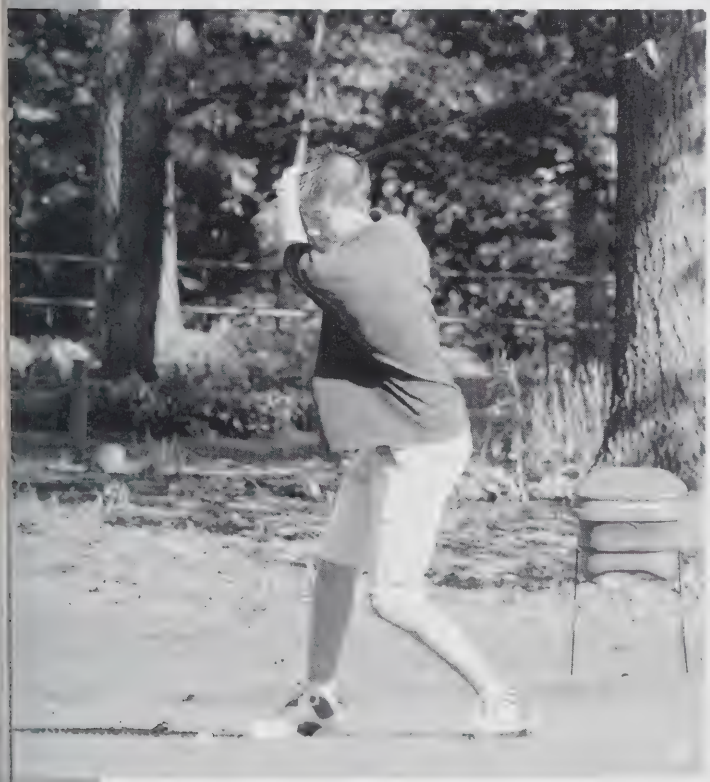
Suffering from a rough year with a 4-18 record, the golf [illegible] looked upon this season as one filled with rebuilding and learning [illegible]. The team was fairly young, with a majority of first-year members. [illegible] seniors led the team creating an atmosphere in which everyone [illegible] fun. In contrast to the season, however, junior Matt Smith did [illegible] success making it to Western Mass. where he placed twentieth. [illegible] season comes the hopes of this young team, which is looking forward [illegible] so getting more players placed at Western Mass. Coach Kim Andr[illegible] said, "The students worked together as a team to improve their [illegible] skills. We are building toward a positive future."

US	268	277	277	283	291	280	278	271	261
	Agawam	Chicopee	Chicopee Comp.	Amherst-Pelham	South Hadley	Westfield	West Springfield	Palmer	Chicopee Comp.
THEM	241	302	274	263	243	250	264	278	256

Freshman **Nick Moura** hits the ball at Westover Golf urse. "I didn't really know what to expect, but the team l great and I hope to play again next year," said **Moura**.

7.

6.



4. Junior **Mike Ryan** prepares to hit the ball. "We just need to practice during the off season and it'll show in the long run," said **Ryan**.

5. Sophomore **Tony Marinello** hits the ball. "It was great and we had a lot of new people and we had a good time," said **Marinello**.

1	262	284	284	270	286	273	281	267	272
pee	E. Longmeadow	Holyoke	Palmer	Westfield	Central	West Springfield	Longmeadow	Amherst-Pelham	Chicopee Comp.
3	232	297	290	253	301	249	240	250	260

1. Senior **Megan Williamson** [illegible] made a [illegible] tournament game [illegible] "We had great [illegible] and [illegible] of the [illegible] team in the [illegible] said **Williamson**."

2. Senior **Leah Williamson** [illegible] "We [illegible] very good season. The [illegible] team in a long time," said **Williamson**.

8. Senior **Sarah Levesque** drops to the ground to recov a free ball. "This year we had an outstanding record of 1 7 and hosted the first-ever tournament game for the gi basketball team," said **Levesque**.

3. Freshman **Catherine Pangiarella** passes the ball to freshman **Lauren Francisco**.

4. Senior **Kaitlin O'Donnell** blocks an opposing player while freshman **Misty Kology** grabs the ball. "We had a lot of success this year; we worked well together and we worked hard to come as far as we did," said **O'Donnell**.

US	62	42	52	30	39	58	52	33	46	57
	Sci Tech	Granby	Leicester	Palmer	Chicopee	Holyoke	South Hadley	E. Longmeadow	Southwick-Tolland	Monso
THEM	44	51	30	57	51	37	56	47	39	32

7. Junior **Jennifer McCarthy** blocks an opposing player from taking a shot. "It was a fun game and we had a successful season because of our seniors and everyone working together," said **McCarthy**.

6. Freshman **Misty Kology** dribbles by an opposing play on her way to the hoop. "I love the intensity of the game and all the girls in it made it fun," said **Kology**.

Girls' Basketball

[illegible] Lady Lions looked forward to a successful season [illegible] by their motto "Give nothing less than everything you have." [illegible] practices to Sunday morning, the girls were taken out to [illegible]. In a season filled with firsts, the ladies made the headlines with a [illegible] over Westfield Palmer. We continued as the Lions won twelve of their last thirteen games, including a nineteen winning streak. [illegible] Ladies qualified for the Western Mass tournament with a 14-7 [illegible] a level of achievement few had expected. Coach Tommy [illegible] called the successful season so [illegible] saying, "They believed in [illegible] and they believed in one another, and because of this we [illegible] produced the unexpected."

5. Senior **Megan Williamson** dribbles down court on a breakaway. "Our record of 14-7 is an outstanding accomplishment for the team, and I'm glad we ended like this my senior year," said **Williamson**.

	47	57	55	48	50	44	59	51	47	32
[illegible]	Sabis	Sci Tech	Granby	Palmer	Holyoke	South Hadley	Putnam	Leicester	Southwick-Tolland	Chicopee (prelims)
[illegible]	30	40	51	47	43	48	16	24	55	50

1. Senior **Chris D'Angelo** defends against the oncoming opponent. "I was happy with the season. Mike scored 1000 points, but I just wish we could have done better in the playoffs," said **D'Angelo**.

2. Senior **Mike Kane** attempts to win the jump ball.

3. Senior **Brian Flatley** prepares to take a foul shot. "I felt a lot of fun playing with these guys this year and I enjoyed playing with them as four years. We brought boys' basketball to a new level," said **Flatley**.

4. Junior **Clarence Kauila** prepares to pass the ball. "T season was good, no doubt about it. We worked hard get where we were, and yet I had fun for the most pa said **Kauila**.

US	54	64	70	71	51	59	49	52	39	56	55
	Taconic	Monson	Belchertown	Palmer	Granby	Ware	Mamaroneck	Taconic	New Leadership	Holyoke	Gatewa
THEM	43	35	55	34	67	48	46	24	61	53	42

Boys' Basketball

Continuing in the footsteps of Ludlow basketball, this year's Lions ide it to the playoffs. The team worked well on the court together, counting for their success. While senior David Benoit was on the am, the Lions maintained an excellent 11-1 record, which is what nified them for the playoffs. Although losing to Westfield in the first ind, many saw this as a successful season for the boys.

This season was also have to a number of personal complishments, the pinnacle being senior Mike Kane's scoring his 1000th career point, and becoming the all-time leading scorer in Ludlow tory. "I believe this season was the best season of my high school reer. I wish the season didn't end the way it did," said Kane.

Mike Kane

Chris D'Angelo

Dave Benoit

7. Freshman **Kyle Borowiec** dribbles the ball up court while looking for someone to pass to. "I was happy to be a part of the varsity team and be part of a successful season," said **Borowiec**.

6. Freshman **Bryan Turgeon** blocks a shot by the opposing team. "Great season," said **Turgeon**.

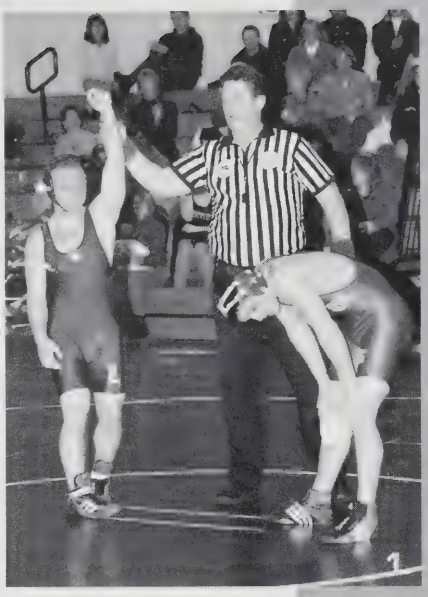
4.

5. Senior **Dave Benoit** shoots a layup in his game against Chicopee. "Our hard work paid off during the season," said **Benoit**.

68	69	48	46	43	76	68
Hampshire	Southwick-Tolland	Westfield	Monson	Belchertown	Palmer	Granby
59	65	58	35	46	38	88

Wrestling

After winning the Western Mass. championship for [illegible] consecutive years, the Lions set their hopes high for a seventh. The Lions also had a 77-match winning streak in league competition when their rival opponent, Central High School on January 6th. Unfortunately, the Lions fell for the first time since 1997, with the Golden Eagles coming out on top 35-27. However, the season was not over and the Lions still had the Western Mass. championships to look forward to. Once again, Central was Ludlow's toughest opponent, and everyone knew that it would be a close match either way. Turning once again to [illegible] accounts, with the Lions still placing a very impressive second. Juniors Dan Barroso and junior John Arcouinteau each won individual titles.



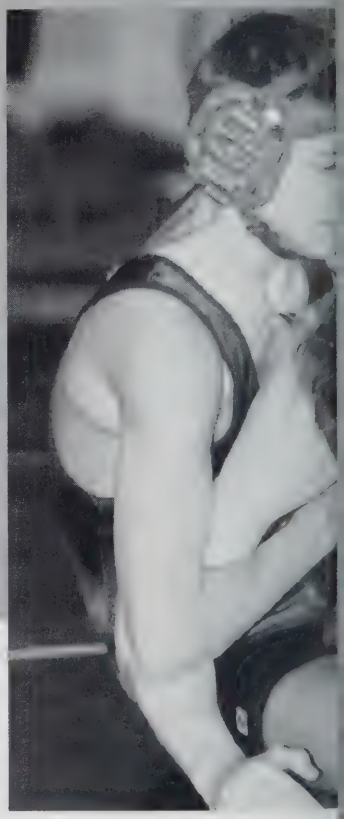
1. Senior **A.J. Motta** has his hand raised after a victory over his opponent. "The season was a disappointment but the returning guys will bring back a better season. Coach Bly was awesome," said **Motta**.

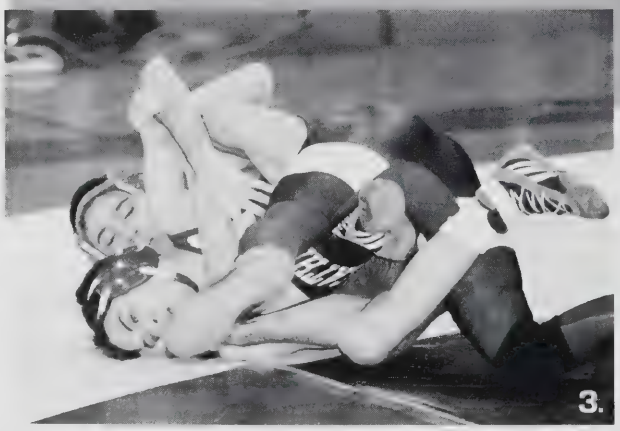
A[illegible]beau

Daniel Barroso

Scott Lecca

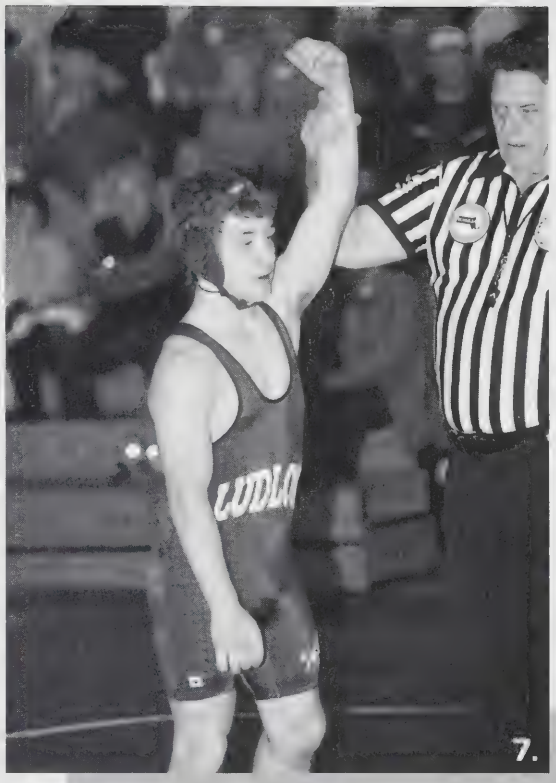
2. Freshman **Jason Chenier** has control over his opponent while applying a headlock.





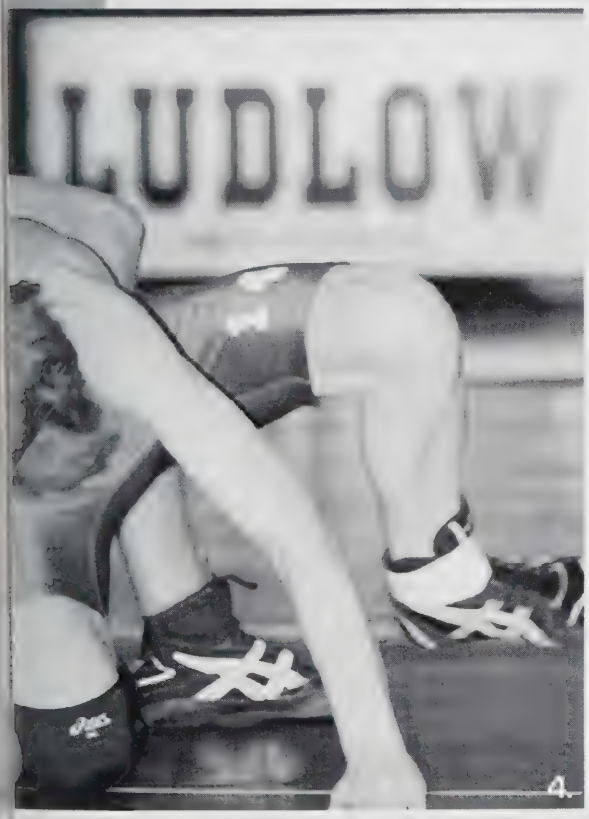
3. Freshman **Chase Glanville** holds the arm of his opponent during his match. "Based on this season's performance, I am excited about Ludlow wrestling's potential for next year," said **Glanville**.

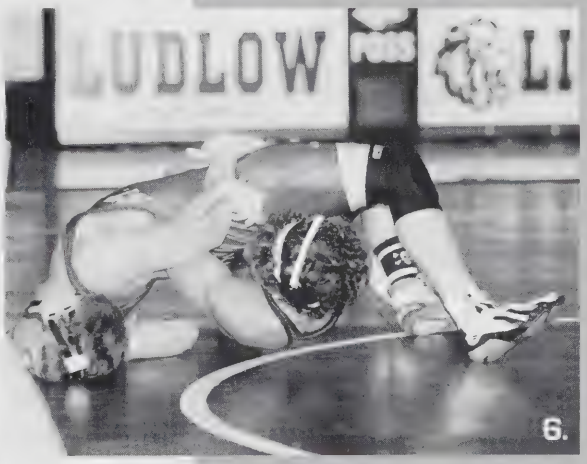
US	45	44	48	45	15	26	27	46	54
	St. Johns (S)	Cathedral	Westfield	Burlington	North Andover	St. Johns (D)	Central	Minnechaug	West Springfiel
THEM	34	27	24	27	47	37	42	22	30

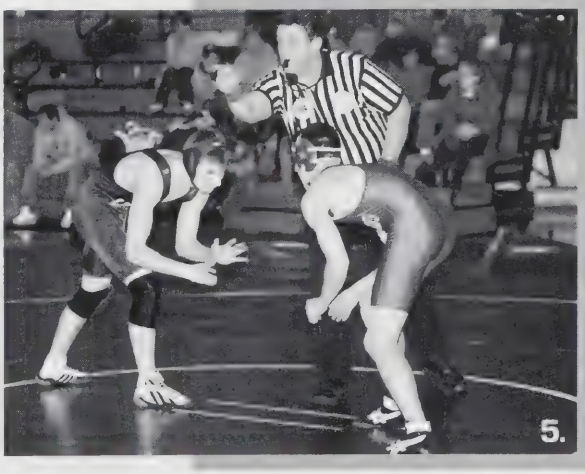


7. Freshman **Ronnie Tetreault** stands victorious after winning his match. "[I was] cut short at Western Mass. where I got second. I did really well at states where I came up bigger than expected," said **Tetreault**.

8. Junior **John Archambeau** attempts to roll his opponent over for the pin.







Senior **Vitaliy Belyshev** struggles with his opponent. en though things didn't go out as we planned, we still a pretty successful season, taking second in Western ss. and states," said **Belyshev**.

26	30	22	23	6	45	2nd	2nd
tral Catholic	Foxboro	Chelmsford	Longmeadow	Mt. Anthony	Agawam	Western Mass.	States
46	45	54	39	60	27		

1. Senior **Michael Gavoni** strides towards the puck during a game. "We had a strong team overall but with injuries and suspensions, we could not gather any momentum," said **Gavoni**.

2. Head coach **Paul Rivest** encourages his team during an intermission.

3. Sophomore **Peter Vomero** passes the puck to a teammate. "Although a young and inexperienced team, we worked hard through the season," said **Vomero**.

Hockey

Even after losing the heart of its team at the end of last season, the Lions felt that they had the talent to compete for the Western Mass championship. However, academic problems coupled with inexperience proved to be the team's Achilles' heel.

After starting the season off with three straight losses, the Lions rebounded nicely with a win, but never could string together more than two wins at any point in the season. However, towards the end of the season, with all eligible players assembled as a team, the Lions began to mold themselves into a working unit winning three out of four games in February. Regardless, the team could never quite mesh, and failed to make the playoffs. "Our early season losses put us in a hole that made it impossible for us to make the playoffs," said Rich Ewen.

US	3	0	2	4	2	2	1	4	2
	Amherst-Pelham	Amherst-Pelham	Longmeadow	West Springfield	Chicopee	E. Longmeadow	West Springfield	Wachusett	Agawa
THEM	4	5	8	3	7	6	10	6	5

Senior goaltender **Mike Bouchie**, flanked by Ludlow defenders, dives out to cover a loose puck in the crease.

8.

7.

7. Junior **Kyle Bourgoin** [illegible] the puck [illegible] by the defender. "We [illegible] young team but we [illegible] never [illegible] up," said **Bourgoin**.

6.

6. Juniors **Matt Smith** and **Derek Duchesne** and sophomore **Mike Goodrow** congratulate senior **Mike Bouchie** after a Ludlow win. "The [illegible] was [illegible] disappointing. I felt the [illegible] didn't play up to [illegible] and [illegible] over **Bouchie**."

4.

4. Senior **Rich Gavoni** handles the puck while being pursued by the defender. "Our most memorable win was against Westfield, last year's state champion. That win made the season," said **Gavoni.**

5.

5. Senior **Joe Almeida** tries to control the puck as a West Springfield defender dives to knock it away.

1	4	0	9	5	3	1	4	5	3	2
Longmeadow	Agawam	Minnechaug	Central	St. Joseph's	Westfield	Minnechaug	Greenfield	Chicopee	Westfield	E. Longmeadow
7	4	7	2	5	2	7	2	1	8	8

Senior **George Lesstman** [illegible] down the GS course at Berkshire East [illegible] Kwajewski [illegible] and [illegible] on the line [illegible] Senior [illegible] Mr. [illegible] and **Lesstman**.

[illegible] and [illegible] take a [illegible] during [illegible] in [illegible] and watch others race.

8. Senior **Erin Mislak** races down GS. "This year was r[illegible] favorite year and of course the best because I was [illegible] senior. The bonding experience was very exciting; [illegible] were like a big family," said **Mislak**.

3. Senior **Kristen Goncalves** races down the GS course at Berkshire East.

4. Senior **Rachel Fonseca** races down the GS course at individuals. **Rachel** was seeded 53. "Ski team was fun. Personally my performance was subpar but other people did well. I also liked eating at Taco Bell," said **Fonseca**.

3. 4

Individual Times	R. Fonseca	K. Goncalves	T. Holland	K. Kwajewski	V. LaRocque	E. Mislak	S. Natario	A. Prokop	J. Szlosek	C. Venne	L. Visconti
Giant Slalom	42.27	45.83	40.27	47.94	36.34	31.14	41.25	33.22	39	47.36	49.02
Slalom	59.49	68.88	DNR	62.15	55.83	47.21	60.97	48.54	56.49	72.71	69.11

– Girls –

7. Senior **Nick Bruschi** races down the slalom course at individuals where he was seeded 32. "Great season did not finish as well as we wanted to and hope to finish better next season," said **Bruschi**.

8.

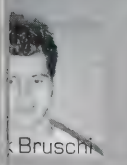
6. Junior **Alli Prokop** races down the Slalom course at Berkshire East. "Skiing every other night during the week; you know, it doesn't get any better than that," said **Prokop**.

Skiing

With the largest team in recent history, and many freshmen, this year's Lions set out to have fun on the slopes. Enjoying the rides up, and laughing at each other's falls, the team really felt a sense of community. However, the team wasn't just all fun. This year's team had excellent talent with both boys and girls placing in the top ten in the division. For the girls, senior Erin Mislak placed second, junior Alli Prokop placed seventh, and senior Rachel Forsberg and sophomore Brooke LaRoque both placed tenth. Leading the boys, senior Nick Bruschi and sophomore Mike Adam both placed tenth. The season ended with the PIAC individuals held at Berkshire East where skiers spent the entire day skiing, eating, and enjoying themselves.

5.

5. Sophomore **Mike Adam** pushes off as he starts his GS race at individuals where he was seeded 38. "It was a great season, and I look forward to doing it next year," said **Adam**.



k Bruschi

Erin Mislak

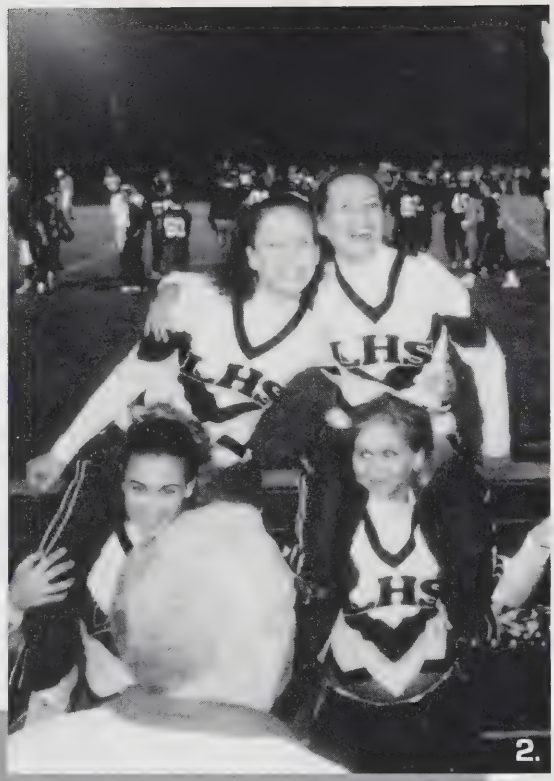
Allison Prokop

DNR: Did Not Race

m	M. Babineau	N. Bruschi	K. Desilets	A. Jorge	M. Lavoie	G. Leastman	D. Manganaro	S. Palatino	D. Pollard	M. Rufo	N. Sanchez	E. Venne
5	37.26	33.53	38.29	31.84	42.44	30.52	DNR	DNR	32.41	42.46	32.61	43.22
7	DNR	46.87	65.5	56.6	77.09	45.91	63.89	DNR	DNR	DNR	60.79	54.58

– Boys –

1. Juniors **Monique Goodrow**, **Leigh-Ann Malke**, **Nicole Libiszewski**, and **Meghan Diotalevi** flank the lion (**Jason Blanchard**) at senior night for the football players.



2. Seniors **Shellane Natario** and **Stacy Dalby** pose above sophomore **Lisa Hilt** and senior **Katelyn Collette**.

3. The cheerleading squad teams up with the band to perform a crowd entertaining cheer. "This year's season was a lot more successful than past years. We all got along better and had more fun together," said sophomore **Melissa Miele**.

4. Senior **Meghan Hill** along with juniors **Nicole Libiszewski** and **Leigh-Ann Malke** stand at attention for the pledge of allegiance before the start of a basketball game.

5. Sophomores **Kaitlyn Vitorino**, **Catarina Marti** and **Jessica Bashaw** prepare to be caught from th dismount at a home football game.

US	0	2	4	3	5	2	6	5	1	3
	Cathedral	Longmeadow	Granby	Westfield	E. Longmeadow	Holyoke	Taconic	Agawam	West Springfield	Amherst-Pelh
THEM	2	2	0	0	0	1	3	0	3	3

Cheerleading

"Can you hear those Lions roar?" This year the cheerleaders an their season in late August in the Pennsylvania Poconos at a Nat camp. The squad returned to Ludlow only the day before school ned and immediately reviewed cheers for the upcoming football son. During the fall the varsity and JV squads multitasked, both aring for competition and encouraging the football team. In mid-ember, the varsity squad succeeded at the fall regional competition ing second and went on to the state competition in Lowell.

As basketball season began, the cheerleading squads continued erfect their routines for Winter competition. After months of practice hard work, the squads were able to "show their stuff" at local petitions. For the first time ever, the varsity squad took home a place trophy. Junior Monique Goodrow said, "This season was rather eventful with a new coach and group of girls coming in, but overall I feel the season was a successful one."

8. Sophomore cheerleaders **Lisa Hilt**, **Tanya Lang**, **Catarina Martins**, and **Nicole Lopes** wait for the start of the annual Thanksgiving Day Game held at Palmer High School.

7. Traditionally, cheerleaders design a banner for the senior football players. Although much work goes into making it, the team runs through it before the senior night game begins.

6. LHS cheerleaders perform shoulder sits for the crowd at a home football game. "This season the squad was a lot closer than it had ever been. It was our closeness that allowed us to succeed this season," said **Meghan Hill**.

5	2	0	1	5	0	1	1
nconah	Cathedral	Westfield	Longmeadow	E. Longmeadow	Minnechaug	Quarter-Finals - Northampton	Semi-Finals - Minnechaug
2	5	0	2	1	3	0	2

Softball

Although the girls' softball team's season began with a loss to the girls' rivals, gave up their fight and continued to strive to improve their abilities and teamwork. Their first win came four games into the season. Ending with a score of 7-2. A few games later, the girls finally scored a win, this time against Longmeadow, with a score of 12-10.

This year one of the team's top players, Jenny McCarthy, broke playing, which increased the overall ability of the team. The team consisted of four captains, each having known their softball skills years prior. The team played as one through a hard season and many losses, still managed to have a good time.

1. Senior **Kaitlin O'Donnell** throws the ball towards home plate. "Although we weren't too successful this year, it was still fun because we all worked together and we got along well," said **O'Donnell**.

Sar Wolf

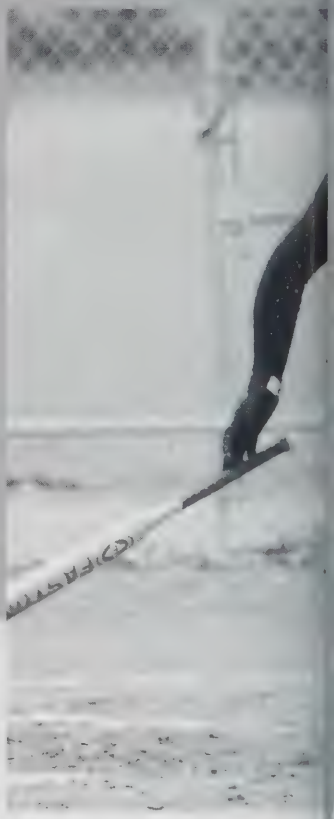
Michelle Lynch

Monica Lynch

Kaitlin O'Don

2. Members of the softball team gather to take ground rules from the umpires. "It was an exciting year, but our record didn't indicate how good we were. We showed a lot of growth and a lot of team unity," said Mr. **James Annear**.

3. Senior **Sarah DeWolf** prepares to pitch the ball. "I enjoyed softball this year because, we really got together as a team and had a lot of fun," said **DeWolf**.



US	1	1	1	7	2	3	0	0	17	0
	E. Longmeadow	Chicopee Comp.	Palmer	Central	Chicopee	W. Springfield	South Hadley	Minnechaug	Longmeadow	Agaw
THEM	5	5	4	2	8	8	4	4	12	5

7. Sophomore **Alyson Terlik** runs to position herself to catch the ball.

8. Freshman **Lauren Francisco** throws the ball. "As a freshman, I came onto a team with great leadership. On this team, I learned that it's not about winning; it's about having fun." said **Francisco**.

[illegible] **Freshman Mary [illegible]** [illegible] **[illegible]**

[illegible] **Lynch** [illegible]

[illegible]nior **Monica Lynch** takes off towards first base. [illegible] ball was great this year, even though we didn't win a [illegible] games. I've had a lot of fun over the past four years [illegible]m gonna miss everyone," said **Lynch**.

0	0	1	0	0	5	6	2	3	0
[illegible]rst-Pelham	Cathedral	Longmeadow	Holyoke	Westfield	Northampton	Chicopee	Central	E. Longmeadow	Chicopee Comp.
[illegible] 5	8	10	4	15	6	7	3	10	1

1. Junior **Nick Chaplin** throws the ball from left field during an away game. "This season was disappointing, but next year's team looks promising," said **Chaplin**.

2. The team sits on the bench during a home game at Whitney Park. "We played well, had fun, and had a great season," said **Joe Underkofler**.

3. Junior **Brandon Vigneault** swings the bat during a recent game. "This year was a disappointment. I thought we were going to do better, but we did have three starting underclassman infielders, so next year looks to be a promising one. Hopefully, we can get more pitchers and have a better season," said **Vigneault**.

3.

Baseball

Despite a season of losses, this year's Lions team [illegible] marked rocky team season but earned by their spirit. [illegible] team is Mr. Marvin Fanning's absence was [illegible] Brian Eylicio. "Our team was a good mix of [illegible] varsity players, which, with teamwork, fought their way [illegible]

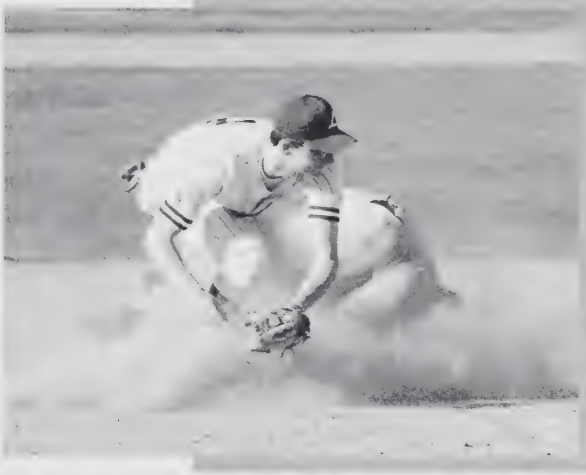
The team had [illegible] this season, with both good [illegible] However, as noted by Coach Eylicio, this season's team never combine the two in any game. "I have confidence [illegible] win. They need confidence in themselves," said Eylicio, "once they'll keep the victories coming." This season saw no [illegible] However, the Lions were happy with the way that the team [illegible] and came together.

Mike DaSilva

Mike

US	3	1	4	1	3	1	3	2	4
	Amherst-Pelham	Westfield	Cathedral	Chicopee Comp.	Central	West Springfield	East Longmeadow	South Hadley	Chicop
THEM	13	13	16	2	11	2	7	6	8

Senior **Mike Graham** stretches at first base to catch ball. "It was a difficult season, but I think that the ority of us performed well individually and had fun. 's all that matters," said **Graham**.



4. Sophomore **Joe Underkofler** runs down the first base line after hitting the ball.

5. Seniors **Mike DaSilva** and **Craig Regnier** gather at the pitcher's mound, "It was a rough season. We had a couple of close games, but didn't have enough offense to win them. I wish next year's team the best of luck," said **DaSilva**.

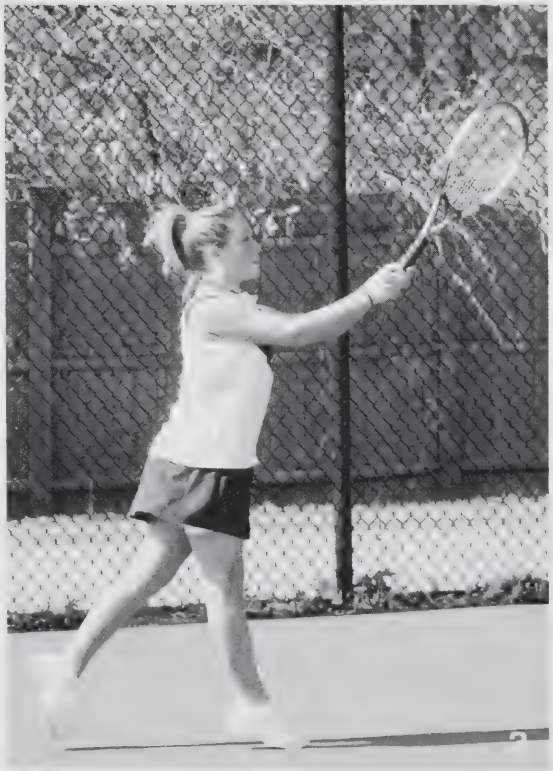
5	4	1	0	5	4	1	3	4	1
ampton	Chicopee Comp.	Central	South Hadley	West Springfield	Minnechaug	East Longmeadow	Chicopee	Palmer	Northampton
14	9	9	11	12	9	10	7	6	1

1. Senior **Sarah Levesque** serves. "We had to [illegible] competitive. It was a certain season, but a distinct [illegible] we remained [illegible] Every [illegible] next year's team," said **Levesque**.

2. Senior **Ashley Pastore** was [illegible] "I have been playing tennis this year [illegible] We [illegible] got a [illegible] and I'm going to miss them all," said **Pastore**.

8. Senior **Megan Williamson** gets into position to retu the ball over the net. "Mr. Carlin was a great coach a he taught me a lot these four years," says **Williamson**

3. Senior **Erin Mislak** looks in the direction of her opponent after returning the ball. "We were all seniors and the bonding was fun and we loved to win," said **Mislak**.



4. Senior **Jocelyn Pereira** throws the ball in the air in preparation to serve it over the net. **Pereira** was one of many girls who helped lead the team to victory.

US	5	5	4	5	4	4	2	1	3
	Chicopee	Palmer	Agawam	Central	Chicopee Comp.	Northampton	Minnechaug	Longmeadow	South Hadley
THEM	0	0	1	0	1	1	3	4	2

7. Senior **Kristen Goncalves** is elated after her victory over Holyoke. "The tennis team did very well this year. We really came together as a team and played well together. It's a shame we lost to Longmeadow in the quarterfinals," said **Goncalves**.

6. Senior **Jocelyn Pereira** prepares to return the ball to her opponent. "I think we had a really great season this year. I like tennis because it's a team sport. Everyone thinks it's an individual sport, but when you have a bad day, your team can help you," she said.

Girls' Tennis

[illegible]

[illegible]

[illegible]

[illegible]

5. Senior **Vanessa Leal** powerfully hits the ball back over the net. "It was fun playing these last four years and I got to know a lot of different people whom I normally wouldn't see during school. I wish the team the best of luck next year," said **Leal**.

3	5	5	5	5	3	0
Amherst-Pelham	West Springfield	Holyoke	Cathedral	East Longmeadow	Westfield	Quarterfinals- Longmeadow
2	0	0	0	0	2	5

1. Junior **Benjamin Gagne** practices his returns on the LHS courts. "I had fun because the season was't about winning; it was about learning more about the game and having fun," said **Gagne**.

2. Senior **Michael Gavoni** prepares to return the ball while Coach **Rea** watches.

3. Senior **Joshua Carpenter** gets in position to hit a forehand winner during a recent match at LHS. "The team had many different challenges this year, but we had the same optimism throughout the season," said **Carpenter**.

4. Sophomore **Jaymu Kapinos** practices one day after school. "We showed a lot of positive attitude and I can't wait to see what happens next season," said **Kapinos**.

5. Senior **Michael Gavoni** returns the ball with a foreha
player, played first singles and was one of only two seni

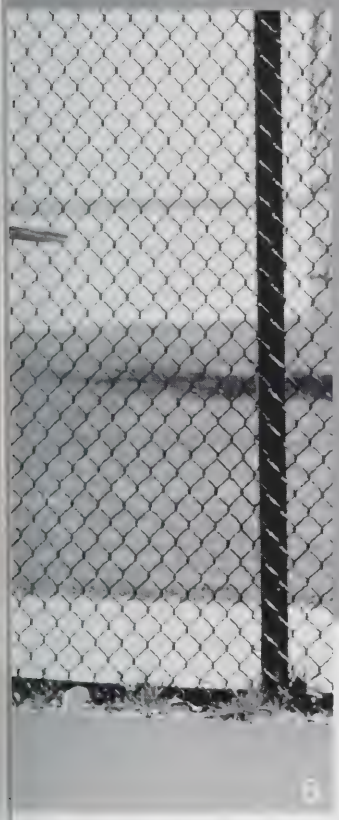
US	2	1	0	1	0	1	0	0
	Chicopee	Agawam	Central	Chicopee Comp.	Northampton	Greenfield	Longmeadow	South Hadley
THEM	3	4	5	4	5	4	5	5

Boys' Tennis

Failing to attract many newcomers, this year's tennis team had nother rough season. With only one returning senior, the Lions were trouble from the start. Coached by newcomer Mr. Christopher Rea, is season brought a fresh, new attitude. However, that was insufficient ombat a lack of veteran players.

The Lions did enjoy themselves, however, with almost every player anning on returning next season. "Despite our challenges this season, is group of guys faced every match with fiery enthusiasm and a strong mpetitive attitude. We are going through a rebuilding period right w, and I am really excited to watch all of these players improve their me. I know our record will improve as well," said Rea, who is looking timistically towards next season. All in all, this season proved to be ying for the Lions, however, they stuck to it through sheer enjoyment the sport.

8. Sophomore **Joseph Kapinos** practices his serve. "Our season was better than the last season, and we're hoping to improve even more next season," said **Kapinos**.



hot. **Gavoni**, a first-year tennis the team.

7. Practicing for their singles matches, sophomores **Joseph** and **Jayme Kapinos** play against friends after school.

6. Senior **Joshua Carpenter** readies himself to return the ball during a close match against Amherst.

2	1	1	0	0	0	2
herst-Pelham	West Springfield	Minnechaug	Holyoke	Cathedral	East Longmeadow	Westfield
3	4	4	5	5	5	3

Girls' Track

With the largest team in recent history, the year's Lady Lions set sail for their second league title. Coached by Dave Longmuir, the year's ladies were on the prowl at Western Mass. where they finished in 7th place. Along their road to success, the ladies also took a down home loss to Amherst-Pelham, which was surprised to both Ludlow and Amherst.

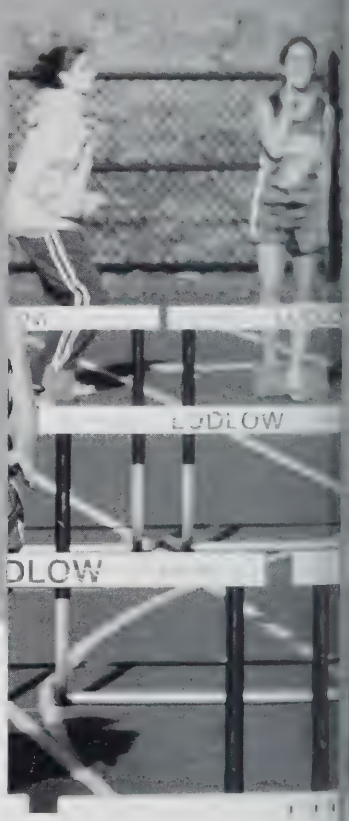
"We were underdogs in a more challenging league, and the ladies did come down to the last meet of our first round," said head coach Lynn Brian Walsh. Looking back at this year, the ladies had a lot of fun despite weekly workouts to which they owe their successful season. In addition, skilled freshmen added to the units of the year's team by showing promise for future wins.

Girls Seniors Shown in Photo: Jessica Wojcinski, Nikki Porter, Brittany Kawa, Jessica Sobek, Christina Amaral. (Front) Rachel Tinnesz, Leah Letorneau

1. Seniors **Leah Letorneau** and **Nicole Silva** lead a pack of Ludlow runners in the one mile. "My favorite aspect of track is the family atmosphere. We're very supportive of each other, and that's one reason I kept doing it. It's also why we had so much fun," said **Letourneau**.

2. Sophomore **Nina Perez**, junior **Rachel Spirito**, and freshman **Kertasea Booth** sprint during their race. "I ran fast, but not as fast as Tina [Amaral]. But seriously, I had a lot of fun, and we did well, considering we moved up a league," said **Spirito**.

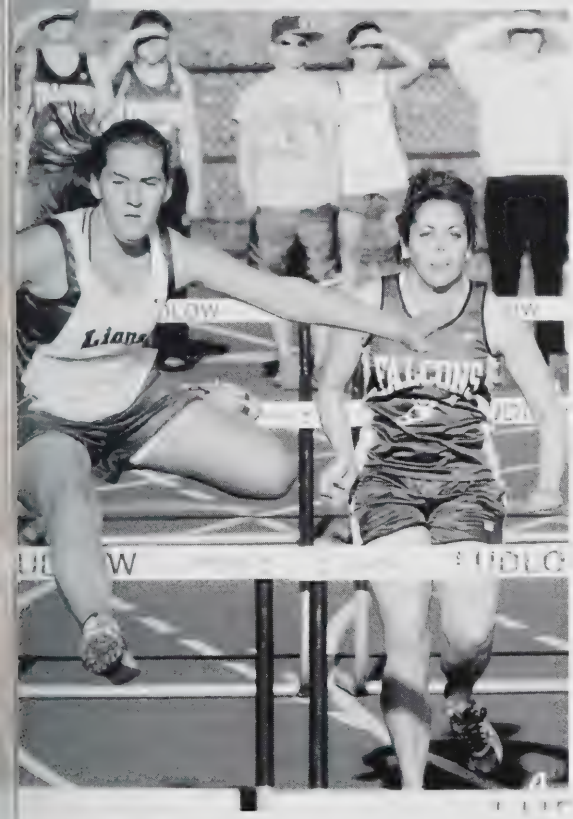
3. Senior **Shellane Natario** runs down the lane preparing to pole vault. "I enjoyed track because of the new girls I met pole vaulting," said **Natario**.



US	55	119	72	124	74
	Minnechaug	Holyoke	Amherst	Chicopee Comp.	Chicopee
THEM	90	17	64	21	62

7. Junior **Suzanne Silva** launches the pole vault. "Track was a great time, except when it came to those hard workouts. However, we still had a lot of fun," said **Silva**.

8. Junior **Tina Amaral** competes in the long jump.



nior **Jessica Szlosek** jumps over the 100 meter hurdles. "Our hurdling team was amazing. We had of fun and worked well together," said **Szlosek**.

6. Freshman **Carrie Rabicalla** makes it over the pole in high jump. "The year in track was fun. Everyone made it a great experience. We had a great season," said **Rabicalla**.

5. Freshman **Heather Bousquet** shows the class spirit she maintained throughout the season. "Coach is worth my hard work, and it was awesome," said **Bousquet**.

4	70	3rd	7th
field	East Longmeadow	PVIAC	Western Mass.
1	75		

1. Junior **Clarence Kauila** clears the bar in the high jump. "Track is fun, no doubt about it. If you've got a problem, solve it," said **Kauila**.

2. Junior **Ross Dominique** takes the lead for Ludlow in the 110 meter high hurdles. "This season was a very successful one, in which I achieved my best times in hurdles and pole vault," said **Dominique**.

3. Junior **Derek Duchesne** spins as he throws the discus. "Overall, the season went very well. As a team, we worked really hard and as most people know, we did really well. We have a lot of juniors coming back next year, so hopefully we'll do even better," said **Duchesne**.

Boys' Track

The Lions added a third peach to their banner [illegible] won their league yet again. With a record number of [illegible] season, the Lions had [illegible] team unity, coupled with [illegible] which led them to success.

With a deep team of 30 boys qualifying for Western Ma[illegible] the Lions finished in 5th place. It was the highest Ludlow [illegible] placed, a significant improvement over last season's 8th place. [illegible] Ludlow had six Lions making it to states, where senior Jesse R[illegible] qualified for the New England championship in the two mile. The [illegible] 2005 track and field team was the largest in school history. A[illegible] with outstanding returning athletes, the team had many [illegible] step up and help Ludlow win its third straight league title. The [illegible] dedicated and captains brought an incredible work ethic to [illegible] and the hard work paid off with another perfect season record," said head Coach Michael Galvin.

Nick Bruschi

Nick Mootin[illegible]

Jesse Reg[illegible]

US	102	98	129	127	108.5	107	2nd	6th
	Palmer	Monson	Holyoke Catholic	West Springfield	Commerce	South Hadley	PVIAC	Western Mas
THEM	34	47	16	9	36.5	38		

Junior **Paul Momnie** leads a pack of Ludlow runners the one mile. "People think that track isn't a team sport, but it is. Without your teammates there to push you to work harder, you've got no chance," said **Momnie**.

7. Junior **Mike Martin** prepares to throw the javelin. "Everyone worked a lot harder this year. As a team we took leading into our own hands to improve," said **Martin**.

6. Sophomore **Nick Costanza** runs ahead of junior **Mark Santos** as he tries to catch the opposing runner. "Don't look back, leave it all on the track. It's hard to prevent cramps, but go to the finish," said **Costanza**.

4. Junior **Dan Stevens** lands his awesome long jump.

5. Senior **Nick Moutinho** launches himself over the bar in pole vault. "I enjoyed track, because pole vaulting is really fun. As a team we came together and defeated all of our competition," said **Moutinho**.

1. Senior **David Lacoe** begins a play with a powerful serve. "A third-year still we did better than any Coach think I believe last year just. We were very successful, and we could actual really evaluate the game. I'm glad that we enjoyed coming together and supported one another through everything," said **Lacoe**.

2. Junior **David Ledoux** prepares to bump the ball. "It was a good year, but it wish it had ended differently," said **Ledoux**.

8. Junior **Kyle Filipe**, returns to the floor after spiking the ball. "It was the best season, and the best team ever my mind. It didn't turn out the way we wanted it, but it was still great," said **Filipe**.

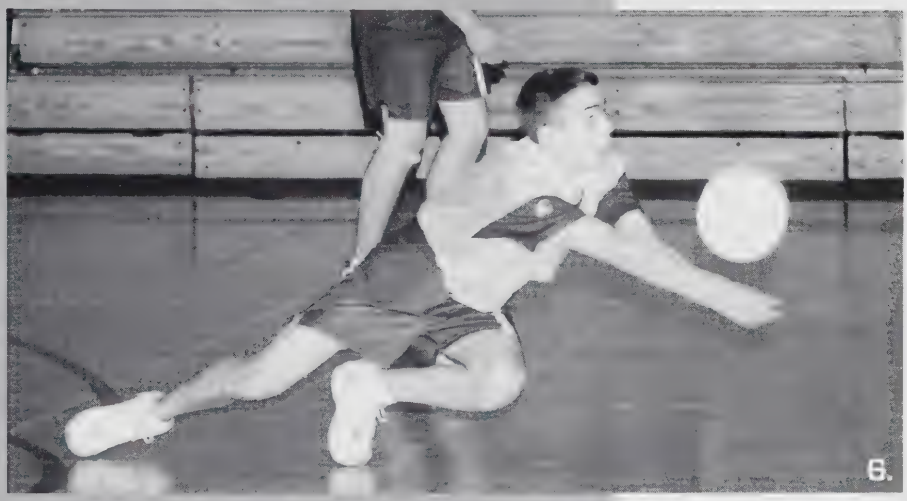
3. Senior **Nick Sanchez** returns the ball.

4. Senior **Jay Hangasky** spikes the ball over the net. "We had a great year, but unfortunatley we lost against Minnechaug in the Western Mass. finals for the second time," said **Hangasky**.

US	2	2	2	2	2	2	2	2	2	2	2	2
	Belchertown	Chicopee	Mohawk	Dean Technical	Minnechaug	Holyoke	Pioneer Valley	Sci-Tech	Athol	Agawam	Central	Mohawk
THEM	0	0	0	0	0	1	0	1	1	0	0	0

7. The Lions gather during a game, for a pep talk from coach **Fred Glanville**.

8.



6.

6. Sophomore **Ryan Nolan** saves the ball with a drive to the floor. "I think we had a good year, even though we didn't win Western Mass.," said **Nolan**.

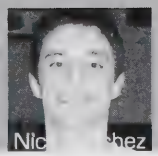
Boys' Volleyball

This year's Lions took home another league title. Finishing the season 18-2, the Lions were ran the Western Mass. Sectionals [illegible] place. With strong wins against Belchertown and Westfield, [illegible] fell short against a dominant Minnechaug team. With a final [illegible] of 20-3, this seasons Lions are proud of their accomplishments.

This season's success is owed to the dedication and hard work [illegible] members, who met before the season for safety [illegible] and Girls Club. Their effort, combined with a successful "mini-boot [illegible]", guided the Lions to their league title. "It was a very good season. We finished with the best record at LHS, with 18-2. Our Western [illegible] was disappointing," said **Jim Proulx**.

5.

5. Junior **Michael Ryan** sets the ball. "Although the season didn't end up the way we expected it to, I think the team did well as a whole," said **Ryan**.



0	1	2	2	2	2	2	2	3	3	1
Chfield	Mt. Hermon	Minnechaug	Holyoke	Pioneer Valley	E. Longmeadow	Loomis Chafee	Athol	Agawam	Quarterfinals	Semifinals	Finals
2	2	0	0	0	0	0	0	1	2	3

1. **Boys' Freshman Soccer:** [Back] Nicholas Dusza, Aaron Goncalves, Chad Fraga, Shawn DaCruz, Nathan Binette, Michael Moore, Joey Mateus, Ricardo Borges, Justin Martins, Matthew Lavoie, Kyle Borowiec, Justin Dias, Brian Fonseca, Coach Richard Huff. [Front] Matt Pina, Steven Cassesse, Dale Pereira, Justin Ferreira, Robert Dalby, Eric Pollander, Nicholas Salvador, Joshua Leone.

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2. **Boys' Freshman Basketball:** [Back] David Simonoko, Matthew Lively, Michael Moore, Nathan Goodrow, Coach Kurt Anderson. [Front] Derek Goncalves, Nathan Binette, David D'Angelo, Zachary Jedrzejczyk, Shawn DaCruz.

3. **Girls' Freshman Basketball:** [Back] Kelly Gilmore, Heather Bousquet, Stephanie Targonski, Angelica Coelho, Coach Lisa Wetherell. [Front] Alicia Moorhouse, Gabrielle Leal, Angela Martins, Caroline Bacon.

4. **Girls' Freshman Soccer:** [Back] Carrie Richards, Jennifer Simao, Erin Ziencina, Carrie Robit Jennifer Bramucci, Jennifer Brooks, Alicia Moorhouse, Coach Peter Vamosy. [Front] Renee Mello, An Kimball, Misty Kology, Jennelle Desforges, Vicky Torres, Angela Martins, Aimee Gonyea, Trisha Mach

7. **Boys' JV Baseball:** [Back] Nevin Vigneault, Matthew Lavoie, Eric Kozlik, Wesley Thompson, Joey Mateus, Jonathan Corjay, Coach Kurt Anderson. [Front] Tyler Gates, Christopher Kellogg, Nathan Blake, Sean Palatino, Anthony Marinello, Brendan Zdanis.

8. **Boys' JV Basketball:** [Back] Coach Patrick Annecchiarico, William Greene, Lukasz Lipert, Jeffrey Richards. [Front] Joseph Kapinos, Brett Williamson, Jayme Kapinos, Nicholas Costanza.

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5. **Girls' JV Soccer:** [Back] Coach Jamie Annear, Elizabeth Hayes, Melissa Martins, Alyssa Severyn, Claudia Crespo, Rachel Correia, Rachel Spirito, Danielle Hayes, Monique Cyr, Justine-Jo Howe, Samantha Bousquet. [Front] Erica Serrazina, Nina Perez, Stephanie Laviolette, Julie Devlin, Chanelle Lucas, Kayla Maagero, Cassandra Dias, Amber Kielbasa, Jennifer McCarthy, Katibeth Mol, Lisa Menard.

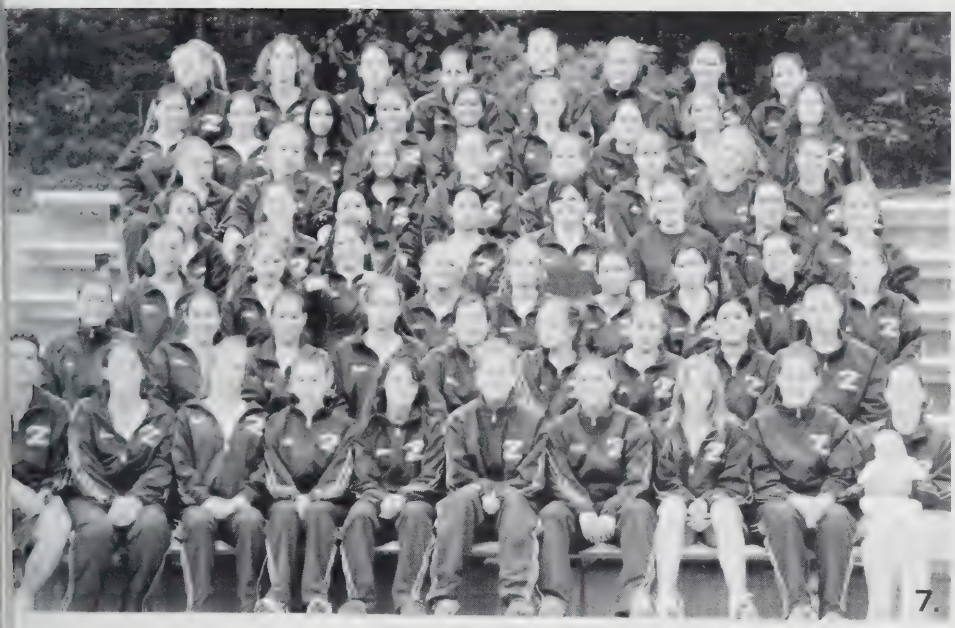
6. **JV Cheerleading:** [Third] Trisha Machado, Alyssa LaJoie, LaRae Mercier, Megan Madera. [Second] Katherine Dias, Angela Figueiredo, Randi Pereira, Kristina Carreira. [Front] Alissa LaMotte, Melissa McCarthy-Bates.

1. **Boys' JV Soccer:** [Back] Corey Dias, Joseph Martins, Brandon Vigneault, Marcio Carvalho, Anthony Alves, Marc Coelho, Michael Czupryna, Zachary Zina, Jayme Kapinos, Coach Greg Kolodziey. [Front] Marc Santos, Joseph Kapinos, Sean Auclair, Casey Gomes.

2. **Girls' JV Volleyball:** [Back] Janna Guyer, Fikreta Kolenovic, Nicole LeBlanc, Stephanie Davies, Melanie Costa, Coach Charles Cangemi. [Second] Anna Villano, Lindsey Lacoille, Eileen Barrett, Heather Bousquet. [Front] Vanessa Gomes, Tiffany Bolduc, Meagan Dragon, Nicole Provost.

3. **Girls' JV Basketball:** [Back] Coach Jennifer Prior, Suzanne Silva, Samantha Bousquet, Ashley McFarlane, Eileen Barrett, Coach John Lattanzio. [Front] Alyson Terlik, Jennifer Simao, Stephanie Defeo, Alison Pease, Carrie Robitaille, Erin Ziencina.

4. **Boys' JV Hockey:** [Back] Ryan Collette, Ethan Montagna, Joshua Dobiecki, Michael Day, Austin E Benjamin Lasky, Mark Vecchiarelli, Nicholas Warner. [Front] Zachary Ellison, Travis Wilson, Joshua P Adam Muzzy, Todd Pescetta, Anthony Rockwell.

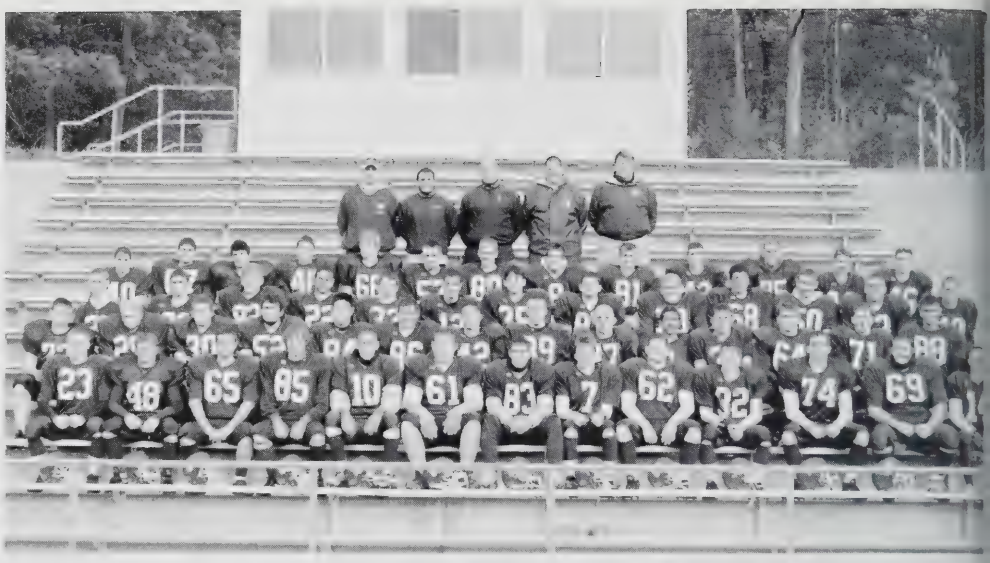


7. **Varsity Girls' Track:** [Back] A. Holley, A. Puzzo, N. DosSantos, L. Burns, M. Santos, L. Lacoille, L. Visconti, S. Gomes. [Sixth] A. Figueiredo, A. LaMotte, K. Carreira, T. Machado, M. Costa, K. Slepecki, C. Richards, S. Cotti, F. Kolenovic. [Fifth] A. Martins, A. McFarlane, C. Kopec, N. Vecchiarelli, G. Vecchiarelli, M. Cyr, E. Barrett, C. Favreau. [Fourth] G. Leal, K. McGregor, N. Goncalves, V. Torres, A. Coelho, C. Lavallee, N. Silva, L. Letourneau. [Third] S. Natario, M. Dragon, N. Martins, A. Dunleavy, K. Booth, S. Tereso, A. Rua, M. Dion, A. Pease. [Second] S. Silva, C. Archambeau, Y. Forget, S. Harvey, R. Spirito, E. Ryan, J. McCarthy, N. Perez, C. Pangiarella. [Front] Coach B. Walsh, S. Bousquet, N. Potter, B. Kawa, C. Amaral, A. Vigneault, R. Fonseca, A. Prokop, J. Szlosek, Coach A. Walsh with baby Taylor.

6. **Varsity Boys' Track:** [Back] A. Geanacopoulos, C. Drew, M. Geanacopoulos, P. Fernandes, P. Vomero, M. Lopata, B. Lasky, J. Eckert, F. Kolenovic, C. Crowther. [Fourth] M. McKelvey, A. Sanchez, K. Johnson, M. Coelho, D. Stevens, S. Oliveira, T. Lopata, J. Rodriguez, J. Metcalfe, M. Martin. [Third] Coach R. Gauvin, K. Borowiec, Z. Zina, M. Barros, B. Hiersche, D. Duchesne, C. Fish, N. Langone, P. Mahoney, R. Robillard, N. Goncalves, J. Lindsay. [Second] Coach M. Buchholz, R. Dalby, K. Desilets, M. Dudley, J. Pio, M. Suares, N. Moutinho, B. Fuller, N. Costanza. [Front] Coach M. Gauvin with baby Kylie, J. Ferreira, N. Xavier, P. Momnie, J. Richards, G. Leastman, C. Kauila, C. Venne, J. Regnier, Coach R. Silliman.

5. **JV Softball:** [Back] Coach Jamie Annear, Melissa Miele, Jennifer Simao, Erica Morin, Anna Villano, Jennifer Bramucci, Lisa Hilt, Toni Cordello, Coach John Lattanzio. [Front] Brandee Paroline, Tanya Lang, Sarah Potter, Audra Dias, Ashley LaBier, Brittany Dent, Kerri-Ann McIntyre, Ciana Pinto.

1. **Varsity Football:** [Back] Coach A. Graves, Coach A. Gates, Coach T. Bly, Coach K. Graves, Coach C. Ericksburg. [Fourth] T. Day, C. Diaz, D. Medeiros, Z. Ellison, D. Pollard, D. Moffat, D. Kennedy, A. Goncalves, J. LaBrecque, J. Chenier, M. Doherty, J. Underkofler, M. Lopata. [Third] N. Vigneault, R. Dias, A. Rashad, J. Lindsay, W. Boilard, S. Asselin, G. Belanger, M. McKelvey, A. Dias, A. Medeiros, S. Barker, M. Suares, P. Mahoney. [Second] J. Breault, W. LaBrecque, N. Vogel, M. Harrington, D. Kang, D. Duchesne, N. Chaplin, M. Dudley, C. Fish, R. Sears-Walter, N. Assarian, A. Goodreau, J. Metcalfe, M. Barros. [Front] S. Lecca, J. Tunis, A. Curto, B. Flatley, D. Benoit, G. Leastman, C. Regnier, B. Coelho, D. Manganaro, E. Lang, J. Hangasky, C. Crowther, R. Dominique.



2. **Girls' Cross Country:** [Back] Coach Amy Walsh, Yvonne Forget, Leah Visconti, Stephanie DeFeo, Steffanie Harvey, Manager Michael Graham. [Third] Jillian LaFlamme, Nicole Silva, Jessica Szlosek, Leah Letourneau, Stephanie Gomes. [Second] Cynthia Archambeau, Heather Barrus, Brittney Kawa, Allison Prokop, Stephanie Soffen, Katie Slepecki. [Front] Nicole Potter, Melissa Dion.

3. **Boys' Cross Country:** [Back] Matthew Geanacopoulos, Daniel Stevens, Jesse Regnier, Andre Antoine, Paul Momnie, Chris Venne, Brian Fuller, Kevin Johnson, Brett Oppel, Andrew Geanacopoulos, Coach Rebecca Gauvin. [Front] Nicholas Langone, Keith Desilets, Robert Showalter, Alexander Jorge, Jorge Pio, Scott Almeida, David Johnson, Brendan Hiersche, Peter Vomero.

4. **Ski Team:** [Back] Michael Rufo, Dwight Manganaro, Leah Visconti, Kristin Kwajewski, Jessica Szl George Leastman, Michael Adam, Nicholas Sanchez, Alexander Jorge, Allison Prokop, Coach Mic Mislak. [Front] Keith Desilets, Kristen Goncalves, David Pollard, Matthew Lavoie, Nicholas Bruschi, She Natario, Rachel Fonseca, Tiffany Holland, Erin Mislak.

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7. **Varsity Softball:** [Back] Coach Jamie Annear, Heather Picard, Alyson Terlik, Michelle Lynch, Elizabeth O'Donnell, Kaitlin O'Donnell, Monica Lynch, Sarah DeWolf, Coach John Lattanzio. [Front] Kayla Maagero, Danielle Hayes, Lauren Francisco, Misty Kology, Nicole Provost, Casey Mendrala.

8. **Varsity Cheerleading:** [Back] Melissa Miele, Lisa Hilt, Laura St. Martin, Nicole Lopes. [Third] Jessica Bashaw, Kristine Midura, Catarina Martins, Kaitlyn Vitorino, Tanya Lang. [Second] Monique Goodrow, Meghan Diotalevi, Leigh-Ann Malke, Nicole Libiszewski, Brianna Arnold. [Front] Shellane Natario, Stacy Dalby, Meghan Hill, Katelyn Collette.

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5. **Boys' Varsity Soccer:** [Back] Coach Greg Kolodziey, Coach Richard Huff, Randy Adam, Tony Rosa, Steven Crespo, David Goncalves, Brian Davis, Jason Magalhaes, Nicholas Bruschi, Domenico Pellegrini, Christopher D'Angelo, Kyle Lewis, Ruben DeSousa, Jeffrey Dias, Jamie Alves, Daniel Lavoie, Manager Monica Mestre, Coach Tony Goncalves. [Front] Jacob Bruschi, Nicholas Bamford, Jared Falconer, Paul Garcia, Michael Adam, Benjamin Pellegrini, Justin Martins, Ahmed Abdullah, Marco Gomes, Anthony Alves.

6. **Girls' Varsity Volleyball:** [Back] Alyson Terlik, Elizabeth Martins, Lauren Cotti, Amanda Marques, Stephanie Davies, Lauren Hangasky, Coach Lisa Wetherell. [Second] Alyssa Puzzo, Mia Santos, Caryn Lecca, Christine Howard, Julia Sadowsky. [Front] Lindsey LaCoille, Nicole Provost.

1. **Wrestling:** [Back] Joseph Underkofler, Vitaliy Belyshev, Andrew Surprenant, Benjamin Farias, Marc Suares, Justin Tunis, Sergio DaCruz, John Archambeau, Scott Lecca, Coach Tom Bly. [Second] Sean Smith, Chase Glanville, Ronald Tetreault, Martin Iwasinski, Christopher Burgess, Anthony Bramucci, Daniel Barroso. [Front] Ian Thompson, Jason Chenier, Justin Dias, Zachary Venancio, Daniel Kennedy, AJ Motta.

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2. **Girls' Varsity Soccer:** [Back] Coach Katie Johnson, Ashley McFarlane, Kimberly McGregor, Amanda Vigneault, Catherine Pangiarella, Justine Pereira, Manager Courtney Roberts. [Second] Sarah Levesque, Christina Amaral, Suzanne Silva, Alison Pease, Lauren Francisco, Nicole Martins, Gabrielle Leal, Katelyn Dolan. [Front] Erin Mislak, Megan Williamson, Angela Wozniak, Melissa DaCruz, Rachel Fonseca, Kristen Goncalves.

3. **Girls' Varsity Basketball:** [Back] Coach Timothy Brillo, Erin Mislak, Misty Kology, Amanda Vigneault, Catherine Pangiarella, Jennifer McCarthy, Lauren Francisco, Manager Nicole Francisco. [Front] Kaitlin O'Donnell, Jocelyn Pereira, Sarah Levesque, Katibeth Mol, Megan Williamson, Leah Williamson.

4. **Boys' Varsity Basketball:** [Back] Coach Arthur Thomas, Kyle Borowiec, Michael B Michael Czupryna, Bryan Turgeon, Christopher Venne, William Ryan Greene, Coach V Donaldson [Second] Shawn DaCruz, Adam Laterreur, Matthew Dudley, Clarence Kauila. [Benjamin Pellegrini, Brian Flatley, Christopher D'Angelo, Michael Kane.

7. **Golf:** [Back] Coach Kurt Anderson, Matthew Kielbasa, Brett Williamson, Justin LaMontagne, Michael Ryan, Nicholas Costanza, Matthew Smith. [Front] Anthony Marinello, Nicholas Moura, David D'Angelo, Jonathan Pio, Matthew Malke, James Joyce.

6. **Varsity Boys' Tennis:** [Back] Joseph Kapinos, Joshua Breault, Joshua Carpenter, Michael Gavoni, Jayme Kapinos. [Front] Ryan Collette, Benjamin Gagne, Anatoliy Belyshev, Michael Dias.

5. **Boys' Varsity Volleyball:** [Back] Coach Fred Glanville, William Dias, Kyle Filipe, Michael Ryan, David Ledoux, David Kang, John Hangasky, Nicholas Sanchez, Coach Paulo Afonso. [Front] Andrew Goodreau, Ryan Nolan, Scott Lecca, Jonathan Proulx, Casey Gomes.

Highlights of '05

1. Sophomore **Ronald Tetreault**'s hand is raised after a victory. 2. The wrestling team placed second in the state championships, and junior **John Archambeau** won an individual title at the Western Mass. finals for the Lions.

3. The boys' cross country team starts a race. 4. For the first time school history, the team made the state championships, led by sen captain **Jesse Regnier**, who finished in 5th place at the state me

5. Freshman **Catherine Pangiarella** protects the ball from t defender. 6. The girls' basketball team made the playoffs, led by t outstanding play of senior **Megan Williamson**, who graduated the all-time female leading scorer at LHS.

7. Senior **Kyle Lewis** follows the standard of hard play set by t year's boys' soccer team which made it all the way to the Weste Mass. finals. 8. All-state senior **Nick Pellegrini** makes an excell save.

Freshman **Nicole Martins** passes the ball to keep it away from ncoming defender. 14. All-state senior **Rachel Fonseca** helped the girls' soccer team to an impressive 7-6-3 regular season rd, before bowing out in the Western Mass. semifinals.

Senior **Chris D'Angelo** takes charge and runs the offense during me game. With a very strong 14-5 record, the Lions made it to Division 1 tournament. 16. Senior **Mike Kane** became the ol's all-time leading scorer this year, passing former LHS star Jim ney.

9. The cheerleading team won its first competition this season, making it the best yet. 10. Senior **Meghan Hill** is held by junior **Leigh-Ann Malke** as they cheer on the boys one night. The two along with senior **Katelyn Collette** led the team, while a strong core of returnees helped to ensure victory.

11. Senior #69 **Craig Crowther** anchored the defense on the football team this year. 12. Thanks to contributions from its seniors, including #62 **Dwight Manganaro**, the Lions came within one game of reaching the Super Bowl.

Seniors **Karyna Machado**, **Isabel Barroso**, and **Kristina Merced** get silly on the dance floor at the annual Homecoming dance. "Homecoming was wicked fun. It gave me a chance to hang out with everybody, but the best part of the night was the after-party," said **Merced**.

Craig Crowther who played Piney in the newly-formed drama club's play, "A Bad Year for Tomatoes," spanks **Marita Sarad**'s character, Myra Marlowe (as well as her "crazy sister," Sadie). Despite the lack of attendance, the play, directed by **Samantha Burns**, was a success.

Senior Show participants show how they can ride it all night long to "Life Is a Highway." Seniors worked very hard, constantly rehearsing in hopes of entertaining friends and family of all ages. Ultimately, the hard work and dedication paid off on March 11th and 12th, with two successful shows.

"On the road of life, there are passengers and there are drivers. Drivers wanted."

-- Volkswagen

Events

Just as exits on a highway come one after another, this school year had event after event, helping to make the school year go by much quicker. With a high volume of school spirit, participation was at an all time high. From class trips to dances to various schoolwide functions, students attended these events in hopes of having a fun night with friends, while making cherished memories to look back upon. These events have collectively helped to form a stronger bond between classmates and have shaped our years spent at Ludlow High School. Accordingly, it is these events that have helped to characterize and define each class.

Class: Freshmen (Class of 2008)

Location: Boston, Massachusetts

Date: Friday, November 12, 2004

This year, the freshman class took its very first field trip together to Boston, Massachusetts. At the first destination, the New England Aquarium, students were able to interact with the fascinating sea creatures that were offered by the museum. After observing the animals, students made their way to the second destination, an IMAX theatre to watch "Sharks 3-D." IMAX theatres, found all over the world, are complete with digital surround sound and known for giving audiences clarity and high definition images, making "pictures so real you want to touch them." At the movie's conclusion, students walked over to the Quincy Market, where they had the rest of the day to themselves to eat, shop, and hang out with friends.

1. **Corey O'Sullivan** and **Adam Forest** show their love for a statue in Boston's Quincy Market.

2. Their new souvenir masks bring out the animals in **Mike Rufo** and **Colin Vigneault**.

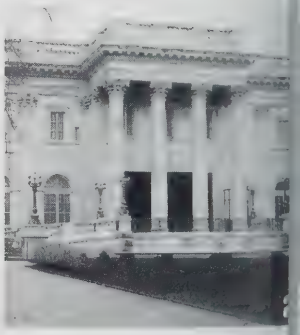
3. Penguins were a hit with the students who went the trip.

Class: Sophomores (Class of 2007)

Location: Newport, Rhode Island

Date: Friday, November 12, 2004

Newport, Rhode Island, known for its exquisite mansions, found itself with Ludlow High School's sophomore class on Friday, November 12. Architecturally distinguishable and unique in all senses, the Newport mansions are and have been a popular tourist site for some time. However, students had a challenging time figuring out how to use the newly automated guided tours. As a result, students made their own tours, using their imagination. Despite the complicated technology and the rainy weather, students made the best of the situation by having fun with friends throughout the trip. Surprisingly though, the sophomore class did not take pictures of one another, as a result, leaving the yearbook only pictures of mansions.



1. The Vanderbilts' Breake is one of grandest hom located in Newport.

2. Marble House is consider the mansion that chang Newport from a place summer cottages to cove palace-like manors.

3. Rosecliff's beautiful gar is modeled after that Versailles in France.

The city lights brighten up days of tourists, even when raining.

Chris Venne, **Marc Coel-** and **Matt Dias** enthusias- lly look at a Hard Rock Cafe hu.

Kate Dolan and **Marita ad** take a break from king around the Museum lew York City.

Class: Juniors (Class of 2006)

Location: New York, New York

Date: Friday, November 12, 2004

The juniors had a difficult time planning their field trip, but even with the odds against them, they came up with a plan that worked for everyone. When the executive board found out that the original museum the class had intended to see was overbooked, its tour and admission to the Metropolitan Museum of Art were cancelled. Instead, juniors viewed and toured the Museum of New York City, learning the history behind the Big Apple. After leaving the museum, the juniors walked over to the Hard Rock Cafe, where they ate lunch and warmed up over cups of hot chocolate. Sick of walking in the rain and cold weather, the junior class headed back to Ludlow, ready to go back to the comforts of home.

1. **Mike DeChellis** sits next to a wax figure of daytime show host Sharon Osbourne.

2. **Kristin Kwajewski** and **Jessica Ratkiewicz** show J.Lo how to strike a pose.

3. **Cassie Shields** and **Lauren O'Neil** don't let the idea of Ozzy Osbourne biting off a bat's head, keep them from sitting next to him.

Class: Seniors (Class of 2005)

Location: New York, New York

Date: Friday, November 12, 2004

Seniors stepped into a world of wax on November 12, when they visited the famous Madame Toussaud's Wax Museum in New York City. Among the favorite wax figures were the Jennifer Lopez statue, whose cheeks blushed, and the Michael Jackson statue, who had a shrine-like tribute near his wax representation. With over 200 of the world's top celebrities made out of wax, every student was bound to have a favorite and be satisifed. Although there was a lack of attendance due to soccer semi-finals and dreadful weather, students made the best of the day by bonding with fellow classmates and friends.

Class Trips

1. Seniors **Jung Kang** and **Steve Crespo** were crowned Homecoming queen and king for their great school spirit and positive attitude.

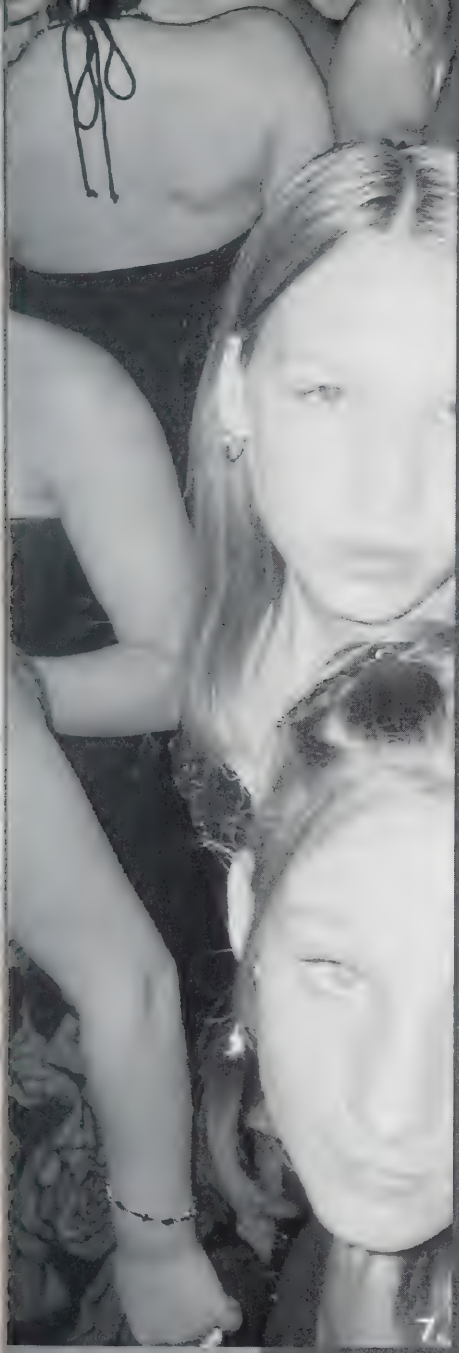
2. Seniors **Vin Prevost** and **Mike Freitas** enjoy themselves while dancing with the decorative vines.

3. Senior **Julie Bamber** makes a "one wild night" by tearing up the dance floor.

One Wild Night

Homecoming 2004

On November 19th, 408 students and alumni gathered in the LHS cafeteria to experience "One Wild Night," complete with jungle-themed decorations, refreshments, and music provided by DJ Sergio André. The annual dance put on by *The Cub* was originally scheduled from 7:00-10:30 in the evening. But after a group of students began tearing down the zebra-striped and orange-spotted balloon chains that adorned the ceiling, in addition to the white lights that encircled the chains, the evening was cut short by half an hour. As a result, the evening did indeed become a "wild night." However, despite the minor disturbance, attendees enjoyed themselves creating a memorable evening for all.



4. **Natalie Valdez** and **Meaghan Pires** shimmy in the conga line, along with fellow dance-goers, past the tiki hut.

5. Seniors **Stacy Faulha** and **Stacy Suares** enjoy the ambiance of the evening.

6. Poorly behaved individuals destroyed the beautiful decorations, causing the evening to come to an early end. Balloon chains and lights were torn down, creating a hazardous situation, specifically for the female population that took off their shoes during the evening.

7. Freshmen **Steph Gomes**, **Jess Chaves**, **Yvonne Forget**, **LaRae Mercier** and **Heather Barrus** enjoy a night of fun and dancing at their first homecoming.

Class Banquets

This year's freshman/sophomore banquet entitled "South of the Border," was based around a Mexican theme. Held on Friday, December 10, over 100 students attended the banquet at the Gremio-Lusitano Portuguese Club in Ludlow, making it a success. The food, Mexican of course, was catered by Casa de Nana. After the appetites of attendees ceased, freshmen and sophomores danced the night away with music provided by a local DJ group known as the International Disk Jockeys. The night came to a close at 10:30 p.m., but luckily, the students are underclassmen, meaning they can look forward to future class banquets.

Name: "South of the Border"

Classes: Class of 2007/Class of 2008

Location: Gremio-Lusitano Portuguese (

Date: Friday, December 10, 2004

Time: 6:00 p.m. - 10:30 p.m.

1. Sitting on the floor, sophomores **Jill Veautour**, **Jill Racicot**, and **Kati Strycharz** enjoy their snacks.

2. Students get together for one last banquet picture.

3. Sophomores **Nina Perez**, **Brianna Arnold**, **Chanelle Lucas**, and **Alesia Rodak** wait for dessert after eating.

4. Sophomores **Brianna Arnold** and **Jerad Ostrowski** hide amoung the plastic cacti.

1. Gregarious senior **Scott Lecca** dances with Mrs. **Nancy Kurty**, one of his many dance partners that evening.

2. A group of seniors and junior **Jared Baillergeon** enjoy the atmosphere of the evening.

3. Senior **Vin Provost** isn't the only good dancer. Mrs. **Arlene Tierney** shows off her dancing skills on the dance floor as well.

4. Seniors **Shelly Natario** and **Julie Bamber** "drop it like it's hot" to Snoop Dogg and Pharell's new song.

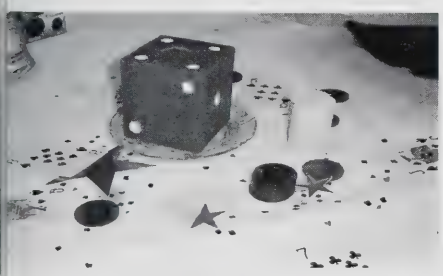
ne: "Big Money"

sses: Class of 2005/Class of 2006

ation: Gremio-Lusitano Portuguese Club

e: Friday, March 4, 2005

e: 6:00 p.m. - 10:30 p.m.



On March 4, the junior and senior classes came together for their annual banquet. This year's banquet, "Big Money," put a fun twist on a popular trend among LHS students – poker. The banquet hall was decorated according to the theme with cards, dice, and poker chips. Similar to previous banquets, Alcoa catered with a variety of popular food, including chicken, pasta, fish, and rice.

The night was filled with dancing to the sounds of DJ Reckon Eyez, alumnus Greg Gaudreau. In addition, non-dancers conveniently had cards to play with, making the night fun for all. Although many juniors left the banquet early, seniors enjoyed one of their last dances by staying until the very end. The night concluded with the familiar sound of class advisor Mr. Brian Walsh beat boxing.

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Fright Night

Traditionally, the junior class hosts a dance as means of raising money for the class treasury. This year, the Class of 2006 encouraged students to dress up for Halloween as they had when they were younger, by hosting a costumed dance. On Friday, October 22, after extending ticket sales multiple times at $8 a ticket, over 200 students danced the night away in Halloween costumes varying from humorous to scary to simply original. With this in mind, the faculty voted on the scariest, funniest, and most original costumes towards the end of the night. The recipients of these awards were sophomore Jayne Kapinos as Hannibal Lecter, junior David Almeida as a Swiss Miss, and junior Marcos Carvalho as a Royal Flush.

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1. Seniors **Matt Chaves**, **Pat Shaheen**, **Keith Bradway**, and **Carolyn Bourdeau** anxiously wait for another song to start while in the middle of the dance floor.

2. Swiss Miss **Dave Almeida** and Cave Man **Dave Ledoux** were indeed an odd couple, but they found each other to be lovely nonetheless.

3. Ironically, seniors **Shelly Notario** and **Stacy Dolby** took up a lot of space during "Fright Night" with their air blown costumes.

4. Straight out of jail, lifestyle guru Martha Stewart, also known as **Cindy Archambeau**, finds herself getting a mug shot while entering the dance.

5. Miked out from dancing, freshmen **Keith Desilets**, **Justin Ferreira**, **Justin Dias**, and **Matt Lively**, relax with the herd.

6. **Chris Venne**, quite possibly rapper Lil' Jon's long lost twin, awaits to get "drunk" on the dance floor. "Yeahhhhhhhhhhh!"

7. Dressed up as a devil but smiling quite angelically, **Jessica Rutkiewicz** seems to find Angel **Leanne Salvador** tolerable for the evening.

8. Class of 2006 vice president **Julia Sadowsky** announces the winners of the costume awards.

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1. Sara Fernandes with her **Nick Correia**, [illegible] **Nicole Lanes** [illegible] [illegible]

2. [illegible] towards [illegible] **Vania Silva**, [illegible] **Liz Valadares**, **Dave Fernandes**, **Kelly Mateus**, **Pat Shaheen**, **Stacey Baguro**, **Viviane Fialho**, another dress [illegible] after a [illegible] [illegible] waiting in the [illegible]

3. [illegible] **Steve Petsenglis** [illegible] **Nicole Lanes**, [illegible] **Chelsea** and **Grace Miranda**, [illegible] [illegible] [illegible] day.

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These Are the Moments

Prom 2005

As Friday, May 6, rolled around, over four hundred students and faculty crowded the Anita Room at Chez Josef in Agawam to enjoy a chic evening filled with a wide variety of music provided by Hard at Play along with a remarkable dinner of choice. The evening began at 6:30 p.m. when students mingled with one another before being served prime rib, chicken Marsala, or a vegetarian platter, depending on which one they preferred. After dinner, festivities began on the dance floor as the DJs passed out glow sticks, set up light-up platforms for dancing, and released fog into the air. Although the dance floor was overcrowded, everyone still managed to make the night a memorable one. Before the night came to a close, seniors Nicholas Correia and Stephanie Lopes were crowned prom king and queen; juniors Justin Martins and Alyssa Severyn were also crowned as prom prince and princess. At 11:00 p.m. Prom 2005 "These Are the Moments" came to a close, ending a memorable night for all.

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4. Juniors **Alyssa Severyn**, **Amanda Leone**, and **Steph Burek** clearly do not need a lit up platform, for their impressive dance skills lit up the dance floor.

5. A female prom goer circles the candidates she finds deserving of the titles, prom king and queen. Her choices ultimately found themselves wearing the crowns at the end of the evening.

6. The members of the boys track and field team proudly get together with Coach **Rebecca Gauvin** for a picture to remember their time together.

7. Prom Princess **Alyssa Severyn** and Prince **Justin Martins** share a royal moment, after being crowned.

[illegible] and [illegible] their boy [illegible] on "Heavenly [illegible]" [illegible]

Senior **Nick Mandolfo** [illegible] a [illegible] [illegible] [illegible]

Senior **Ken Valentine** [illegible] "[illegible]" by the band [illegible] whose members include seniors **John Tinger** and **Pat Bledsoe** and alumnus **Kyle Legarza**. The [illegible]

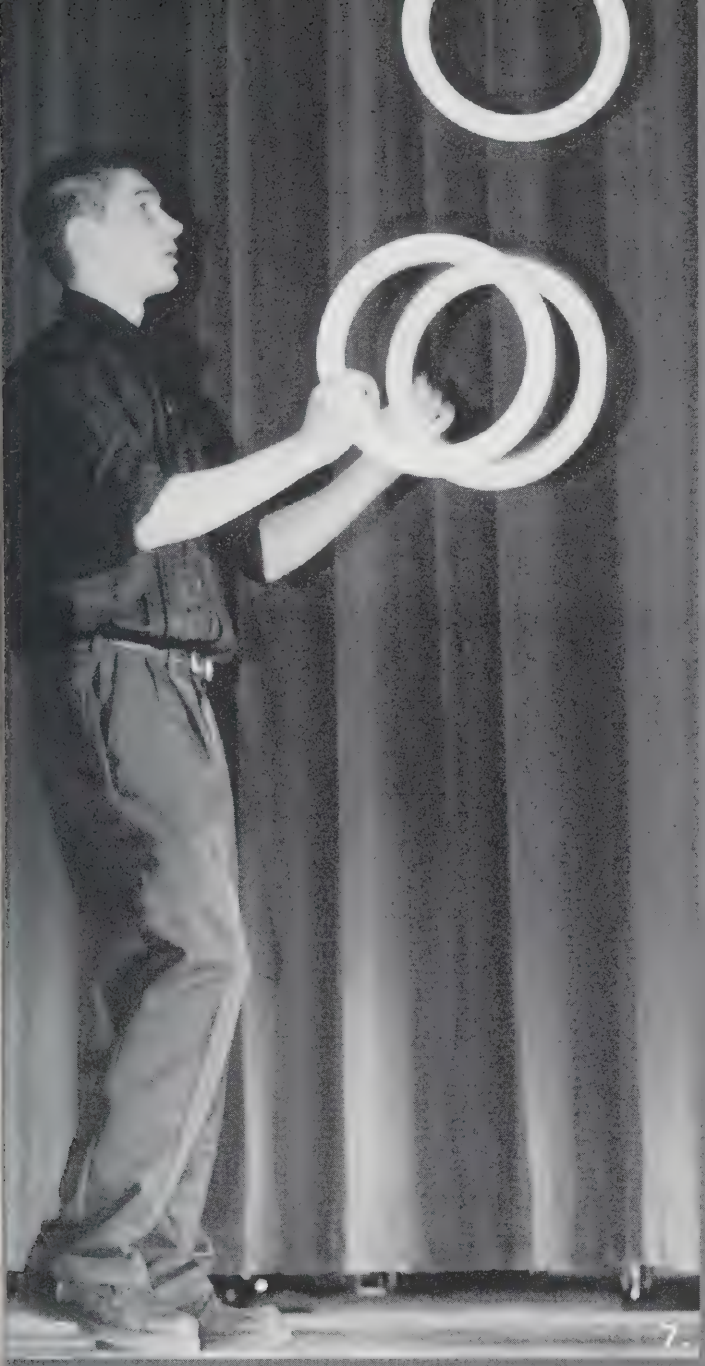
Jr. Senior **Jay Blanchard** performed with a guitarist. The band Cellello's Mad [illegible] of three musicians which include bass playing senior **Matt Johnson** and drummer **Matt Taylor**.

Senior **Alex Casimiro** gave the audience what it wanted by adding a little [illegible] to his performance.

1.

El Talent Show

On Tuesday, March 17, the annual talent show hosted by the Sparks! club brought back its show calling it "El Talent Show" with an Irish theme, being for St. Patrick's Day. The night had a variety of different acts making it the longest ever show. In addition to [illegible] several members of Kilroy's were [illegible] Nicholas [illegible] Mike Ryan and his [illegible] Eric Crosnoe, an inspirative [illegible] by Jack McCarter. Last Kilroy's performance on the piano, freshman Travin Alvarez and Travis St. Martin singing a duet and [illegible] band. In addition to [illegible] Jenny Blanchard, Amanda Dalton, Erin Lassen, Alex Norwood, and [illegible] wonderful [illegible] leaving the audience in awe to their beautiful voices. The show ended successfully and was [illegible] proven entertainment for all members of the audience from start to [illegible]



6. Junior **Clarence Kaulha** and sophomore **Jake Stokowski** perform a duet together with a ukulele and guitar.

7. Junior **Mike Ryan** rides around on his unicycle while sophomore **Eric Drewniak** jiggles his heart out.

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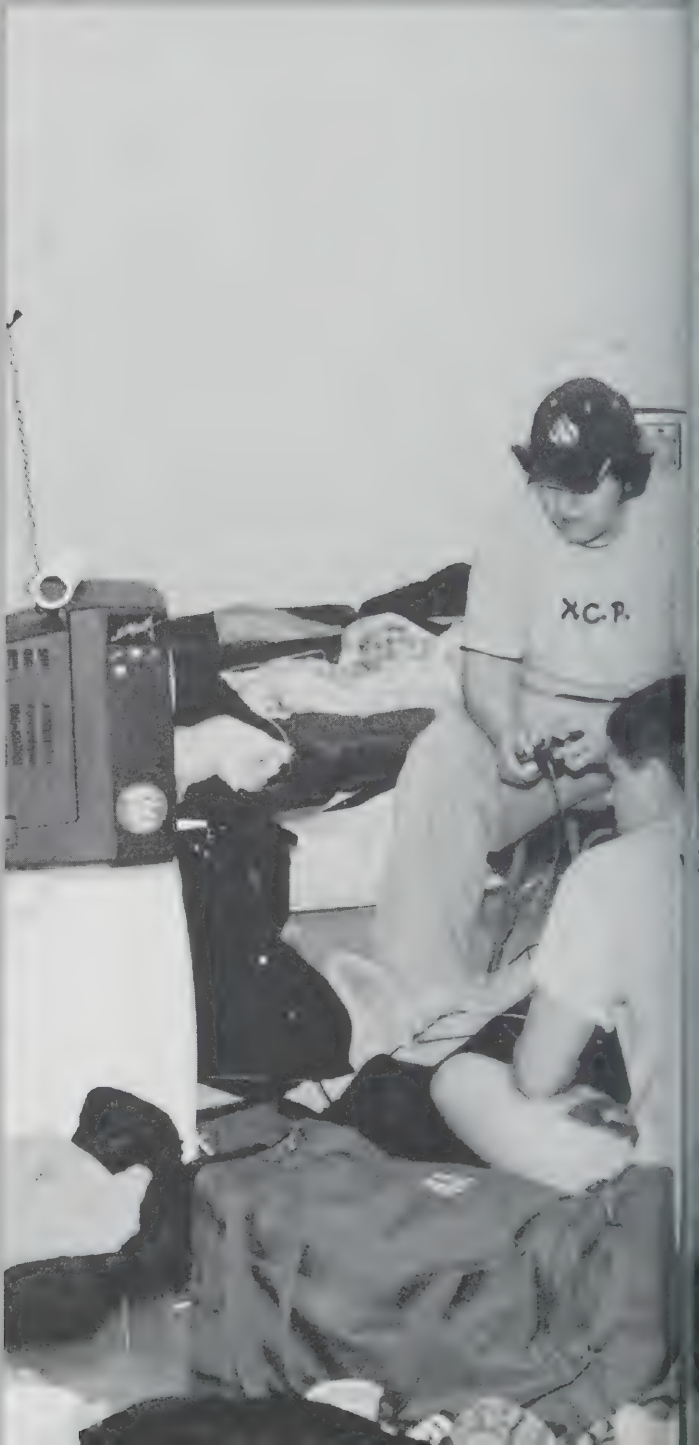
1. Seniors **Jon Preule**, **Zack Eapke**, **Micky Lasseigne**, **Dean Perry**, and **Jon Pio** [illegible] **Matt Xiniteas** [illegible]

4.

2. Seniors **Josh Carpenter** and **Matt Chaves** [illegible]

3. Seniors **Ruben DeSouza** and **Nick Pellegrini** [illegible]



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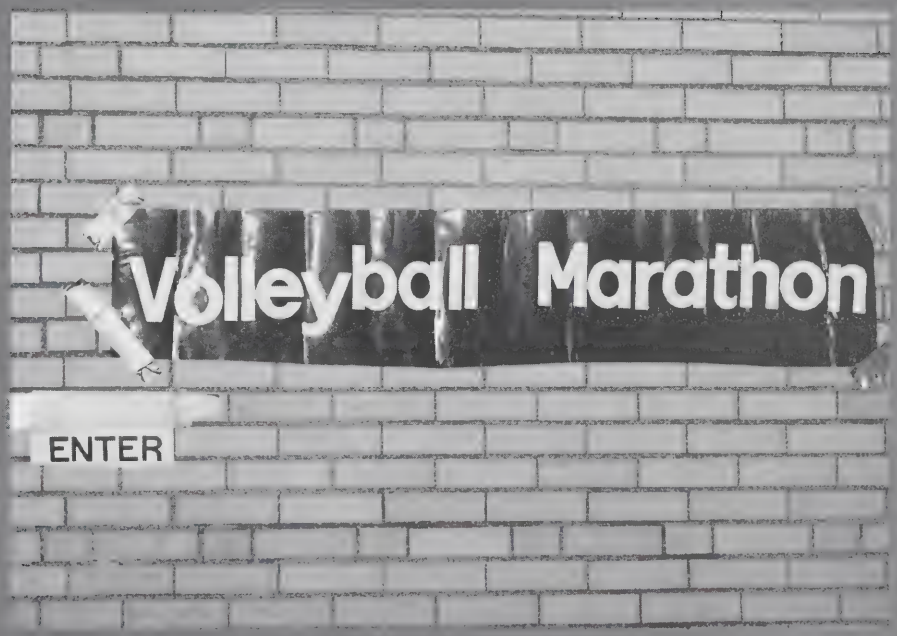
4. Senior **Peter Porra** prepares to bump the ball back to the opposing team. This year's Volleyball-a-Thon was the third ever attended by Porra. "It's fun and entertaining. [The Volleyball -a-Thon] provides a great social atmosphere and it's always a pleasure to go."

5. Seniors **Mike Bouchie**, **George Blake**, **Dan Costa**, **Tom Lopata**, **Nick Moutinho**, and **Jay Ferreira**, sit around and play video games while waiting for their next volleyball match. The team played video games throughout the night and into the early hours of the morning.

6. Juniors **Ahmed Abdullah** and **Chris Venne** add a unique twist to their volleyball match, while serving for the "Dream Team." Teammates **Chris Benoit** and **Liz Martins** watch with glee, as they see Ahmed serve the ball.



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The Volleyball-a-Thon, held on the March 18 and 19, is a fundraising event held and organized by the Ludlow High School student council to establish scholarships for seniors. It's a night where friends gather and stay up for hours playing numerous volleyball games. By the wee hours of the morning, many students are ready to go home, but regardless, the night is filled with fun and food. Local businesses help to put on this annual success, and with the hard work of select individuals, the night is enjoyable for all.

This year, a team made up of actual volleyball players, known as "The Game" won the Volleyball-a-Thon, defeating each team it faced. "The Game," a tight-knit team with spirit and competitive disposition, went by the motto "Don't hate the player, hate the game." Junior David Kang, a member of the team said, "We were able to win this year's volleyball marathon by working as a team. It was nice winning, but we also had a good time just playing together."

Volleyball - a - Thon

Beauty And the Beast

On Friday, April 1, Lassiter High School's musical theater group performed *Beauty and the Beast*. Directed by Mrs. Mary Beth Will and Mrs. Diana Roy, the play starred Cara Sokowski as Belle and Jameson Malcolm as the Beast. Comic relief was provided by Lumiere's Luggage (Dylan Lott), Cogsworth (Richelle Cowley), and Babette (Alex Norwood). In round two, the women's talent play Gaston was performed hilariously by Matt Johnson, and his sidekick Lefou was played by Ronald Tetreault.

The show employed elements of music, comedy, and drama. It was filled with memorable numbers including "Be Our Guest" which had rumors the entire cast on stage. It also featured impressive sets created by Mrs. Maureen Colby, Inc. Lab.

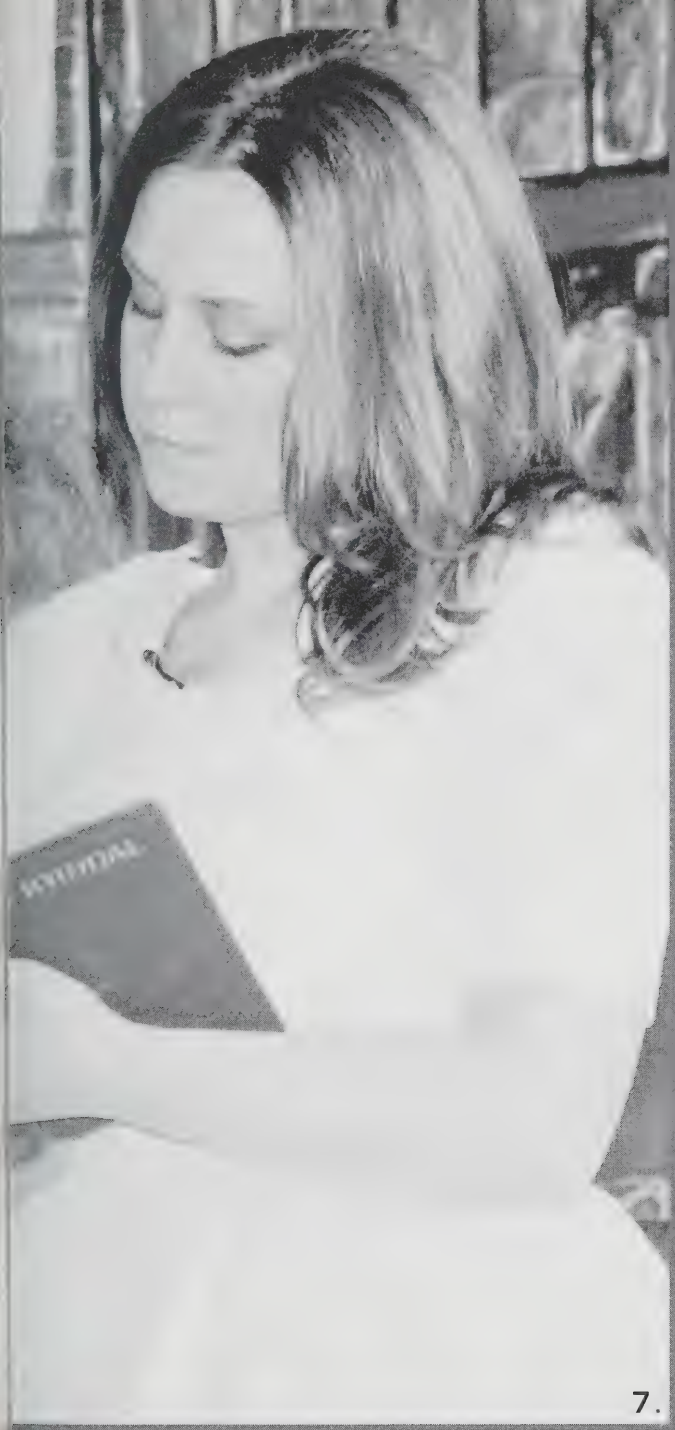
Originally slated for two performances, the show performed only one night due to the sudden death of one member, sophomore Jennifer MacDonald, during rehearsal week. The show was dedicated to her memory.

1. Unknowns: Richelle Cowley, Chris Ford, Lauren O'Neill, and Cara Sokowski, Stacy Dubay, Sarah Greenwood, Jessica Malcolm, Jessica Norwood, Emily Ryan, Jessica Wilson, Emily Wilson

2. Beast: Dylan Dimmick

3. The Enchantress's spell causes the servants to be trapped in the presence Gaston, Dashing Matt Johnson, Thousands of the Boy, and Sure pen the Knowledge Imaginary

4. Freshmen: Mike Goodreau, Ben Lasky, Jeff Richards, Zack Lasky, and Ronald Tetreault sing and drink at the local bar in Force of Deacon's plan to kill the Beast and make Belle fall in love with him instead.



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5. Senior **Nicole St. Marie** and sophomore **Brittany Dent** play the townspeople who sing about how strange Belle is in the first scene.

6. Pepper (sophomore **Michelina Colean**) and Salt (**Nicole Provost**), sing with the dinnerware during Belle's first dinner at the Enchanted Castle.

7. Belle (senior **Cara Stokowski**) teaches Beast (junior **Joe Metcalfe**) how to read. Through patience and love, Belle nurtures the Beast back to life and in his original form as Prince Adam. She acts as salvation for the beast, showing him that true beauty comes from within.

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Life Is a Highway
Senior Show 2005

Gathering together on March 11 and 12, the senior class sang, danced, and laughed its way through the weekend at the annual senior show, "Life Is a Highway." With a mix of humor and talent, the senior show found itself being long remembered after the weekend. Skits such as "Cowbell," "Guys Night Out," and "Man, I Feel Like a Woman," as well as the talents of seniors, such as Alex Casimiro playing the snare drum and Lori Milber playing Beethoven's "Pathetique Sonata," stuck out in the minds of the audience as being truly unique. The show concluded itself with the senior class surrounding the auditorium to sing "Life Is a Highway," a song that came to represent the Class of 2005. As a result of the show's success, the event raised over $16,000 under the direction of Ms. Jennifer Bauduccio and Mrs. Suzanne Kelley.

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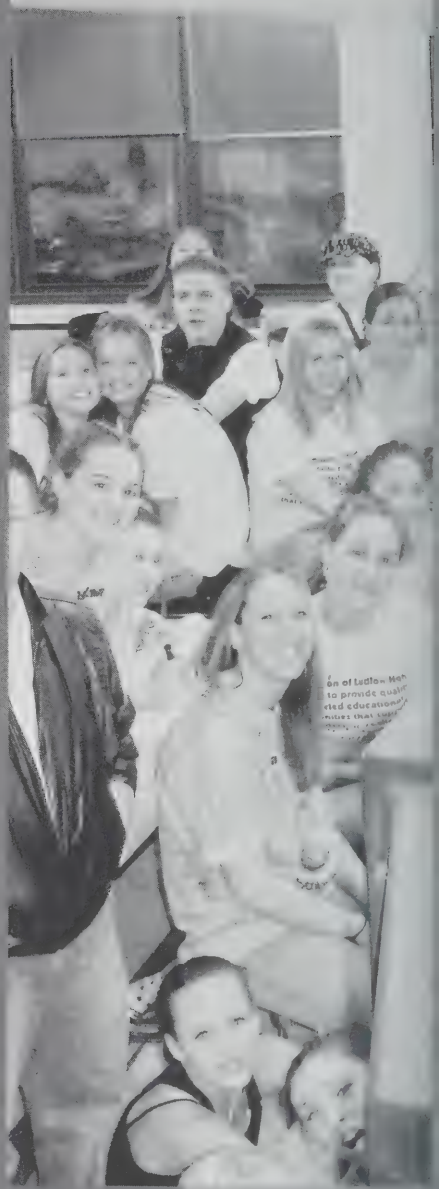

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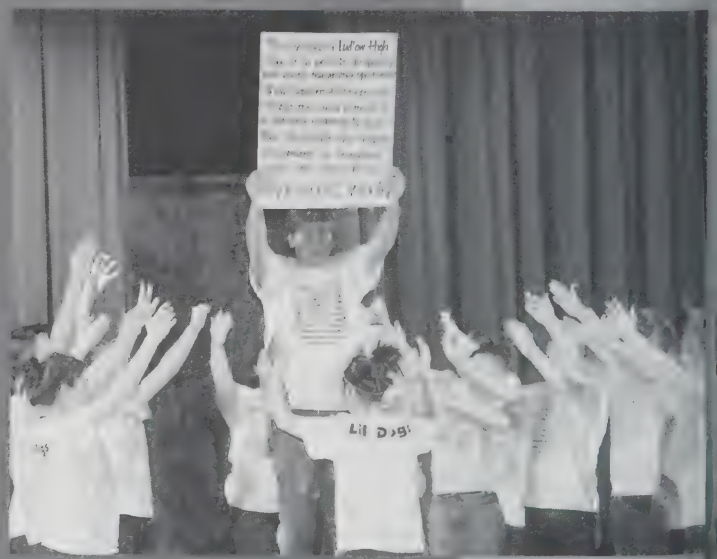

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1. "Man, he looks like a woman!" **Dwight Manganaro** [illegible] "Man! I Feel Like a Woman."

2. **Mike Govoni** [illegible] **Erin Gosselin** [illegible] "Oh, Mikey."

3. **Mike Burtch** and **Nick Venanzio** [illegible] "Blue Oyster Cult" skit, [illegible] the cowbell. As a result of its popularity, the phrase "I need more cowbell!" [illegible] by students.

4. [illegible] **Nick Carreia** [illegible] group [illegible] daily announcements.

5. **Nick Minnerman** [illegible] **Jay Hangesley**, **Craig Crowther** and **Dwight Manganaro** in [illegible]

6. [illegible]

7. [illegible] **Isabel Carreia** [illegible]

8. [illegible]

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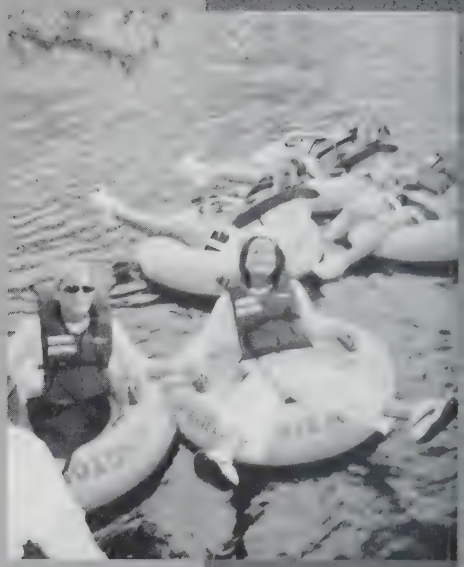
Senior Mystery Trip

Left guessing until the very day, the senior class found the mystery trip to be exactly that—a mystery. Upon arrival at Sperry's Kingdom in Farmington, Connecticut, students did not know what to expect on Tuesday, May 31, until they saw the fluorescent yellow tubes waiting for them. Tubing on the scenic Farmington River allowed for unfamiliar scenery and time to bond with fellow classmates. Despite the weather and the morning of the week, the seniors made the best of the situation, leaving with smiles on their faces, especially after a change of clothes, to the next secret location.

After a long, hot senior bus ride, they once again left puzzled as to where the trip would go. Ultimately, the seniors found themselves in Norwich, Connecticut, in front of a baseball field where the Norwich Navigators were playing against the New Britain Rock Cats. With a burlesque-style dinner, seniors enjoyed themselves while watching a minor league baseball game and hanging out with fellow classmates.



1. Seniors **Julie Sember**, **Aimee DeSilva**, **Rachel Furnese**, **Gillian Ray**, and **Angie Wiernik** enjoy time spent on tubes down the Farmington River.

2. A group of seniors pose for the camera while watching an home game of baseball.

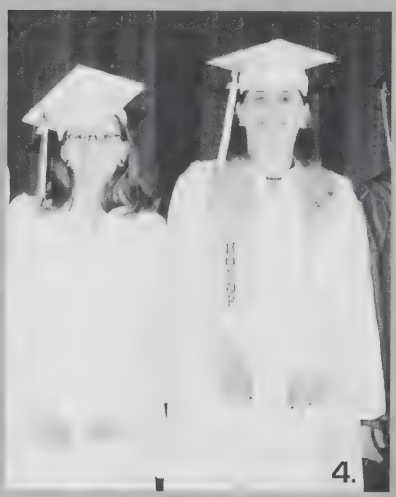
3. Seniors usually will do anything to play a game for win, whether it's bowling, golf, or tubing with the Senior Management aspect. Cheers!

4. On the way home from the trip, one of the buses broke down on the highway. So a new mission had to make room for those students on the remaining buses, making the trip back not only crowded, but also more interesting.

5. **Scott Lecca**, **Dan Barroso**, and **Nick Moutinho** show their discontent with a bad call made by the umpire.

6. **Josh Carpenter**, **Rachel Fonseca**, **Mike Kane**, and **Chris D'Angelo** enjoy watching the game from the fence next to the outfield.

7. **Brian Flatley** tries to pump up **Angie Wozniak** before going tubing.



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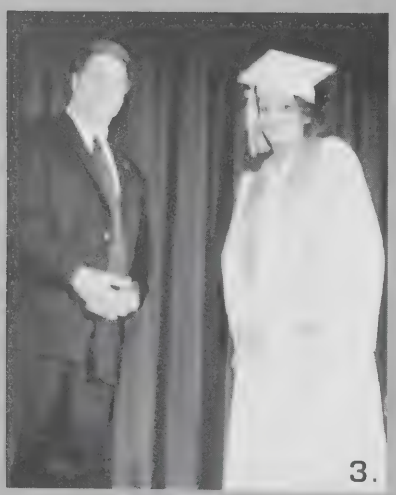

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Mrs. **Marsian Gotts**, one of the outstanding women from Jamaica who received outstanding for achievement in the arts of dancing.

Roger Fink shows with Mr. **Gordon Smith** after receiving the National Achievement Competition accomplishment in which promotions with the movements and on the Dance Grants [illegible]

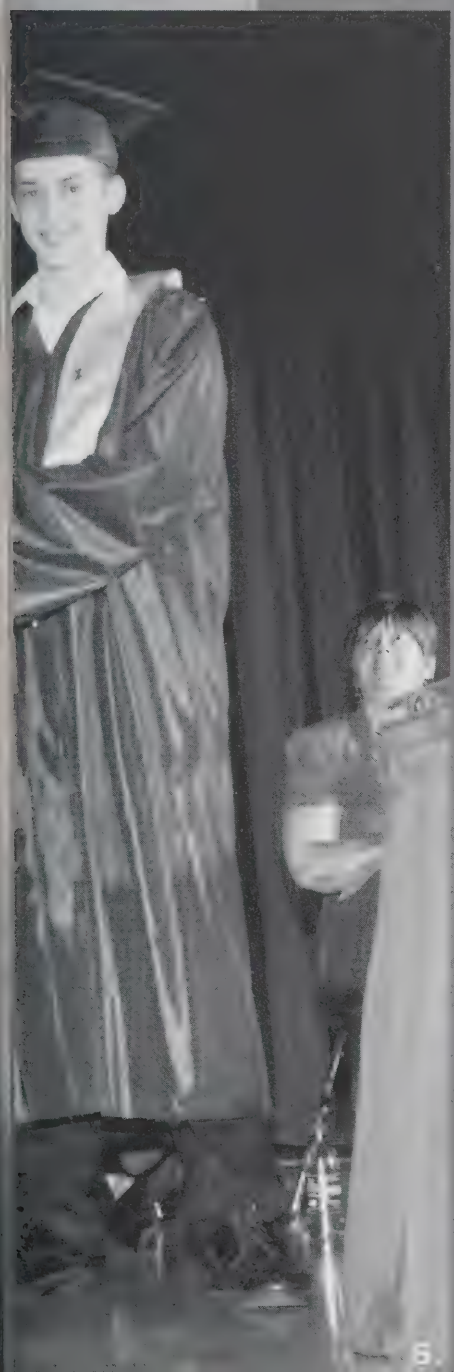
4. **Alicia Wood** and **Kathryn Doyle** stand together after receiving the Student Management Scholarship.

5. **Vanessa Leal** prepares to give her father a kiss after receiving the Luso-American Scholarship. The Gremio-Lusitano Club awards this scholarship to the top ten students of Portuguese descent.

6. **Vitaliy Belyshev** walked away from Class Night, getting paid to go to college, rather than paying. The scholarships and awards he received, including the Ludlow firefighters memorial scholarship, presented by Private James Maciag, will help further his education at UMass Amherst, where he will study physics, minoring in pre-med in hopes of becoming a doctor.

7. Salutatorian **Jennifer Blanchard** sits with LHS principal Mr. **Gordon Smith** before giving her speech.

8. **Nicole Silva** shakes the hand of Mrs. **Toni-Marie Mancuso** after receiving the Dow Jones Scholarship. **Silva** received a total of four scholarships and five awards at Class Night.



Class Night 2005

On June 1, the Class of 2005 assembled in the LHS auditorium as a sea of maroon and white, making its first appearance in caps and gowns. The night was one of recognition for students who had excelled in academics, athletics, and extra-curricular activities throughout their years of high school as over 75 scholarships and awards were given throughout the evening, financially helping students who wished to further their education. Along with the award presentations, class president Jung Kang and salutatorian Jennifer Blanchard addressed the audience, giving both congratulatory words and encouragement to their fellow classmates. Students were also given the opportunity to present their parents with letters thanking them for their help and support. The evening concluded with a slide show presentation of baby and senior pictures.

1. The Class of 2005 advisors, Mrs. **Rebecca Bauun**, Mr. **Timothy Brillo** and Mr. **Brian Walsh**, open their class gifts. The senior teachers bowed from Kinder-Dance, creating each year to be like their own. In honor of the class advisors would physically have something to remember the class long after their departure.

2. The junior class officers started the candle lighting, creating a luminescent dark ambiance as the seniors in the last portion of the Senior Farewell ceremony.

3. A group of seniors smile while waiting to be called at Senior Farewell. "It was another good time for the seniors to be together as a class. The juniors did a great job organizing such a formal dry farewell. Jorge's speech about friendship made everyone think about the value of friends and how special each and everyone of us are," said senior **Erei Mistak**.

4. Andrea Dias (**Justine Pereira**) plays a game of Candy Land as Joel Dias (**Nick Gomes**) and George Lieberman (**Matt Harrington**) watch the destruction of their game.

5. Juniors **Zack Lasky** and **Alex Turner**, **Lauren Cassi** (Alex Norwood) and **Marc Cassho** (Dan Lovell) listen to Lassie's character talk about the new freshman year.

Senior Farewell, an old tradition held by Hollow High School, is a symbolic ceremony hosted by the senior class, marking the final goodbye to the soon-to-be graduates. This year Senior Farewell took place on Thursday, June 2, in front of the whole student body. With the advancement of technology, underclassmen who were not able to sit in the auditorium had the ability to watch it in the cafeteria. Complete with slideshows of youth and high school memories, a sax playing the senior class a beautiful candle lighting ceremony, and the passing of the peace pipe from one class president to another, Senior Farewell was an emotional event for many, but a lovely way to say goodbye.

Senior Farewell 2005

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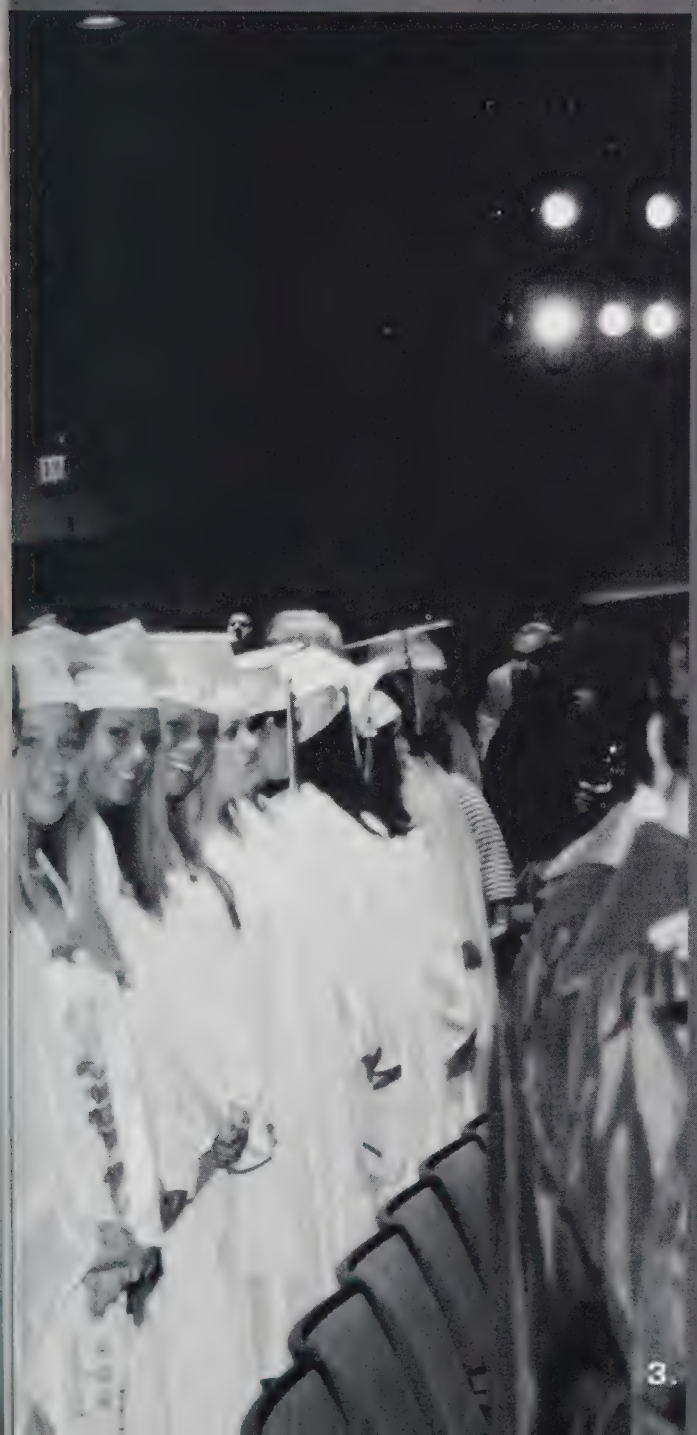
6. The president and vice-president of the junior class, **Anita Alves** and **Julia Sadowsky**, prepare to lead the seniors underneath an arch of roses to the song "Scarborough Fair" by Simon and Garfunkel, a long-held tredition by Ludlow High School.

7. Senior class president **Jung Kang** passes the peace pipe to junior class president **Anita Alves**, marking the end of one class's high school journey, while another's opens the door to its senior year.


3.

5.

4.

1. **Vin Provost** shows new students how to turn a move for the last time.

2. **Lauren Dowd**, **Ashley Doughty**, and **Tiffany Gonçalves** make a picturesque moment on the bus to Boston.

3. Seniors dance on DJ Cooper's "Dat Ole Side" by touching their knees and seeing how low they can go.

4. Students have been beautifully photoed as students spent their last night together before graduating.

5. **Selena Jedrzejczyk**, **Alex Desimino**, **Isabel Barrose**, **Danielle Petrolati**, **Craig Regnier**, and **Rachel Barrese** enjoy some of their last moments together as seniors.

8.

Senior Banquet

On Thursday night, June 2, the senior class came together for the much anticipated senior banquet, taking off from Ludlow at 3:00 p.m. and arriving in Boston at 5:00 p.m. Unlike past years, the senior class held their banquet on a boat in the Boston Harbor, rather than at the local Hu Ke Lau restaruant. With a sufficient meal, a little room to dance, and high hopes of making the night memorable for all, seniors made their way to the dance floor, where the DJ started spinning the music, leading to a fun and enjoyable night. Watching the sunset together and looking at the gorgeous city lights of Boston at night, seniors spent their last night together recalling the good times of the past, enjoying the present, and looking forward to what the future had to offer. The night came to a close with Mr. Brian Walsh's infamous beat boxing. And what a way to end it!

7.

6.

6. **Anthony Bernal** and **Kristin Kwajewski** take time to enjoy the view from the ship. "The Boston trip was good because it was the last time we came together and for the most part everyone participated," said **Bernal**.

7. Throughout the banquet, the top deck was a hot spot for all students. With beautiful weather and a beautiful view, students could not have asked for a better way to bring their high school careers to an end.

8. Dressed up and ready for a night of fun, students patiently waited outside the deck before boarding the ship. "The whole evening was nice. It got breezy at the end of the night, but the view was beautiful, and it was just a great way to wrap up senior year," said **Meagan Fuss**.

Graduation

On Friday, June 3, families, friends, and soon-to-be graduates gathered at the University of Massachusetts (Amherst) Mullins Center for what is said to be one of the best graduation ceremonies in all of Western Massachusetts. Seniors assembled together, awaiting to achieve one of the greatest milestones of their lives. Walking in together to "Pomp and Circumstance" played by the symphony band under the direction of Ms. Cynthia Koch, the Class of 2005 looked breathtaking in maroon and white caps and gowns. The concert choir then performed "Fly Free" by Dan Basing with senior members singing with the choir for the last time.

Valedictorian Brittany Hebert gave an inspiring farewell address telling classmates to seize the day for "although we do not know where the road will take us, we know that we take with us our memories and friendships, which have defined us through the years. Our memories, just as a shadow reflects our true contour, reflect the people we will become and the lives we will lead."

After the heartfelt message, the symphony band played once again, but this time the melodic sounds of Andrew Lloyd Webber from "The Phantom of the Opera."

Class vice-president Brian Ridley gave a unique graduation message, comparing high school to jail. "Early in the summer of 2001, 228 teenagers were charged with one of the biggest felonies known to man; we all graduated from middle school. Our punishment was a four-year sentence to the big house, otherwise known as Ludlow Senior High School."

(Continued on page 151)

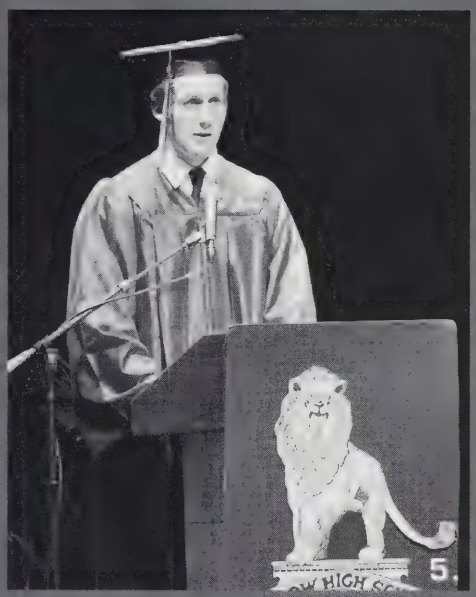
1. Senior **Joe Clemente** walks into the Mullins Center, prepared to graduate, with girlfriend junior **Amanda Holley** by his side.

2. Seniors stand together during "The Star-Spangled Banner," which was sung by the concert choir.

3. Junior archbearers hold arches of flowers over the heads of seniors during the procession.

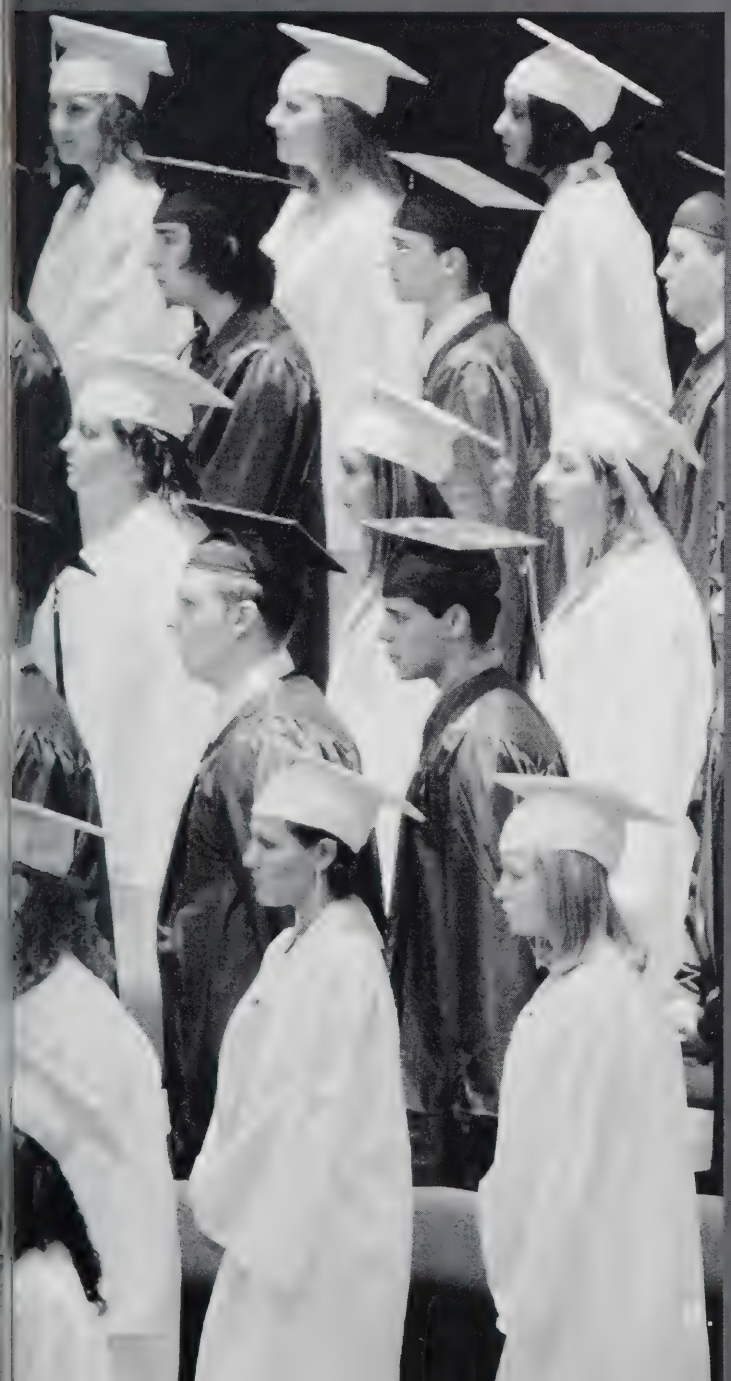
4. New graduates **Jesse Riccotti**, **Scott Locca**, **Sean Smith**, and **Dan Barosso** congratulate one another while walking off the stage. "The ceremony was not, but I'm just glad that high school is over," said **Smith**.

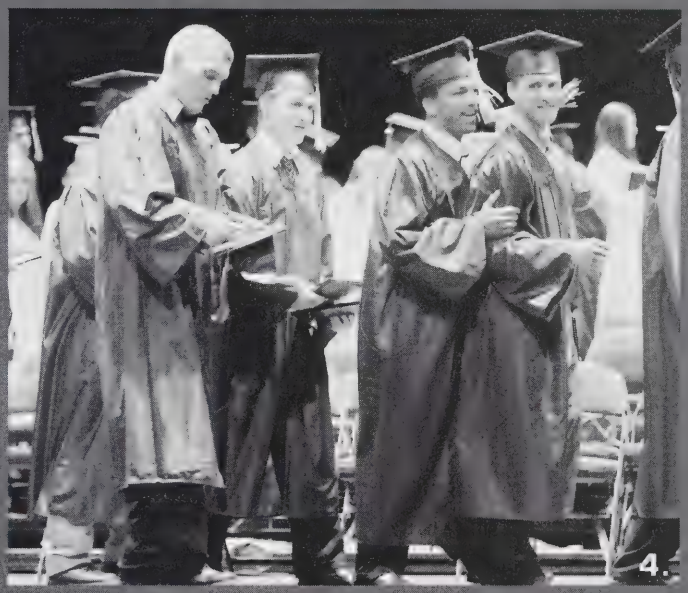
6.


5.

5. During the graduation message, class vice-president **Brian Flatley** tells classmates "We have yet to experience a fraction of what the world has to offer. We can dwell on the past with regret, or we can use that same regret to empower us to milk every opportunity the future offers us."

6. Valedictorian **Brittany Hebert** rereads her speech, nervously awaiting her moment on stage, as fellow seniors **Ashley Parent**, **Lauren O'Neil**, and **Nicole Silva** prepare for their time on stage as well.




4.

3.

Ludlow Education Association Award
Number 1 Ranking Student
Brittany Ann Hebert

Peter Boita Award
Excellence in the Study of Mathematics
Jennifer Lyn Blanchard

Foreign Language Award
Excellence in the Study of Foreign Languages
Leeann Marie Salvador

Francis R. Duclos Science Achievement Award
Excellence in the Study of Science
Jennifer Lyn Blanchard

Florence M. Saulnier Award
Excellence in the Study of English
Jennifer Lyn Blanchard

George E. Russell Award
Excellence in the Study of Literature
Nicole Alexa Silva

John J. Hurley Award
Excellence in the Study of Social Studies
Michael John DaSilva

Paul R. Baird Ludlow Legion Post 52 Award
Excellence in the Study of United States History
Jennifer Lyn Blanchard

Bernard Burns Art Award
Excellence in the Study of Art
Zachary Robert Repko

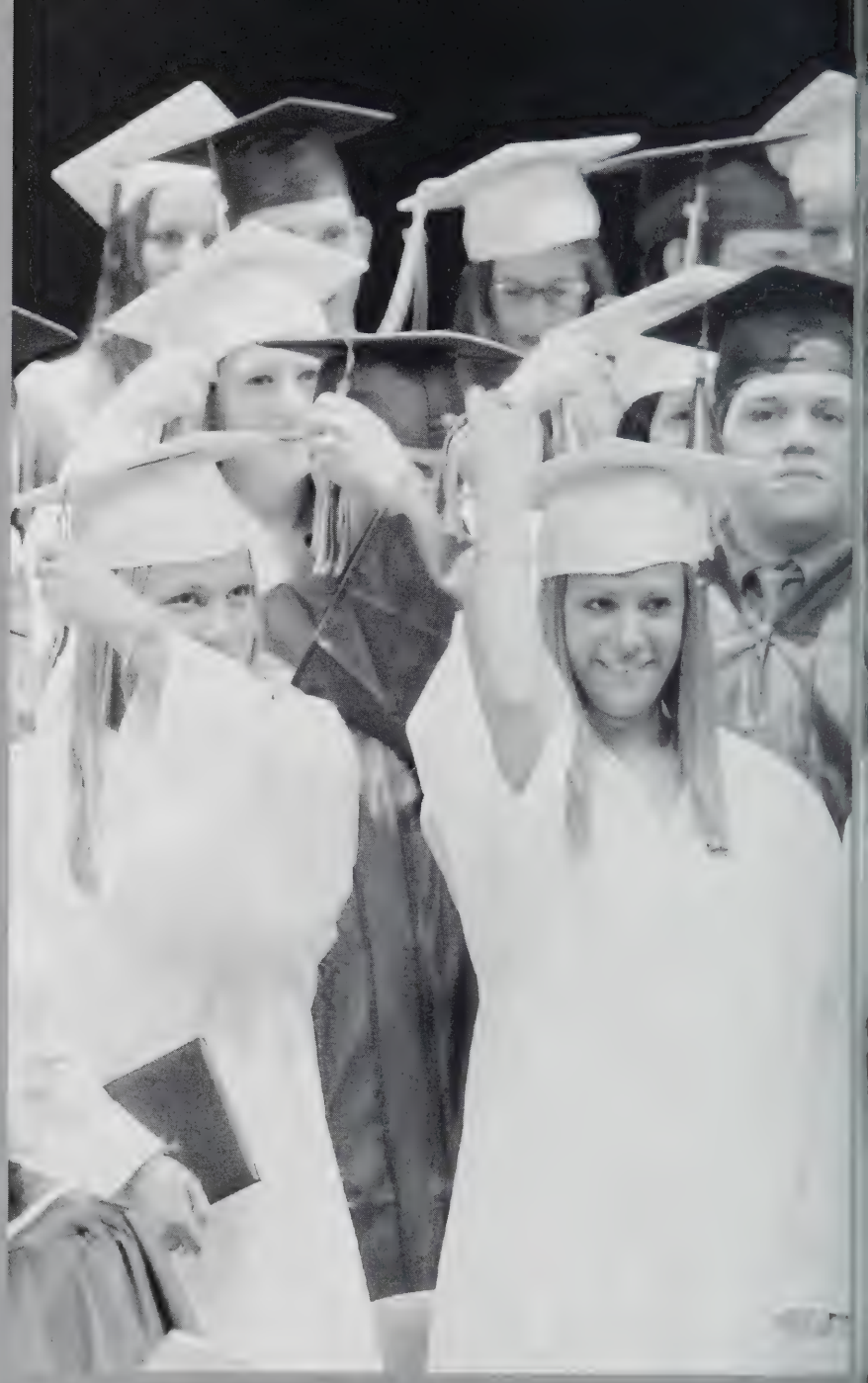
Gregory Wrinn Award
Excellence in the Study of Choral Music, Music History, and Music Theory
Lori Lynn Milbier
Cara Ann Stokowski

John Philip Sousa Band Award
Excellence in the Study of Instrumental Music
Alexander Casimiro
Kathryn Marie Doyle

Ludlow High School Award for Excellence in Girls' Athletics
Who Best Exemplifies the Combination of Athletics, Academics, and Good Sportsmanship
Erin Kathleen Mislak

James P. Rooney Award for Excellence in Boys' Athletics
Who Best Exemplifies the Combination of Athletics, Academics, and Good Sportsmanship
Scott David Lecca

American Legion Award
School Citizenship Award
Nicole Alexa Silva



1.

6.

Graduation

(Continued from page 148)

Following Flatley's speech, Mr. Gordon Smith presented 14 awards to students who excelled in different areas, including athletics and academic achievements. Superintendent Dr. John Welch then gave a few words of encouragement telling the graduating class members continuously to challenge themselves. He presented the class of 2005 to school committee chairperson, Mr. Christopher Chartrand, who then brought the ceremony to its most important part, the awarding of diplomas

208 students were awarded diplomas on stage and all had their time to shine. After all diplomas were awarded, vice-president Brian Flatley led the turning of the tassels, a symbolic gesture of graduating from high school.

The concert choir then sang the Alma Mater with new graduates joining their predecessors in standing. When the solemn ceremony was done, the celebration on stage began with silly string, streamers, confetti, and just about anything else decorative that could be thrown in the air. After celebrating their great achievement, the class of 2005 walked off stage, prepared for the world and whatever it had to offer.

5.

4.

2.

1. **Ashley Doughty**, **Katie Oski**, and **Carolyn Bourdeau** stand happily with their newly-received diplomas.

2. **Jackie Quiterio** walks off stage looking up at her family in the stands.

3. **DJ Goncalves**, **Craig Regnier**, **Peter Porra**, **Mike McLean**, and **Kyle Lewis** take a minute to capture the moment after graduating.

4. **Jenny Blanchard** walked away not only with a diploma, but four awards.

5. **Brittany Hebert** encouraged classmates to "'explore, dream, discover."

6. Seniors shift their tassels to show their graduated status.

~~~~~~~ A ~~~~~~~

Randy Adam
18, 115, 139, 147

Joseph Almeida
18, 90, 91

James Alves, "State-champ"
18, 72, 73, 115
"M.O.B."
Mahaneli6908@aol.com
[413]210-3617

Amanda Amaral
18, 32, 66, 140
[413]949-1007

Alicia Anderson, "Airhead"
63, 64, 65
"The greatest thing you'll ever learn is just to love and be loved in return."
–"Moulin Rouge"
Crash210215@yahoo.com

Tanya Andre, "Green"
6, 18
[413]250-8378

~~~~~~~ B ~~~~~~~

Julie Bamber, "Redneck"
11, 18, 30, 63, 124, 127, 139, 140, 147
"If you don't learn from your mistakes, there's no sense in making them."
mammabean72102@yahoo.com
[413]583-8164

Daniel Barroso
18, 64, 65, 88, 129, 141, 149

Isabel Barroso, "Outrageous"
18, 10, 127, 139, 146
"Hope you had the time of your life."
–Green Day
Bella1586@aol.com
[413]244-0086

Rachel Barroso, "Outgoing"
18, 146
"Live life to the fullest."
Babicakes8903@hotmail.com
[413]589-7343

Vitaliy Belyshev, "Russian"
18, 66, 116, 142, 143
"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."
–Matthew 6:33
v_belyshev@hotmail.com
[413]583-2444

David Benoit
80, 87, 114

Anthony Bernal
63, 147, 150
"The key to faking out the parents is the clammy hands. It's a good non-specific symptom. I'm a big believer in it. You fake a stomach cramp, and when you're bent over, moaning and wailing, you lick your palms. It's a little childish and stupid, but then so is high school."
–Ferris Bueller
[413]222-0255

Matthew Bettencourt
18

George Blake
18, 30, 135

Jason Blanchard, "Chewy"
18, 31, 63, 67, 94, 133
"Well life is a beach, and you've got the sun and the sand in your suit all within your reach... we've gone to build castles in sand and go swimming, it's time for our play..."
–Piebald
jaypowers@hotmail.com
[413]262-4228

Jennifer Blanchard, "Oboe"
18, 63, 64, 66, 67, 139, 142, 143, 151
"You are the music while the music lasts."
–T.S. Eliot

Michael Bouchie, "Ham"
18, 31, 65, 91, 134
"Last chance kids, it's time to rock! It's time to move! It's time to live! Last chance kids, before we're old, before we're tired, before we give."
–NORA
allthat12emains@aol.com
[413]627-8963

Carolyn Bourdeau, "Outgoing"
18, 128, 150
"Follow your tracks because they may lead you to higher ground."
[413]330-3174

Amanda Bradley, "Caring"
19
"Leave nothing for tomorrow which can be done today."
–Abraham Lincoln
Monkey27Pricess@aol.com

Keith Bradway
19, 128

Nicholas Bruschi, "Italian-Stallion"
19, 30, 32, 64, 65, 66, 72, 73, 93, 106, 114, 115, 131, 139
"No matter how far we go or how many seconds tick away, we will always have these memories to look back on when we are lost."
Broosh112@netscape.net
[413]246-0883

Lauren Burtch, "Obnoxious"
6, 19, 63, 65, 66, 120
"The greatest gift you'll ever learn is just to lov and be loved in return."
–"Moulin Rouge
oOPinkertonOo@aol.com
[413]330-4495

Michael Burtch, "Dummy"
19, 31, 63, 65, 66, 138, 140
"Listen, not a year goes by, not a year that I don hear about some escalator accident involving som kid which could have easily been avoided had som parent– I don't care which one– but some parer conditioned him to fear and respect tha escalator!"
–Brodie Bruc
[413]530-8889

~~~~~~~ C ~~~~~~~

Joshua Carpenter
19, 134, 141

Dylan Carr, "Impulsive Spaz"
19, 136
"You're not here for a long time, you're here for good time."
–Uncle Quagg

Alexander Casimiro
19, 31, 64, 133, 146

Matthew Chaves
19, 128, 134

José Clemente, "Chemical Spill"
19, 147, 148
"You're as good as a poopy-flavored lollipop."
Dias08201899@cs.com
[413]547-2595

Brian Coelho
19, 81, 114

Matthew Coelho, "Mexican"
140
"When you're lost, you can always look to you friends and loved ones to find your way."
chopch42086@yahoo.com
[413]583-3546

Katelyn Collette
19, 94, 95, 115, 119, 120, 138, 140, 147
"Don't cry because it's over, smile because i happened."
K_Collette_2005@hotmail.com

Eric Colon

Randy Cookish
32

Nicholas Correia, "Skinny"
15, 16, 19, 61, 66, 120, 127, 130, 138 140, 147
"Oh, you're hot!"
Nicker09@aol.com
[413]519-3018

aniel Costa
9, 135

nanda Crespo
9, 138

even Crespo
9, 72, 115, 124

aig Crowther
i, 20, 60, 113, 114, 119, 120, 131, 139, 47

vid Cummings
1

thony Curto, "Open-minded"
, 64, 114
ay the force be with you always."
–Obi Wan Kenobi
ebhead111186@hotmail.com
3]885-0040

~~~~~~~ D ~~~~~~~

ristopher D'Angelo, "Determined"
, 20, 66, 86, 87, 115, 116, 119, 139, 1
... Carpe Diem."
3]626-0384

son DaCosta

lissa DaCruz, "Plastic"
70, 116
eams are answers to questions we haven't red out how to ask."
–"X-files"
3]589-1711

nee DaSilva, "Gullible"
32, 140
e my money right where I can see it... hanging y closet."
–"Sex and the City"
dies425@netscape.net
3]427-3855

hael DaSilva, "Iceman"
20, 61, 63, 66, 67, 98, 99, 120, 147
rything is OK in the end. If it's not OK, it's not end."
han2750@aol.com
3]478-7683

cey Dalby, "Determined"
20, 63, 94, 115, 128, 136
true to yourself, and you will never fail."
987@msn,com
3]583-4782

n Davis
115

hael Day, "Mischievous"
20, 112
"Live strong, play hard, and remember what's worth remembering."
Mike71203@hotmail.com
[413]589-0505

Michael DeChellis
20, 123

Ruben DeSousa
20, 115, 134

Sarah DeWolf, "Kind"
16, 20, 96, 115, 139
"It is nice to be important, but it's more important to be nice."
SarahRD1129@aol.com

Deanna DelNegro, "Sparky"
64, 65
"High school is a journey each one of us must share. All of us are players; it's just like truth or dare. Truth is all the struggle that our emotions must endure. Dare is all the physical; we each think we hold the cure. Now that we are all grown up and travel our separate ways, we will always remember our Ludlow High School days."

Andrea Dias
20, 30, 31, 10, 147

Jeffrey Dias
20, 32, 72, 73, 115

Lisa Dias
21

Steven Dias
21

Nicholas Dominique
21

Ashley Doughty
21, 127, 138, 146, 150

Lauren Dowd
21, 32, 146

Candie Downer
21

Kathryn Doyle, "Tree-hugger"
13, 21, 62, 64, 65, 67, 120, 138, 142, 146
"Music should go right through you, leave some of itself inside you, and take some of you with it when it leaves."
–Henry Threadgill
Kathryn.Doyle@uvm.edu
[413]330-9088

John Dugre
21

~~~~~~~ E ~~~~~~~

Travis Easton
6, 21

~~~~~~~ F ~~~~~~~

Stacy Faulha
21, 125

David Fernandes, "Millhouse"
21, 130
"Class of two thousand millennia withheld by boundaries, released on thriving innocence and evil. The moment has come to go out and flourish or to fail and wither away. As we bid our farewell, it is time to go out beyond these walls and... farewell."
Soaddragonx1@aol.com

Jessica Fernandes
21

Jayson Ferreira, "Optimistic"
21, 113, 134
"Defining your limits to imagine is imagination at its best. Life is too important to take seriously."
–Corky Siegel, Semper Fi
Ferreira23@gmail.com
[413]583-0176

Viviana Fialho, "Loud"
16, 21, 130, 138, 146
"Always follow your dreams."

Eric Figueiredo
21

Brian Flatley, "Chezens"
21, 31, 63, 67, 86, 114, 116, 141, 149
TheB032@aol.com
[413]297-9915

Rachel Fonseca, "Dirty"
22, 63, 66, 70, 71, 92, 104, 113, 114, 116, 119, 139, 140, 141, 147
"Never regret anything you've done because at one time or another it was what you wanted to do."
Nike15916@aol.com
[413]244-0339

Nicole Francisco, "Original"
10, 22, 61, 62, 66, 67, 147
"You must be the change you wish to see in the world."
–Mahatma Gandhi
nfrancisco1286@hotmail.com

Michael Freitas
22, 31, 124

Joshua Fuller
22

Megan Fuss, "Spirituelle"
22, 62, 66, 142, 146
"But the most exciting, challenging, and significant relationship of all is the one you have with yourself. And if you can find someone to love the you you love, well, that's just fabulous."
–"Sex and the City"
eyelids_flutter@yahoo.com
[413]262-3848
~~~~~~~

~~~~~~~ G ~~~~~~~

Marcin Gadziala, "Woosah"
22
"Always be happy for what you have, not sad for what you do not have."
wichura69@hotmail.com
[413] 330-5459

Amanda Gagnon, "Psychotic"
22, 64
"12 years too long but 12 years too short. Friends start to part but true friends stay by you forever... through anything... til the end."
Mustang3355@msn.com

Lindsey Gaudreau, "Nirvanic"
5, 22, 31, 120, 146
"If they give you ruled paper, write the other way."
–Juan Ramon Jimenez

Michael Gavoni, "Gavoni"
11, 22, 90, 127, 138, 147
"So come with me, where dreams are born, and time is never planned. Just think of happy things, and your heart will fly on wings, forever in never never land!"
–Peter Pan
MAGiovannii@aol.com

Richard Gavoni
22, 30, 91, 138

Erin Gibbons, "Innocent"
13, 22, 66
erinnizzle@yahoo.com

Laura Gilmore, "Honest"
"Success is falling nine times and getting up ten."
–Jon Bon Jovi
Oh_baby569@yahoo.com

David Goncalves, "Charismatic"
22, 63, 72, 115, 151
"The champ is here!"
–Jadakiss
Goncalves62@charter.net
[413] 244-4652

Felicia Goncalves
22, 32

Julia Goncalves, "Princess"
15, 22
"Remember that you are the only person who can see things from your angle. Share your vision."
–Rita Dove
dpxstarletxdp@aol.com
[413] 896-4679

Kristen Goncalves, "Animated"
22, 32, 61, 63, 66, 92, 101, 114, 116, 138, 139, 147
"It's not where you come from, but where you go. It's not what you drive, it's what drives you. It's not what's on you, it's what's in you..."
–Nike
gonz2187@att.net
[413] 330-4847

Tiffany Goncalves
22, 31, 139, 146

Yezenia Gonzalez
23, 120, 139

Erin Gosselin
23, 32, 138, 146
"Do not follow where the path may lead. Go instead where there is no path and leave a trail."
–Ralph Waldo Emerson

Christopher Graf
23, 31

Michael Graham, "Conservative"
11, 23, 60, 66, 67, 74, 75, 95, 99, 114, 180
"Have you ever let a balloon drift away and later say 'I wish I would've attached myself to it?'"
–Andrew McShan
bluelinemedic22@aol.com
[413] 348-0894

Lindsey Greentree
23

Thomas Guberow, "Polish"
23
"If it's not lit, then light it."
TGuberow@hotmail.com
[413] 244-0455

Tomasz Guberow

Maren Gulbrandsen, "Visionary"
7, 23, 31, 63, 65, 66
"There's nothing you can know that isn't known, nothing you can see that isn't shown, nowhere you can be that isn't where you're meant to be, it's easy. All you need is love."
–The Beatles
limbohorrow@yahoo.com
[413] 221-6820

~~~~~~~ H ~~~~~~~

John Hangasky, "Hangman"
23, 66, 108, 109, 114, 117, 120, 139
"The body will heal, but a loss is forever."
–Mrs. Susan Stachelek
PentagonHead569@aol.com
[413] 214-5913

Kristen Havens, "Bookworm"
23, 63
"We know what we are, but know not what we may be. Be not afraid of greatness: some are born great, some achieve greatness, and some have greatness thrust upon them."
–William Shakespeare

Brittany Hebert, "Open-minded"
23, 30, 32, 61, 62, 66, 67, 142, 149, 151, 157
"Life is not measured by how many breaths you take, but by how many moments take your breath away."
Lakergurl116@aol.com
[413] 204-2217

David Henriques, Jr.
23

Meghan Hill, "Plastic"
7, 8, 23, 30, 95, 115, 119, 139
"Don't let your dreams be dreams."
–Jack John
BabyB5512@aol.com
[413] 330-4393

~~~~~~~ I ~~~~~~~

Jonathan Iwasinski

~~~~~~~ J ~~~~~~~

Salena Jedrzejczyk
23, 146

Matthew Johnson
133, 137

Alexander Jorge, "Bubble"
15, 23, 30, 31, 32, 61, 62, 63, 66, 114, 131, 142, 180
heidiscuecas@gmail.com
[413] 204-9393

~~~~~~~ K ~~~~~~

Michael Kane, "Adventurous"
8, 23, 86, 87, 116, 119, 141, 147
"Ew... I've always believed that if you put in the w the results will come. I don't do things h heartedly. Because I know if I do, then I can exp half-hearted results."
[413] 478-5161

Jung Kang, "One-of-a-Kind"
24, 30, 32, 61, 62, 63, 66, 67, 120, 1 140, 145, 180
"People will forget what you said, people will for what you did, but people will never forget how made them feel."
–Maya Ang
juKa01@gmail.com
[413] 222-7633

Kara Kapinos
24

Kristen Kwajewski
24, 123, 127, 138, 140, 147
"A friend is someone who walks in when the re the world walks out."

~~~~~~~ L ~~~~~~

Jessica LaCosse
24

ustin LaMontagne, "Demyze"
1
Your future is what you make of it. Chase your reams and never settle for less."

essica Lamica
5, 24, 60

van Lang
4, 114
There will be many obstacles and challenges in e, but in the end you will have leanred from them l. They will have made you stronger mentally and piritually. Good luck."
-13]237-3726

ichard Laterreur
4

evin Laviolette

aniel Lavoie, "Political"
0, 24, 30, 32, 60, 61, 66, 67, 115, 142
R... Yesterday is over my shoulder, so I can't look ck for too long, there's just too much to see aiting in front of me, and I know that I just can't go rong."
–Jimmy Buffet
anLavoie@charter.net
13]583-6652

anessa Leal, "Perfectionist"
1, 24, 30, 31, 62, 66, 101, 142
am not afraid of tomorrow, for I lived through sterday, and I smiled through today."
13]262-6185

eorge Leastman, "Basement"
4, 63, 80, 92, 113, 114, 131, 139, 147
w... Have fun in high school with your friends cause they're the best friends you will ever have."
an205@aol.com
13]262-8200

cott Lecca, "Berserker"
4, 32, 88, 108, 109, 114, 116, 117, 120, 27, 139, 141, 149
igh school was a blast. I was proud to be a part football, wrestling, and volleyball for four years. I n honestly say I got the most out of every day re. Good luck to everyone."
cottyL140@yahoo.com

ah Letourneau
0, 15, 24, 66, 104, 113, 114

rah Levesque, "Cookies"
5, 24, 71, 85, 100, 116, 120, 138
ever make someone your priority when you're ly their option."
o1828@ yahoo.com
13]218-0278

le Lewis, "Canada"
4, 115, 118, 151
ed Sox world champs. Patriot world champs. aduating. Can't get any better than that."
er3@yahoo.com
13]636-6880

Michelle Liaszenik
24, 62, 64, 65, 67, 141

Ross Lopata
25

Thomas Lopata
25, 135

Stephanie Lopes, "Funny"
7, 25, 65, 66, 120, 127, 130
"Everything happens for a reason."

Anthony Lorenzi

Michelle Lynch, "Monica"
12, 25, 66, 96, 97, 115, 138, 146
"You may be disappointed if you fail, but you are doomed if you don't try."
twins7@peoplepc.com
[413]222-9943

Monica Lynch, "Michelle"
12, 25, 66, 67, 96, 97, 115, 138

~~~~~~~ M ~~~~~~~

Karyna Machado, "Hot"
25, 32, 120, 127
"Don't stress. Don't fight. Just make the most of life."
–Mariah Carey
[413]244-9808

Jason Magalhaes
25, 73, 115

Dwight Manganaro, "Tassels"
15 25, 80, 81, 114, 119, 131, 138, 139, 140, 147
"I cut your bloody arm off!"
"'Tis but a flesh wound."
–Black Knight ("Monty Python in Search of the Holy Grail")
STRONGLIKEBULL86@aol.com
[413]330-9007

Jessica Martins
6, 25

Michael Martins
141

Kelly Mateus, "Hungry"
25, 130
"Love the small things in life, be spontaneous, waste your money, party hard, laugh (even when it's not that funny), do something new, love your family, stay close to true friends . . . have the time of your life."
minimacker03@aol.com

Kelly McAllister
25
"The best memories are the ones you can't explain; you just had to be there."
–Unknown
Superkell8903@aol.com
[413]244-8126

Kerri McCauley
25

Lauren McFarlane
25

John McGovern
25

Jeffrey McGregor
25, 32

Michael McLean, Jr.
151

Jason McMahon, "Idosyncratic"
25
"My daughter knows a guy who got a 1200 on his SAT and he could't find his way out of a bag."
–Mrs. Ziencina

Kristina Merced, "Bootylicious"
26, 32, 120, 127, 139
"I've had the best experience of my life and none of you can ever be replaced! The class of 2005 will forever be in my heart. '05 Holla! I love you, Jungy."
Krissy7227@aol.com
[413]896-9160

Patrick Meuse
26

Lori Milbier, "Melodious"
16, 26, 31, 64, 65, 67
"We are the music makers, we are the dreamers of dreams."
–Arthur O'Shaugnessy
Musica2210@aol.com
[413]627-1190

Christine Miranda
130

Grace Miranda
130

Erin Mislak, "Indescribable"
26, 31, 63, 71, 92, 93, 100, 114, 116, 140, 145, 147, 150
"In life there are tears, smiles, and memories. The tears dry, the smiles fade, but the memories will last forever."
ekm39@aol.com
[413]335-7688

Katibeth Mol, "Captain"
26, 31, 111, 116, 145, 150
"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."
–Michael Jordon
Tommygirl210@netscape.net
[413]335-2763

Alex Montagna, "Crazy"
26
"I like my lawn mower. It cuts up my grass."
ACMIN@hotmail.com
[413]231-7926
~~~~~~~

Lisa Morel, "Squishy"
26
"If life gives you ruled paper, write the other way."
–Kurt Vonnegut
lisarooxox@aol.com
[413]374-6233

Jaclyn Moreno, "Chicken"
26, 139, 146
"Turn your frown right side round!"
[413]244-9420

Antone Motta
26, 64, 69, 88, 116

Nicholas Moutinho
13, 26, 31, 32, 60, 106, 107, 113, 132, 135, 139, 141

Justin Murray
15, 26

~~~~~~~ N ~~~~~~~

Shellane Natario, "Ambitious"
8, 26, 94, 104, 111, 115, 127, 128, 138
"'Dont be sad because it's over; be happy that it happened!' I'll miss you guys. Good luck, class of 2005."
SpoiledDancer225@yahoo.com
[413]627-2430

Alexandra Norwood
30

~~~~~~~ O ~~~~~~~

Kaitlin O'Donnell, "Fiery"
13, 16, 26, 66, 84, 96, 115, 116, 140, 148
"We all have moments of desperation. But if we face them head on, that's when we find out how strong we really are."
–"Desperate Housewives"
Smoothee11@msn.com

Lauren O'Neil
26, 120, 123, 136, 149

Bryan Olmeda

Katherine Oski
26, 150

~~~~~~~ P ~~~~~~~

Ashley Parent, "Fiesty"
10, 13, 26, 62, 66, 67, 120, 138, 146, 149
"Life shrinks or expands in proportion to one's courage, so 'dreamventi!'"
–Anonymous
[413]210-3733

Domenico Pellegrini
27, 72, 73, 115, 118, 134

Jocelyn Pereira
27, 63, 100, 101, 116, 139, 140
"Throughout life people will make you mad, disrespect you, and treat you bad. Let God deal with the things they do, cuz hate in your heart will consume you too."
Jocey786@aol.com
[413]583-8583

Ashley Pestana, "Cynical"
27, 62, 100, 140, 142, 145, 151
ash4887@verizon.net
[413]575-5420

Danielle Petrolati, "Princess"
27, 6, 127, 146
"Everything happens for a reason"
–Quoted by Nicole Pollard
[413]244-7587

Steven Pettengill
130

Sarah Pfefferkorn, "Fiesty"
27, 120
Crazyyy55@aol.com
[413]636-5232

Stefanie Pinto
27

Peter Porra
27, 134, 151

Christian Potter

Heather Proulx
27

Jonathan Proulx, "Content"
27, 117, 134
"It's hard to stay mad when there's so much beauty in the world. Sometimes I feel like I'm seeing it all at once, and it's too much. My heart fills up like a balloon that's about to burst... And then I remember to relax, and stop trying to hold on to it, and then it flows through me like rain and I can't feel anything but gratitude for every single moment of my stupid little life... You have no idea what I'm talking about I'm sure. But don't worry, you will someday."
–"American Beauty"
JohnnyP723@yahoo.com

Vincent Provost, "Luscious"
27, 88, 89, 124, 127, 146
"A person should not believe in an -ism. He should believe in himself. I quote John Lennon. 'I do not believe in Beatles, I just believe in me.' Wise words, after all he was 'The Walrus.' I could be the walrus. I'd still have to bum rides to school."
–"Ferris Bueller's Day Off"
Vinman1232000@yahoo.com

~~~~~~~ Q ~~~~~~~

Jaclyn Quiterio, "Splendiferous"
27, 151

"The more you talk the less people will listen."
[413]575-8364

~~~~~~~ R ~~~~~~~

Nicholas Rakouskas
27

Jessica Ratkiewicz
5, 27, 62, 120, 123, 129, 146
"Sunny days wouldn't be so special if it wasn't f rain. Joy wouldn't feel so good if it wasn't for pa Death's gotta be easy cause life is hard."
–50 Ce
JRax383@aol.com
[413]531-9786

Craig Regnier
27, 32, 63, 99, 114, 146, 151
"It is not the critic who counts, not the one w points out how the strong man stumbled or h the doer of deeds might have done better. T credit belongs to the man who is actually in t arena."
–Theodore Roosev

Jesse Regnier
27, 32, 60, 62, 66, 77, 106, 114, 11 131

Zachary Repko
7, 28, 65, 67, 134

Jesse Risciotti
149

Francisco Rodriguez

Antonio Rosa
28, 30, 32, 72, 115, 147

Gillian Roy
28, 140

Natasha Roy
28

~~~~~~~ S ~~~~~~~

Leeann Salvador
28, 62, 66, 120, 129, 142, 146, 147
"Don't let the fear of striking out keep you fro playing the game."
–Unknov
[413]374-7356

Nicholas Sanchez
14, 28, 66, 67, 129, 142

Jacob Santucci
28

Stacey Seguro
16, 28, 130, 139, 146
"Never forget the good times."
angelbabi722000@yahoo.com
[413]896-1538

essica Sevivas

atrick Shaheen, "Irish"
3, 128, 130
ife's a journey. You travel many roads until you d up at your destination. You only live once so ke nothing for granted and always remember ur friends and where you came from. It will ake you a better person in the long run."
ystatepat@yahoo.com

assie Shields
23

bert Showalter, "Virginian"
28, 114

cole Silva, "Cultured"
, 28, 60, 61, 63, 66, 67, 104, 113, 114, 0, 142, 143, 149
ope the exit is joyful. And I hope never to return."
–Frida Kahlo
ilva87@gmail.com

rtis Simpson
l

an Smith
, 65, 149

ic Smola
, 142

cole St. Marie, "Oscar de la Renta"
, 137
u got your passion. You got your pride. Don't know that only fools are satisfied? Dream on, don't imagine they'll all come true. When will realize Vienna waits for you?"
–Billy Joel
3]231-4510

anda Stewart, "Original"

like to go by climbing a birch tree and climb ck branches up a snow-white trunk toward ven, till the tree could bear no more, but dipped op and set me down again. That would be good h going and coming back. One could do worse n be a swinger of birch trees."
–Robert Frost
lemandee@yahoo.com
3]335-9373

ra Stokowski, "Bubbly"
, 30, 31, 60, 61, 62, 63, 65, 66, 120, 7, 140, 146
ey may say I'm a dreamer, but I'm not the only ."
–John Lennon
rrdust1415@charter.net
3]589-7040

cy Suares, "Intolerant"
, 125
e future belongs to those who believe in the uty of their dreams."
–Eleanor Roosevelt
iammestacy@yahoo.com
[413]330-0573

Michael Suleski

Jessica Szlosek, "Fabulous"
12, 29, 61, 63, 66, 74, 104, 105, 113, 114, 138
"I love gold!"
[413]348-6318

~~~~~~~ T ~~~~~~~

Justin Tunis
69, 114, 116, 151, 169

~~~~~~~ V ~~~~~~~

Elizabeth Valadares
29, 130

Rocio Valdez

Kenneth Valentine, "Pariah"
29, 63, 133
"I was certain we would always be remembered, although our past had already faded in the public's eye. The basis of my certainty lies within the reaches of my own eyes. I would be the one remembering, and that's all that really matters. That's all that really matters."
–Salad Days
skanking.till.death.@gmail.com
[413]433-1272

Jean Vecchiarelli
29

Nathan Venancio, "Festa"
29, 30, 32, 61, 63, 64, 65, 66, 138
"I guess it comes down to a simple choice really: get busy living or get busy dying."
–"The Shawshank Redemption"
Chevellenate2005@yahoo.com
[413]589-7608

~~~~~~~ W ~~~~~~~

John Walker
29, 141

Jocob Whitworth
29

Leah Williamson
29, 84, 116

Megan Williamson, "Random"
29, 32, 63, 70, 84, 85, 100, 101, 116, 118, 147
"Sometimes letting go is the only way to move forward..."
Willy0016@hotmail.com
[413]262-8030

Alicia Wood, "Cinnamon Toast-Crunchasarus"
29
"Forget about the past. The best of times will last. Forget about the pain cause you can't take it back."
–Throwdown

Angela Wozniak, "Unpredictable"
29, 63, 66, 71, 116, 139, 140, 141, 147
"Make the best of every situation because in life things happen for a reason."
Angie8610@aol.com
[413]478-7436

~~~~~~~ Y ~~~~~~~

Erica Young, "Thigmotaxicic"
29
"People don't think about simple things like what a flower feels like when you touch it, or how long the water we drink has existed for, or how a seahorse makes love."

~~~~~~~ Z ~~~~~~~

Ashley Zarrillo, "Party"
29, 30, 63, 146
"Speak what you think now in hard words and tomorrow, speak what tomorrow thinks in hard words again though it contradicts everything you said today."
XXAley420XX@aol.com
[413]583-7921

Katie Ziencina
29, 63

Magdalena Zukowski
29

"To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty, to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded."

--Ralph Waldo Emerson

Amanda Amaral

Amanda,

Congratulations! We are so proud of you. May all your dreams come true. Please remember that we will always be there for you no matter what. We know that whatever you set out to do you will accomplish. Thank you for bringing so much joy and happiness into our lives.

Love,
Mom and Armando

Rachel Barroso

Time has passed so quickly! Through the years we've watched you grow into a strong, spirited, and beautiful young woman. We wish you a world of love, health, and happiness with which to spread your wings.

With unconditional love,
Mom, Dad, Jim, Ana, Justin, Tyler, and David

Isabel Barroso

Congratulations,
Isabel

We love you so much,
Mom and Dad

Carolyn Bourdeau

Congratulations, Carolyn

You have become quite the young lady over the years. We hope you will be successful in everything you do. We hope happiness will follow you wherever you go. You will always be cherished.

Love you, honey,
Mom and Dad

Brian Coelho

Brian,
Thank you for the joy you have brought to our lives. You will always be our MVP, "Most Valuable Person."

Love,
Gram & Pops

Brian Coelho

Bri –
Be happy, have fun, and never forget you have a cousin that thinks you are the greatest!

Love you lots,
Tyler

Brian Coelho

Brian,
I am very proud of all your accomplishments, both in football and in school. Never compromise your goals.

Love,
Dad

Anthony Curto

Anthony,
We love you and are proud of you.

Love,
Mom and Rich

Sarah DeWolf

Sweet Sarah,
Congratulations!
We are so very proud of your accomplishments. Continue working hard – stay as sincere and sweet as you've always been, and you'll be very successful in life.

Keep smiling,
Love,
Dad, Mom, Heather, and Emily

Dylan Carr

What a long strange trip it's been, baby!!
So glad you made it!

Love,
Your family

Kathryn Doyle

Katie,

Always follow your dreams and reach for the stars. You march to your own beat and that makes you so very special. May your journey be filled with many adventures and exciting detours.

Congratulations, we are very proud of you.

Love,
Mom, Dad, and your better Hermana

Rachel Fonseca

Rachel,

"My sweet baby girl"

You have always managed to find your own way, and have had the strength and courage to follow that path. Let that be your guide as you make your way through life, and it will lead to success and happiness in whatever you do. We are very proud of all your accomplishments. Enjoy, have fun, and remember attitude is everything...

Love,
Mom, Dad, and Phil

Shellane Natario

Congratulations!

I wonder what the future holds?

Love,
Mom, Nick,
Andrew, and
Natalie

Look out, Hollywood!

Stacy Dalby

Stacey,

Congratulations on your graduation. All your hard work and determination has made your family in England very proud.

While you move through life, your family will always be there to offer help and support.

We wish you health and happiness while you chase your dreams. Life is short so enjoy every minute that it gives to you.

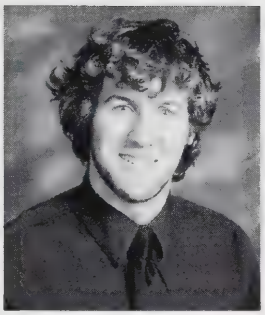
All our love,
Mum, Dad, Robert, and
your family in England

Shellane Natario

Shellane,
The past is behind.
The future lies ahead.
We are so proud of you.

Love,
Nonne and Guppy

Brian Flatley



Congratulations, Brian!

Always strive to do
the best you can!

Love,
Dad, Nira, Edward,
Jeffrey, and Melissa

Nicole Francisco

Nicole,

You fill our hearts with happiness. We are so proud of you. You are on your way to a new and exciting future.

Remember, reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal. May God always be with you and bring you love, peace, happiness, and success!

Congratulations
–we love you very much!

Mom, Dad, Lauren,
and Joey

Maren Gulbrandsen

To my baby girl, my best
friend. I am so proud of you!
Follow your dreams always.
I love you!

Mom

Katelyn Collette

Katelyn,

As you graduate and get ready to make your way in the world, there are so many things we want you to remember. Remember to love who you are and where you are at every moment in time. Be happy. Remember to try your hardest, to take chances, and learn from your mistakes. Life can be confusing at times, but it's also full of surprises. Remember to make time for yourself and others, enjoy life to the fullest, and aim for the stars. Life is a highway. We want you to ride it all night long and make the most of it. We love you.

Love,
Mom, Dad, and Ryan

Thomas M. Guberow

Dear Tommy,

We are so proud of you. We wish you a world filled with love, happiness, and success for all the challenges you will face in your life.
God bless you.

Love,
Mom, Dad, Matt, Babcia, and Family

John Hangasky III

Jay,
You have grown from a cute little guy to a young man of integrity. You make us proud!

Love,
Mom and Dad

Stephanie Lopes

Nini n Honey

Friends Forever

Congratulations, Stephanie.

We love you,
Mom, Papa, Bianca, and Sullivan

Michelle & Monica Lynch

Michelle and Monica,

We are so proud of you. Continue following your dreams and you will be successful. Congratulations and good luck!

Love,
Mom and Dad

George Leastman

George,
Congratulations. I wish you all the best and will always be there for you. You have become quite the man.

Love,
Mom

Tiffany Goncalves

Tiffany,
Congratulations. We are so proud of you. May your courage and strength see you through the future. May your hopes and dreams all come true.

Love,
Dad, Mom, and Leslie

Kristen Goncalves

It's been a joy watching you grow from a bubbly little girl to a beautiful young woman. We wish you every bit of success and happiness in the future.

Reach for and achieve your goals! We love you and will always be there for you.

Mom and Dad

Lauren McFarlane

Dear Lauren,

You have made us so proud of the person you have become; a thoughtful, caring, highly spirited, strong young lady with a mind of her own. As you travel along the road of life, a journey you have just begun, you will travel down many exciting paths. Always remember to enjoy the ride and to follow your dreams. Your future is very bright.

Love,
Mom, Dad, Ash, and Britt

Daniel Lavoie

Dan,
We are so proud of all your hard work and accomplishments throughout the past twelve years. Your highway in life now continues on a new road. We wish you much success.

With love,
Mom, Dad, Buzz, and Phredi

Katibeth Mol

Kati,
Good luck in college!
We'll always be there for you.

Matt and Nick

Jackie Moreno

Congratulations, Jackie.
We're so proud of you and all of your accomplishements.

Love,
Mom and Dad

Katibeth Mol

Kati,
We are so proud of you!
May all your dreams come true!!!

Love,
Mom and Dad

Vanessa M. Leal

Our Dearest Vanessa,

The sun has shined ever so very bright on our lives since the day you were born. Throughout these short few years and a few challenges, we have watched you set your own goals and as always, you matched and surpassed them, setting new standards for yourself.

As you have been true to yourself in pursuit of your dreams, you have earned this moment and the honor to be very proud of your accomplishments.

As you set out on a new journey as a college student, your dreams will become even closer to reality. Follow your heart and reach for your dreams, never giving up. And remember, your mom and dad are always there to support you with our love for the rest of your life.

You have been, and always will be, the pride and joy of our lives. We watch and admire you beyond describable words. We are so proud of you. Congratulations and good luck!

Love,
Mom and Dad

"It is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow." – Robert H. Goddard

Danielle Petrolati

You can turn the world on with your smile.
You can take a nothing day and suddenly make it all seem worthwhile. Well it's you girl, and you should know it. With each glance and every little movement, you show it. Love is all around, no need to fake it. You can have the town, why don't you take it. You're gonna make it after all.
–"The Mary Tyler Moore Show"

From the depths of my heart,
Mom

Jocelyn Pereira

Jocelyn,
With proud eyes and joyful hearts, we've watched you grow into the wonderful young woman you are today. Never be afraid to follow your dreams.

We love
you always,
Mom and Dad

"And when you get the choice to sit it out or dance, I hope you dance..."
–Mark D. Sanders
& Tia Sillers

Stacey Seguro

Stacey,
We are very proud of you, and we love you very much. Congratulations and may all your dreams and wishes come true.

Love
Mom, Dad, and Dominic

Cara Stokowski

If you want to view paradise,
simply look around and view it.
Anything you want to, do it.
You want to change the world,
there's nothing to it!
–"Willy Wonka and the Chocolate Factory"

Reach for the stars, Cara.

Love,
Dad, Mom, and Jacob

Nicole Pollard

Good friends never die;
they live forever in smiles,
memories, and hearts.

Melissa DaCruz

Melissa,

The day you were born all my dreams came true from the moment your little hand wrapped my finger...YOU HAD ME. You will always be my baby girl. May God always guide you and keep you safe. Follow your dreams. We are so proud.

Remember that we all love you & always remember to DANCE,

Love you,
Mom, Tony, Jason, Shawn, Tanya,
Nina, Kayla, and Libby

Erin Mislak

Dear Erin,

We are so proud of you! We love you so very much! We wish you love, happiness, and success! May all your dreams come true!

Love,
Dad, Mom, and Lauren

Erin Mislak

Erin,
Congratulations! Keep smiling because the best years of your life are ahead of you. I wish you the best of luck always! I am always here for you!

Love always,
Lauren

Lauren O'Neil

Congratulations, Lauren.
We love you!

Mom, Dad, and Shannon

Ashley Judith Parent,

We are so proud of you! You are a bright and beautiful person who lovingly touches everyone you meet!

You are blessed with wonderful friends, caring educators, and a family who loves you. And we are blessed to have you!

We wish you every success, knowing that you will make a positive difference in the world!

All our love,
Mom and Dad

Leeann Salvador

To our beautiful and precious daughter, Leeann. It seems like yesterday when you came into our lives. Suddenly, our world revolved around you, and we loved every minute of it. Your smile lit up our days. Today, you're a beautiful young lady, ready to face the world. You're so full of dreams, and we hope they all come true. We love you very much, and we're so proud of you. We will always be here when you need us.

Love,
Mom and Dad

Leah Williamson

When you can say you
did your best, then you
have done enough.
We love you and are
extremely proud of you.

Love,
Dad, Mom, and Brett

Megan Williamson

Megan,

"You've got to wake up every morning with a smile on your face. And show the world all the love in your heart." (C.K.)

May you continue to persevere and succeed. We're so proud of you!

Love,
Mom, Dad, Kara, and Jenna

Nicole Silva

Nikki,
Congratulations!
We are very proud of you
and all of your accomplishments.
May all your dreams come true.

Love,
Mom, Dad, and Tyler

Jessica Szlosek

Congratulations,
Jessica

To wish you good luck in whatever you do. To wish you success and real happiness, too.
We are so proud of you in all your accomplishments.

With all our love,
Mom, Dad, and Annette

In Loving Memory
Ashley Andre
1988-2005

We will never forget you,
LHS Class of 2006

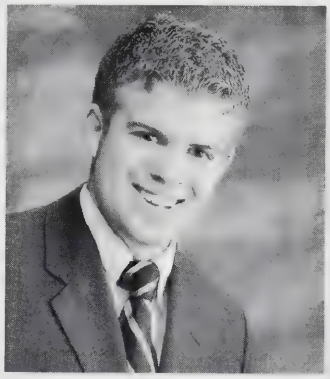
Forever in our hearts,
LHS Class of 2007

In Loving Memory
Jennifer MacDonald
1989-2005

The Ludlow Education Association

Congratulates the Graduating Class of 2005

Sarah DeWolf
LEA Scholarship



Daniel Lavoie
LEAF Scholarship

Erin Mislak
LEA Scholarship

Nicole Silva
LEAF Scholarship

Yearbook

Congratulations Class of 2005!

Best of Luck

Yearbook Staff

Nicholas Sanchez

"Parents were invented to make children happy by giving them something to ignore."
–Ogden Nash

Nick, thanks for letting us make your life miserable sometimes.

Congratulations,
Mom and Dad

Hanson Jewlers

LDS, INC. dba
HANSON JEWELERS

Owners
Susana Cardaropoli
Colleen Alves
Monica Panek

Your Jewelry Store

"Big Y" Shopping Center
441 Center Street • Ludlow, MA 01056
413.589.9088 • www.hansonjewelers.com

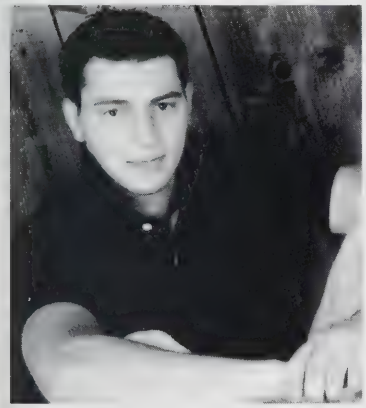
Nicholas Bruschi

Nicholas,

To dream anything that you want to dream.
That's the beauty of the human mind.

To do anything that you want to do.
That is the strength of the human will.

To trust yourself to test your limits.
That is the courage to succeed.



We are all so very proud of you and know you will continue down the road to success.

We love you,
Mom, Dad, Jake,
and Anastasya

The LHS Soccer Boosters wish the Class of 2005 continued success in your future endeavors

Congratulations, Seniors!

Seniors Michael Graham, Jessica Lamica, Cara Stokowski, and Daniel Lavoie exit the high school for the last time.

Good luck next year with college. We wish you the best of luck in all your future endeavors.

We'll miss you,
The Cub Staff

National Honor Society

Congratulations to the class of 2005!
National Honor Society

NHS members Michael DaSilva, Rachel Fonseca, Kathryn Doyle, Megan Fuss, Erin Gibbons, John Hangasky, Brittany Hebert, and Maren Gulbrandsen stand together at Class Night.

NHS advisors Ms. Michelle Fontana and Mrs. Dolores Nacewicz stand with NHS members and their friends in New York.

Boys' Track

2005 League Champions

Best wishes and good luck!

From the LHS Boys' Track Boosters

Coach Mike Gauvin, Coach Becca Gauvin, Zack Repko, Dwight Manganaro, Jesse Regnier, Tom Lopata, Nick Moutinho, Nick Bruschi, Stacy Dalby, Alex Jorge, George Leastman. (Missing Craig Crowther)

Girls' Track

Good Luck, 2005 Seniors

From the LHS Girls' Track Boosters

Coaches Brian and Amy Walsh with baby Taylor flank the 2005 girls' track team.

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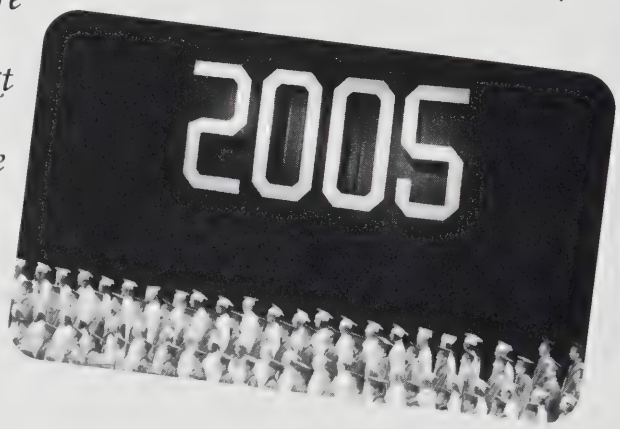
Life Is a Highway

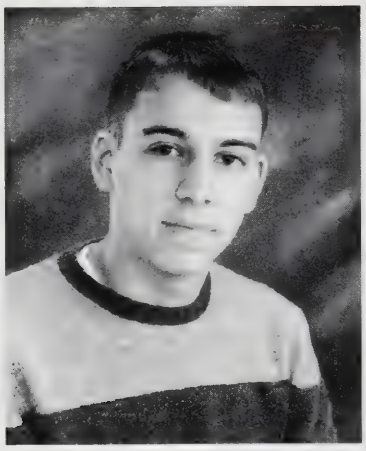
"Tell 'em we're survivors..."

On the road of life and high school, each individual has his share of bumps and obstacles. However, through the good and the bad, 208 students of the Class of 2005 found their destination on June 3, 2005. As these individuals came off the stage at the University of Massachusetts' Mullins Center, they found themselves on the road known as "the future."



Although many are still unsure of their next destination, with the knowledge, understanding, and experiences derived from high school, they have the tools to overcome whatever the road may have in store. As they journey on new roads, one thing will remain sound: friendships and cherished memories. With their eyes set on the future, these students will undoubtedly make a positive difference in the world.

Best of luck, Class of 2005. May your future lives be everything you wished them to be. After all, you've earned it.



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Co-Athletics Editor

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Leigh-Ann Malke
Junior Editor

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Yearbook Adviser

Claire Sygiel
Herff Jones
Representative

Truthfully speaking, I never imagined how much hard work, dedication, and time this yearbook wou take. I joined the yearbook organization my sophomore year thinking it was like almost any other club. You jo you come in for an hour or two, and then you go home. The difference with the yearbook was that instead coming in for an hour or two, it was more like an hour or four, or five, or six, or heck– even the whole nig Yearbook has provided me with a few things, including the ability to say, I think I'm one of the select few who h ever been locked in the school. Moreover, it has given me long-lasting memories with a staff, who kept me sa when the long hours in room C102 were getting to my head. It has also allowed me to get to know this gre group of individuals who know how to work hard and have a good time as well.

As a result, I'd personally like to thank these individuals. I realize that this isn't the Oscars or Gramm but without these people, this yearbook could not have come together. First and foremost, I'd like to recogn Mrs. Suzanne Kelley. I'm almost positive that this school has become her second home, for she spends hou upon hours here. I don't know any other faculty member who would be so dedicated to such a time consumi organization. Secondly, I'd like to thank Alex Jorge who acted as both the business manager and co-athlet editor. I suppose it's not easy to get along with someone who's in the running to rule the world against you, b despite our minor conflicts, we've both made it out alive without killing one another. Another person I'd like thank is Michael Graham. Graham worked with Alex and me all throughout the year. We became better frien including my becoming his love life consultant. (GIRLS! HE'S A GREAT GUY!) Haha. But in all seriousness, the guys were great to work with and I couldn't have asked for a better business manager or co-athletics editor

Other staff members I'd like to thank include Leigh-Ann Malke, Katelyn Dolan, Mia Santos, Ashley Pesta and Nicholas Sanchez. Ron Antonucci and Walt Steinmetz of Steinmetz Photography deserve my thanks as w Every one of these people was great to work with. Each of them gave up their time in one way or another, help to contribute to the yearbook. In addition, I'd also like to thank Mr. Michael Mislak who kindly provided me w pictures when I was in dire need of them.

Furthermore, I must thank Karen Miele who was the yearbook editor last year. Despite being a colle student at Westfield State, she took the time and effort to come help me when I really needed it. Althoug always joked my yearbook would be better than her's, I hope that my yearbook will be just as good as her's.

Brittany Hebert, Erin Gibbons, Sarah DeWolf, Amanda Amaral, Stacey Seguro, Nicole Silva, Nic Francisco, Kristen Goncalves, Erin Mislak, Kristina Merced, and Kristen Havens also deserve shout-outs. The people all did something to help me out. Whether it was to visit me because I was alone at school on a Friday ni at 10 o'clock, or because I needed someone to write a story, or whatever, they all did something to help. T made my job a little bit easier and a little bit more enjoyable.

Finally, to the class of 2005, what is there to say? I love you, kids. They say that true friends are on a million, but somehow I managed to find 221 of them. I wish every one of you the best of luck and all the succ in the world. Go out. Make a difference. But most importantly, be the person you've always wanted to be.

Love alwa
Ju

Life Is a Highway